

We think you'll like what you see | View in [Web Browser](#)



August 5 Fri Annual Enrollment season is here!*

Our health and wellness needs change as we age, shift lifestyles, or grow our families. And health care is personal, not one size fits all.

If you haven't already, take a look at our comprehensive benefits and new regional rates. We think you'll like what you see for your region. Overall, rates for TRS-ActiveCare plans have gone down this year. Keep in mind that the premium you'll pay depends on your employer.

Not sure which region you're in? Click [here](#) to view a directory of districts and their locations.

**Annual Enrollment dates vary by district. Please check with your Benefits Administrator about your district's enrollment dates.*

Simple and personal health care

You can choose from three different TRS-ActiveCare health plans. Each plan features a wide range of wellness benefits and many features, including:

- 24/7 support from plan specialists known as Personal Health Guides (PHGs)
- 100% covered preventive care
- 100% covered certain generic preventive drugs
- low-cost, in-person mental health benefits
- \$0 and \$12 copays before deductible for virtual health options on TRS-ActiveCare Primary and TRS-ActiveCare Primary+ plans
- a Member Rewards program that lets you earn credit toward future medical expenses
- statewide and nationwide provider networks
- Health Advisors who help you manage chronic or new health conditions

For more information, review the [Enrollment Toolkit](#) to find all Annual Enrollment materials in one place. You can also connect with a PHG 24/7 at **1-866-355-5999** or through the **BCBSTX App**.

[Get Enrollment Materials](#)

www.bcbstx.com/trsactivecare



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