

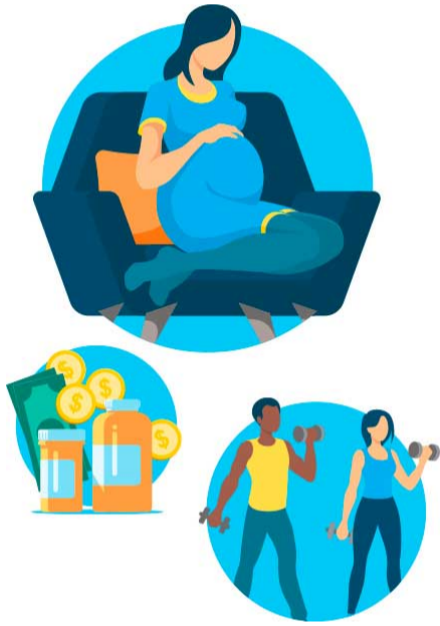
TRs-ActiveCare: See your 2023-24 plan options

[Learn More](#)



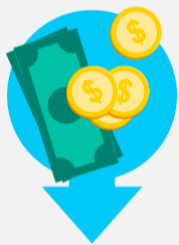
Annual Enrollment is July 10 – Aug. 17. Enrollment dates may vary. Check with your employer.

Your 2023-24 TRS-ActiveCare plan information is here. Get to know your options so you can make the smartest choice for you and your family when Annual Enrollment opens soon. Remember, Annual Enrollment is the only time of year you can choose your health plan.*



Like always, TRS-ActiveCare plans include:

- 100% covered preventive care
- broad provider networks
- low copays
- extensive mental health benefits
- specialty drug coverage
- wellness benefits including \$0 cost one-on-one health coaching; Ovia Health™ for prenatal care, pregnancy and parenting support; and the Fitness Program



TRs-ActiveCare Primary

- Individual and family maximum out of pocket decreased.
- Teladoc virtual mental health visit copay decreased to \$0.



TRs-ActiveCare Primary+

- Family deductible decreased.
- Primary Care Provider and mental health copay decreased from \$30 to \$15.
- Teladoc virtual mental health visit copay decreased to \$0.



TRs-ActiveCare HD

- Individual and family maximum out of pocket increased to match IRS guidelines**.

These changes apply to all plans:

- Express Scripts is your new pharmacy benefits manager!
 - CVS pharmacies and most of your preferred pharmacies and medications are still included.
 - Certain specialty drugs are still \$0.
- Headway gives you another option for mental health care.
- Ovia Health now also includes menopause support.
- Surgery Plus is a new surgery benefits option.

[Learn More](#)

*Unless they have a qualifying event like marriage, divorce, or a new baby.
**These changes apply only to in-network amounts.

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