

TRS-ActiveCare plans put wellness first | view in [Web Browser](#)



# FITNESS PLANS FROM \$19/MONTH

If getting fit—or staying that way—is one of your New Year’s Resolutions, we have good news: **Fitness plans start from just \$19 per month with TRS-ActiveCare.** Features include:

- Gyms all across Texas
- Choose from in-person, online, and hybrid options
- Boutique-style classes and specialty fitness gyms
- Pay-as-you-go options
- Discounts for covered dependents

This program is just one of the many ways your TRS-ActiveCare plan makes it easy to use your benefits while saving money. You can learn more about the convenience and wellness benefits of your health plan on the [TRS-ActiveCare website](#).

Get Fit

[www.bcbstx.com/trsactivecare](http://www.bcbstx.com/trsactivecare)



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