

Here are health plans to consider | view in [Web Browser](#)



## SHOULD YOU CHANGE YOUR HEALTH PLAN?

### Are you sure you have the best health plan for you and your family?

Your current plan:	Plans you may consider:
TRS-ActiveCare HD	TRS-ActiveCare Primary or TRS-ActiveCare Primary+

We're healthier together, so we're always looking for ways to help you get and stay well. There are two TRS-ActiveCare plans we think you may want to look into this year.

With the [TRS-ActiveCare Primary](#) and [TRS-ActiveCare Primary+](#) plans, you work alongside a Primary Care Provider (PCP) to:

- get quick access to care
- save money on specialists
- have simple procedures done in your doctor's office
- personalize your health goals and needs

Annual Enrollment is the one time of year you can choose a different health plan unless you have a qualifying event like marriage, divorce, or a baby. Please check with your Benefits Administrator for your district's specific Annual Enrollment dates.

**If you don't actively change your plan for 2021-22, you'll have the same plan as last year.** Don't miss out on the chance to choose a plan that best fits your needs!

#### TRS-ActiveCare Primary and TRS-ActiveCare Primary+ have cost-savings built in, so you'll save money in several ways:

- \$30 in-network doctor visits
- statewide network with a broad choice of in-network providers and facilities
- lower deductibles for medical care and prescriptions
- lower out-of-pocket maximums
- lower premiums and copays
- no-cost virtual health
- preventive care covered at 100%
- specialty drug coverage
- wellness benefits that make being healthy easy

#### TRS-ActiveCare Primary and TRS-ActiveCare Primary+ are physician-directed plans. Physician-directed means a PCP will manage your care and refer you to specialists when necessary.

##### Advantages of these plans are:

- better health outcomes, fewer sick days, and **lower medical bills**
- help **managing chronic conditions**
- help keeping up with preventive services to **identify early signs of chronic conditions**
- peace of mind of knowing you **have a trusted doctor** to manage your care

Get more information about the [TRS-ActiveCare Primary](#) and [TRS-ActiveCare Primary+](#) plans now!

[www.bcbstx.com/trsactivecare](http://www.bcbstx.com/trsactivecare)

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-710-6984 (TTY: 711).

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