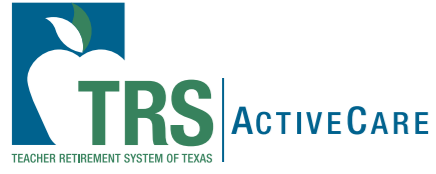


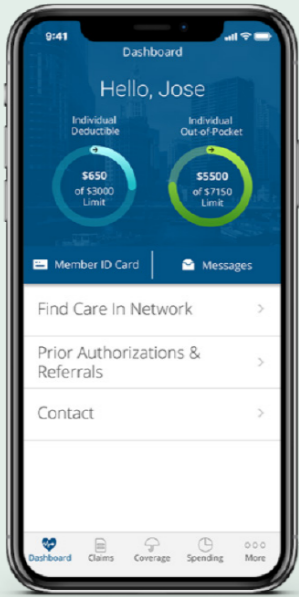
Digital resources to make your life easier | view in [Web Browser](#)



# 4 WAYS TO MAKE YOUR LIFE EASIER

Nothing is more important than accessing your health care coverage and getting the help you need when you need it. Here's a reminder of all the ways you can use our digital tools to make your life easier.

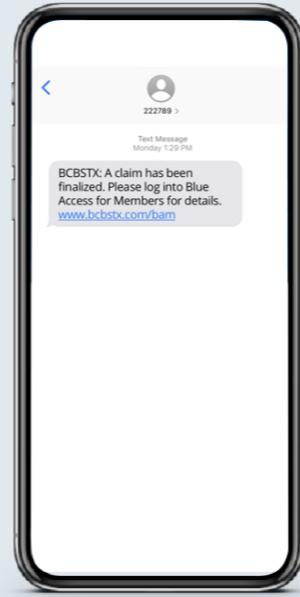
## DOWNLOAD THE BCBSTX APP



With the Blue Cross and Blue Shield of Texas (BCBSTX) mobile app,\* you can:

- quickly get to your digital ID card
- access your claims, coverage, and deductible information
- find an in-network doctor, hospital, or urgent care center

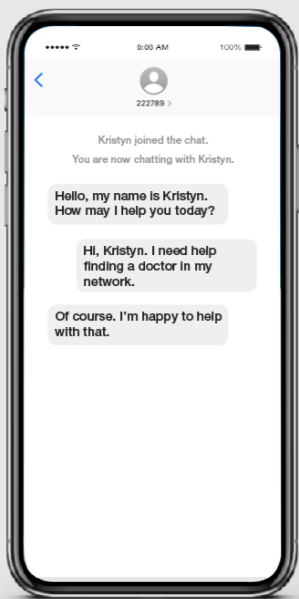
## GIVE US YOUR PHONE NUMBER



Opt in to receive text messages from BCBSTX so you can get:

- alerts when BCBSTX finalizes your claims
- important updates about your TRS-ActiveCare health plan
- information about benefits and resources

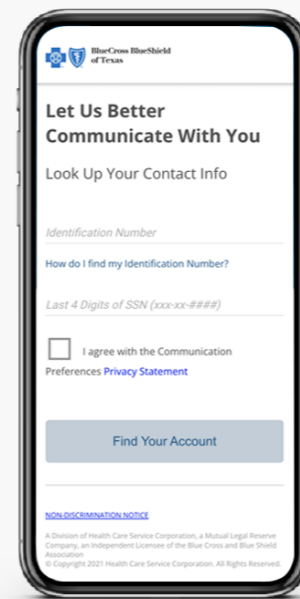
## CHAT 24/7



Use the BCBSTX App to chat with a Personal Health Guide 24 hours a day, seven days a week, and get:

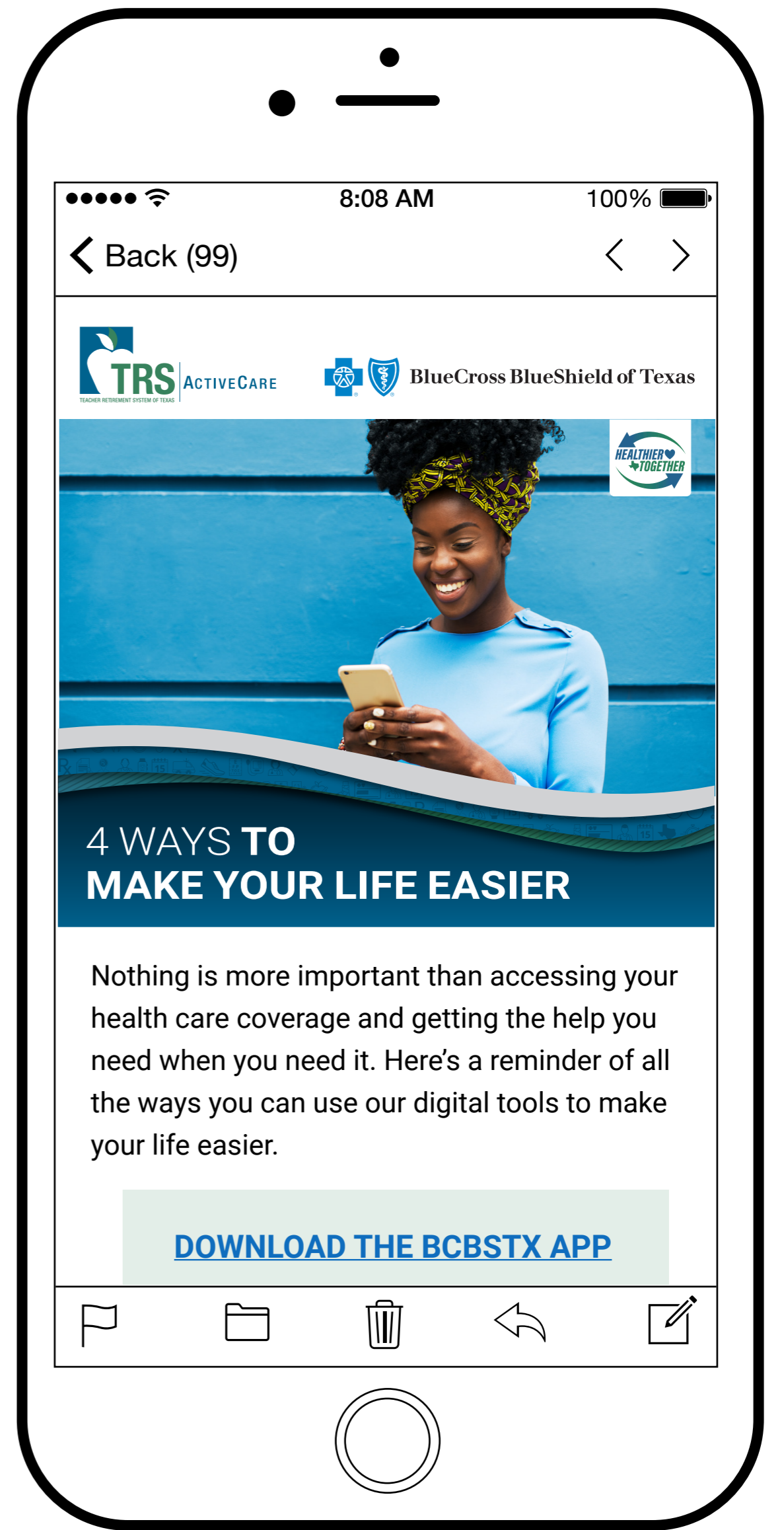
- cost estimates
- information about prior authorizations
- help finding an in-network doctor, hospital, or urgent care facility

## GO PAPERLESS



On the preferences page, you can also choose to go paperless so you:

- get all your essential health care information electronically
- reduce the amount of paper you receive
- do a good thing for the planet



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[DOWNLOAD THE BCBSTX APP](#)



[www.bcbstx.com/trsactivecare](http://www.bcbstx.com/trsactivecare)



\*Message and data rates may apply. Terms and conditions and our privacy policy are available at [bcbstx.com/mobile/text-messaging](http://bcbstx.com/mobile/text-messaging).

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