

Do you have the right health plan? | View in [Web Browser](#)



If you don't change your plan for 2022-23, you'll have the same plan as last year. Don't miss the chance to choose the plan that best fits your needs. Check with your Benefits Administrator for your district's Annual Enrollment dates.

Last year, a record number of educators switched from TRS-ActiveCare HD to TRS-ActiveCare Primary and TRS-ActiveCare Primary+. Is one of these plans right for you?

With the TRS-ActiveCare Primary and TRS-ActiveCare Primary+ plans, you choose a Primary Care Provider to manage and coordinate your health care. Additional features include:

- a broad statewide network of providers with no regional boundaries
- low copays for doctor visits and generic drugs before you meet your deductible
- \$0 and low copays for TRS Virtual Health visits
- low copays for in-person mental health visits
- access to Member Rewards, which gives you credit toward future medical expenses
- \$0 specialty drug coverage through PrudentRx
- \$25 copays for insulin
- \$0 diagnostic labs at your doctor's office or an independent lab
- preventive care covered at 100%

Will these plans work for me?

See how different educators chose a health plan based on their lifestyle and needs.



Gary wants support to manage his diabetes.

Gary chose the TRS-ActiveCare Primary plan because he has frequent doctor visits to monitor his blood sugar and hypertension. It's also important that he gets diabetic supplies for no-cost and insulin for just \$25 per month on this plan.



Lily wants great coverage and affordability.

Lily has been fighting back pain for years. She chose TRS-ActiveCare Primary for the low, predictable copays to help her stay on budget and to have one doctor to guide her care. This became even more important when Lily learned she had a chronic condition.



Lauren and Matt are having their first baby.

Lauren and Matt wanted comprehensive coverage at a great value for their growing family. Their TRS-ActiveCare Primary+ plan includes no-cost pregnancy, parenting and breastfeeding support and supplies and a lower deductible and out-of-pocket maximum.

You can follow [Gary, Lily](#), and [Lauren and Matt's](#) stories to see how they manage their conditions and use their plan to get and stay healthy on the TRS-ActiveCare website.

[Explore 2022-23 plans](#)

www.bcbstx.com/trsactivecare



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