

Last Full Week of Annual Enrollment | view in [Web Browser](#)



DON'T MISS OUT ON ANNUAL ENROLLMENT

Encourage your employees to enroll or change their health plan now.

[Act Now](#)

Hello,

Have your employees enrolled in or made changes to their TRS-ActiveCare plan for 2021-22? We're emailing them today to remind them this is the last week for enrollment statewide.

Employees don't want to miss out on TRS-ActiveCare coverage in 2021-22. The wellness features are better than ever, so they can get more value out of their coverage.

With TRS-ActiveCare plans, administered by Blue Cross and Blue Shield of Texas (BCBSTX), employees can:

- **concentrate on their fitness**, with gym memberships as low as \$19 a month
- **work hand in hand with a dietician**, get help with stress management or cholesterol or get one-on-one coaching to quit smoking—all for \$0
- **get support before, during, and after pregnancy, and through the stages of parenting**
- **see a doctor and even get mental health help** without having to leave home

Employees can call **1-866-355-5999** to talk to a Personal Health Guide (PHG) 24 hours a day, seven days a week or chat through the BCSBTX App anytime for help finding the best plan. During the plan year, a PHG is their health care advocate to help them find in-network providers, compare costs, and more. The App is available in the [Apple App Store](#) and [Google Play Store](#).

We're Healthier Together!

[Act Now](#)

www.bcbstx.com/trsactivecareba

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