

This is my TRS-ActiveCare story



I'll be honest. I used to think I didn't need well-woman exams. I'd know if something were wrong with me, right?

And then one year, my doctor found abnormal cells during my PAP smear.

My husband and I were trying to get pregnant. What if I had cancer? What if I couldn't have kids? Your mind gets carried away at times like that.



It turned out to be nothing, but it was really scary. It forever changed the way I feel about preventive care and taking care of myself. Now that I'm a mom, I'm even more serious about staying healthy.

Keeping up with preventive care is the easiest and most important thing you can do for your health. And TRS-ActiveCare covers well-woman visits and other preventive care at 100%, so it costs you nothing extra! Who takes care of you like that?



TRS-ActiveCare does.

Make an Appointment

www.bcbstx.com/trsactivecare



Lauren's story is an example to show how TRS-ActiveCare coverage can work for you in a similar situation. She is not an actual participant.

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