TRS-Care Standard

GO HERE, NOT THERE

Knowing where to go for care saves you time and money! Just because a provider accepts Blue Cross and Blue Shield of Texas doesn't always mean they're in network for your plan. Make sure to ask if the facility is in network and if they're an urgent care center or a freestanding emergency room.

ALLERGIES. AGAIN.

VIRTUAL HEALTH

Go here for:

Allergies, asthma

Colds, fevers

Rashes

$

FIRE ANT TAKEOVER

PRIMARY CARE PROVIDER

Go here for:

Routine screenings

Flu, COVID-19

Minor illnesses, injuries

$

BACK FULL OF CACTUS SPIKES

URGENT CARE CLINIC

Go here for:

Stitches

Sprains, minor breaks

Severe flu symptoms

$$$

GORED BY A BULL

EMERGENCY ROOM

Go here for:

Chest pain, heart attacks

Strokes

Broken bones

$$$$

ONE WORD: DON'T

FREESTANDING ER

Rarely in network = **$$$$$$$**

May not be set up for true emergencies = **delayed care**

Delayed care = **$$$$$$$$**

How does TRS-Care Standard work? You pay the full amount of your medical and prescription costs until you or your family reach the deductible. The plan then starts to pay coinsurance. Once you meet your deductible, the plan pays 80% of eligible in-network expenses. Once you or your family reach your maximum out of pocket, your plan pays 100% of expenses for the rest of the plan year.

TRS CARE

TEACHER RETIREMENT SYSTEM OF TEXAS

Still stumped? Call **1-866-355-5999** or scan

BlueCross BlueShield of Texas

766015.0726