



BlueCross BlueShield
of Texas

Make the Most of Your Plan with Our Digital Tools!

Managing your health care has never been easier. Blue Cross and Blue Shield of Texas lets you access plan information, set up virtual care, schedule rides to appointments and more.



Blue Access for MembersSM (BAMSM) is our secure, online portal where you can manage your health plan, check claims and find providers. You can also order a new member ID card or print your digital ID card. Sign up or log in at mybam.bcbstx.com. Need help? Learn how to register for Blue Access for Members in this video.



Transportation Services let you easily schedule medical transportation, track your rides in real time and manage appointments on the go. Visit www.mtm-inc.net/mtm-link to learn more.



Learn to Live is a no-cost, online health program. It offers self-paced mental health solutions and 24/7 access to coaches. Get help to manage stress, anxiety, depression, insomnia and substance use. Register at learntolive.com/welcome/BCBSTXMedicaid. (Access Code: **TXMED**)



Healthmine is an incentive program to earn rewards for completing certain healthy actions. Stay on top of your well-being while getting rewarded. Register at bcbstxwellnessrewards.healthmine.com/login. You will need your Subscriber ID number, date of birth and email address to register.



Image(s) may have been created or enhanced using artificial intelligence tools.

Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

772619.0626



Findhelp is an online community resource platform that can connect you with local food pantries, community resources, financial assistance and more. Sign up or login at bcbstexas.findhelp.com.



Virtual Care is an option if it is hard to visit your doctor in person. Virtual Visits lets you speak with a board-certified doctor or therapist 24/7 for urgent care and nonemergency conditions. Go to www.bcbstx.com/medicaid, select your plan and check the virtual visits page to learn more.



Questions? We are here to help.

Call us at STAR and CHIP **1-888-657-6061**, STAR Kids **1-877-688-1811** (TTY/TDD: **711**), Monday – Friday, 8 a.m. – 5 p.m. local time.



Galileo is a separate company that has contracted with BCBSTX to operate and administer virtual primary care for members with coverage through BCBSTX. Galileo is solely responsible for its operations and that of its contracted providers.

MTM Health is an independent company that has contracted with Blue Cross and Blue Shield of Texas to provide transportation services for members with coverage through BCBSTX.

Virtual Visits may be limited by plan. For providers licensed in New Mexico and the District of Columbia, Urgent Care service is limited to interactive online video; Behavioral Health service requires video for the initial visit but may use video or audio for follow-up visits, based on the provider's clinical judgment. Behavioral Health is not available on all plans.

MDLIVE is a separate company that operates and administers Virtual Visits for Blue Cross and Blue Shield of Texas.

MDLIVE is solely responsible for its operations and for those of its contracted providers. MDLIVE and the MDLIVE logo are registered trademarks of MDLIVE, Inc., and may not be used without permission.

Learn to Live provides educational behavioral health programs. Members considering further medical treatment should consult with a physician. Learn to Live, Inc. is an independent company that provides online behavioral health programs and tools for members with coverage through Blue Cross and Blue Shield of Texas.

BCBSTX makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.

Blue Cross and Blue Shield of Texas complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-710-6984 (TTY: 711).