

Is it diagnostic or preventive?



Do you know the difference between **preventive care** and **diagnostic care**? It can help you get the right care at the right time – and save you money.

Preventive care

Preventive care includes recommended annual vaccinations, wellness exams, and routine screenings and tests. It's focused on keeping you healthy and preventing illness and disease. Your TRS-ActiveCare plan covers preventive care visits at 100%.

Diagnostic care

This type of care focuses on diagnosing and/or treating chronic conditions or other health concerns. It includes things like monitoring symptoms and ongoing pain management. Discussing symptoms of a new or existing condition can also be diagnostic care.

■ Preventive Care ■ Diagnostic Care

■ Preventive Care	Mammogram performed according to breast cancer screening recommendation
■ Diagnostic Care	Follow-up mammogram after finding a lump
■ Preventive Care	Colonoscopy according to current recommendations
■ Diagnostic Care	Colon cancer screening after symptoms have developed
■ Preventive Care	Diabetes screening during annual exam
■ Diagnostic Care	Follow-up screenings and care after a diabetes diagnosis

IMPORTANT TIPS

- 1 During your preventive care visit, ask your provider if your concerns fall under diagnostic care. That way, you won't end up with a surprise bill at your no-cost preventive appointment.
- 2 **Choose a Primary Care Provider** (PCP) and have an annual wellness exam for a better chance of staying healthy. TRS-ActiveCare Primary and TRS-ActiveCare Primary+ plans require a PCP. TRS-ActiveCare 2 and TRS-ActiveCare HD plans strongly encourage a PCP.
- 3 If you have questions about a bill or service, or if you need to find a provider or make an appointment, call a Personal Health Guide at **1-866-355-5999**, 24 hours a day, seven days a week.

For more details about covered preventive care, visit the [Preventive Services flyer](#).

[Find Care](#)

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