

In some districts, Annual Enrollment starts today | view in [Web Browser](#)



[Check out the 2021-22 TRS-ActiveCare rates and benefits now!](#)

**Don't miss your only opportunity this year to choose a new health plan!** Unless you have a qualifying event like marriage, divorce, or a baby, this is your only chance to enroll in or change your TRS-ActiveCare health plan.

**If you don't actively choose a different plan, you'll be enrolled in the same plan you had for 2020-21. Be sure to check with your district to learn when you can enroll.**

On the [TRS-ActiveCare website](#), you can compare the different TRS-ActiveCare health plans to see which one works best for you and your family. You'll also find:

- **The 2021-22 Annual Enrollment guide:** This comprehensive guide covers everything you need to know about TRS-ActiveCare health plans. This includes medical and prescription drug benefits, monthly premiums, helpful tools and resources, and how to enroll.
- **The 2021-22 Annual Enrollment video:** Get a closer look at the wellness benefits at the heart of this year's plans to see how you can use them to get and stay healthy.

You can also find information about regional HMOs [here](#).

Need help choosing the right plan? Call a Personal Health Guide (PHG), 24 hours a day, seven days a week, at [1-866-355-5999](tel:1-866-355-5999) to assist you!

PHGs are a group of skilled nurses, clinicians, social workers, and insurance specialists who can help you understand your options and navigate the health care system.

**It's time to get [Healthier Together!](#)**

[www.bcbstx.com/trsactivecare](http://www.bcbstx.com/trsactivecare)

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To get help and information in your language at no cost, call the customer service number on the back of your member card, or see our [Language Assistance page](#) for more information.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-710-6984 (TTY: 711).

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