

Check out your 2023-24 plan options



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# Annual Enrollment

## 5 Important Things You Need to Know

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5 most important things to know about TRS-ActiveCare during Annual Enrollment.



It's time to consider your TRS-ActiveCare health plan options for 2023-24! As you think about what's best for your family and you, we want you to know about a few new features, get some enrollment tips, and know where to go for help 24/7.

### 1



**Annual Enrollment is here.**  
Check with your employer for your specific enrollment dates.

### 2



**If you do nothing, we'll reenroll you in the same plan you have now.**  
If you like your plan – great! Want to choose a different plan? Be sure to pick a new one during the Annual Enrollment period. It's your only chance!

### 3



**Mental health care is better than ever on TRS-ActiveCare.**

- The Teladoc virtual mental health visit copay decreased to \$0 on TRS-ActiveCare Primary and TRS-ActiveCare Primary+ this year.
- Headway is a new program that makes finding mental health providers easier.

### 4



**Important changes to this year's TRS-ActiveCare plans make them even more valuable.**

- Individual and family maximum out of pocket decreased on TRS-ActiveCare Primary.
- Family deductible decreased and Primary Care Provider and mental health copays decreased from \$30 to \$15 on TRS-ActiveCare Primary+.

### 5



**You have help 24/7 with choosing and using your plan.**  
Call a Personal Health Guide 24/7 at **1-866-355-5999** or chat anytime through the **BCBSTX App**.

[Learn More](#)

[www.bcbstx.com/trsactivecare](http://www.bcbstx.com/trsactivecare)



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