

Annual Enrollment is almost over | view in [Web Browser](#)



CHOOSE YOUR PLAN NOW!

IMPORTANT!

If you don't choose a new plan during Annual Enrollment, you'll be automatically enrolled in the same plan you had this year.

Have you chosen your 2021-22 TRS-ActiveCare health plan? Your Annual Enrollment period ends soon. Check with your Benefits Administrator for your district's specific dates.

It's time to get **Healthier Together!**



Watch the [2021-22 TRS-ActiveCare Annual Enrollment video](#) to learn more about this year's TRS-ActiveCare coverage and wellness benefits.

The 2021-22 TRS-ActiveCare plans offer comprehensive health coverage administered by Blue Cross and Blue Shield of Texas (BCBSTX), including wide-ranging wellness benefits such as:

- **\$0 one-on-one wellness coaching**—See a dietician, manage your cholesterol, or get help quitting smoking.
- **Fitness programs as low as \$19 per month**, including in-person, online, and hybrid options
- **Therapy and mental health services** in person, online, or by phone

Consider a physician-directed health plan

When weighing your 2021-22 health plan options, be sure to look at the two physician-directed plans, [TRS-ActiveCare Primary](#) and [TRS-ActiveCare Primary+](#). Participants who have physician-directed health plans have been shown to have better health outcomes, take fewer sick days, and pay less out of pocket.

TRS-ActiveCare Primary and **TRS-ActiveCare Primary+** have built-in cost savings, so you'll save money in several ways:

- \$30 copays for in-network doctor visits, mental health services and physical therapy
- \$70 copay for in-network specialist care
- lower deductibles for medical care and prescriptions
- specialty drug coverage
- preventive care covered at 100%
- no-cost virtual health
- wellness benefits that make being healthy easy

www.bcbstx.com/trsactivecare

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To get help and information in your language at no cost, call the customer service number on the back of your member card, or see our [Language Assistance page](#) for more information.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-710-6984 (TTY: 711).

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