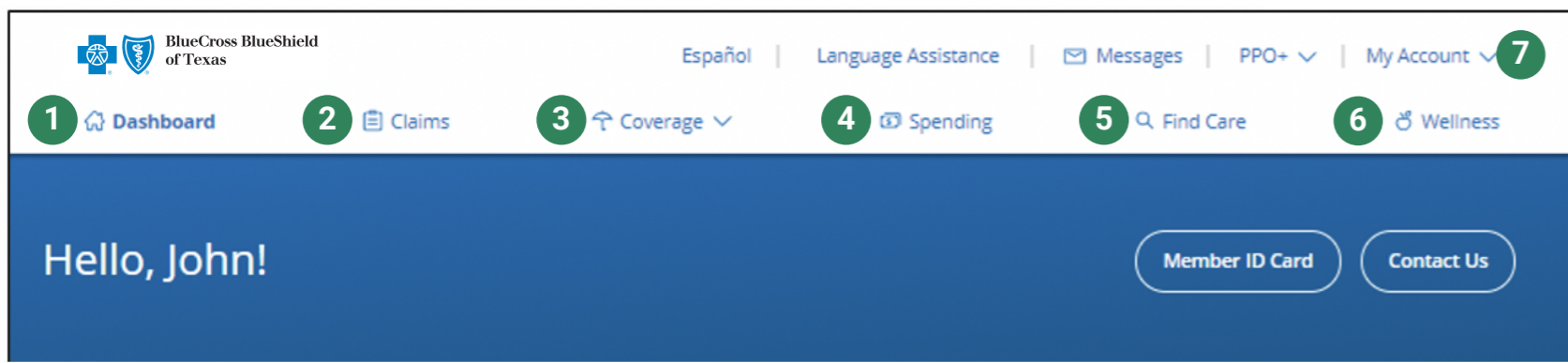


Check out the new look and easier navigation | View in [Web Browser](#)



We've made some changes to Blue Access for MembersSM (BAMSM). Now it's easier to find information about your benefits and use your wellness tools and resources. There's never been a better time to start if you haven't used BAM yet. Your covered dependents 18 and over can have a BAM account.

BAM now has new tabs that make navigation simple. If you're on a computer, the tabs will be across the top of the page. They'll be in a drop-down menu on the left-hand side if you're on a phone or tablet.



1 Dashboard

See your claims and health care spending; order, print or download an ID card; and navigate the site quickly and easily.

2 Claims

View claims summaries or download your Explanation of Benefits (EOB).

3 Coverage

See the benefit highlights for your health plan.

4 Spending

Keep track of your deductibles and out-of-pocket expenses.

5 Find Care

Find in-network doctors, hospitals, and other health care providers.

6 Wellness

Find preventive care guidelines, wellness benefits like Well onTarget[®], the Fitness Program, Women's and Family Health, Blue365[™] Discount Program, and other valuable resources.

7 My Account

Use this menu for everything else: view your health history, update your profile and preferences, sign up for electronic EOBs, find claim forms, manage privacy preferences, and contact us.

If you aren't already using BAM, go to the [TRS-ActiveCare website](#) and click the **Log In** tab to register. You'll need your ID card to complete your registration. If you need help, call a Personal Health Guide at **1-866-355-5999**.

www.bcbstx.com/trsactivecare



The Well onTarget program is offered to you as a part of your employer-sponsored benefits. Participation in the Well onTarget program, including the completion of a Health Assessment, is voluntary and you are not required to participate.

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