

Tips for selecting the right coverage | View in [Web Browser](#)



Annual Enrollment season is here—which means it’s your chance to choose a new health plan.

If you’re happy with your coverage, you don’t have to do anything.

But if you’re not sure you have the best TRS-ActiveCare health plan for your, now’s the time to check out your options.

After all, as we age, shift lifestyles, or grow our families, our health and wellness needs change. And health care is personal, not one size fits all.

Choose from three plans

There are three TRS-ActiveCare plans administered by Blue Cross and Blue Shield of Texas (BCBSTX) for you to choose from for the 2022-23 plan year:

- TRS-ActiveCare Primary
- TRS-ActiveCare Primary+
- TRS-ActiveCare HD

24/7 plan specialists available

You can see each plan’s coverage for your specific region [here](#).

You can also call **1-866-355-5999**, or chat through the BCBSTX App 24/7 to connect with a Personal Health Guide (PHG) who can help you choose the right plan based on your needs.

PHGs can also tell you more about the wellness and cost-savings features built into each plan. For example, the TRS-ActiveCare Primary and TRS-ActiveCare Primary+ plans help you save money in several ways:

- \$30 in-network doctor visits
- Low and no-cost virtual visits
- \$30 copays for in-office mental health care
- Lower deductibles for medical care and prescriptions
- Lower premiums and out-of-pocket maximums
- Statewide network with a broad choice of providers and facilities

For more information or help choosing a plan, review the [Enrollment Toolkit](#) or connect with a PHG at **1-866-355-5999** or through the **BCBSTX App**.

[Choose a plan](#)

www.bcbstx.com/trsactivecare



Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

1001 E. Lookout Drive, Richardson, TX 75082
© Copyright 2022 Health Care Service Corporation. All Rights Reserved.

[Legal and Privacy](#) | [Non-Discrimination Notice](#) | [Language Assistance](#) | [Update Your Preferences](#) | [Unsubscribe](#)

