

Get up close and personal with the 2022-23 plans | View in [Web Browser](#)



**TRS-ActiveCare Annual Enrollment season is here. Participants should be checking with you for their specific dates.**

Health care is personal. So, this year, we're doing things a little differently.

#### Meet Lauren and Matt, Gary, Lily, and Maria.

During Annual Enrollment and throughout the plan year, participants can follow their personal stories to see how they're using their TRS-ActiveCare coverage to get and stay healthy while saving money. This is a great opportunity for your employees to learn some tips and tricks, so we're sending them an email this week that outlines how they can:



**See Lauren and Matt** get support throughout their pregnancy and as first-time parents with Ovia Health™ apps, no-cost breastfeeding support and supplies, and postpartum mental health treatment.



**Watch Gary** learn how to manage his diabetes and hypertension and use resources like no-cost health coaching with a licensed nutritionist to change his lifestyle and improve his health.



**Check out Lily** using Member Rewards to help her find cost-effective, trusted providers to diagnose her chronic condition and the PrudentRx cost-saving prescription program for \$0 specialty medications.



**See Maria** and her family navigate their unique health care needs including accessing resources in Spanish and seeing doctors over state lines.

There are three TRS-ActiveCare plans administered by Blue Cross and Blue Shield of Texas (BCBSTX) for the 2022-23 plan year:

**TRS-ActiveCare Primary** — Both Gary and Lily chose the TRS-ActiveCare Primary plan because it has the lowest premium and low copays before they meet their deductible. The excellent coverage with a large statewide network helps them manage their chronic conditions affordably.

**TRS-ActiveCare Primary+** — Lauren and Matt chose this plan because they want the lower deductible and out-of-pocket maximum with comprehensive coverage for their growing family.

**TRS-ActiveCare HD** — Maria and her family chose this plan because they need to be able to see providers in two states and wanted the option of out-of-network coverage.



[Follow Lauren & Matt](#)

[Follow Lily](#)

[Follow Gary](#)

[Follow Maria](#)

We'll be directing participants to the TRS-ActiveCare Enrollment Toolkit on the participant website to see all their stories and get detailed information about this year's plans and enrollment resources. You can find these same materials in the [Benefits Administrator Enrollment Toolkit](#):

- **The 2022-23 Annual Enrollment Guide** — The Guide provides detailed information about Annual Enrollment.
- **The Annual Enrollment video** — They can see how Lauren, Gary, Lily, and Maria maximize their health plans.
- **Plan Highlights** — They'll select their region from the drop-down to see their rates and download the Plan Highlights.
- **Provider Finder®** — Participants can check to make sure providers are in network when choosing a plan.
- **Benefits Booklets** — They can click on individual plan names to get details about the coverage.

Do your employees need help picking their plan? They have 24/7 access to a BCBSTX plan expert who can help them figure out the best plan for their needs. Encourage them to call a Personal Health Guide at [1-866-355-5999](tel:1-866-355-5999) or chat through the App 24/7. The App is available in the [Apple App Store](#) and [Google Play Store](#).

[Visit the Enrollment Toolkit](#)

[www.bcbstx.com/trsactivecare](http://www.bcbstx.com/trsactivecare)



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PrudentRx is an independent company that has contracted with your employer to provide pharmacy benefit management. PrudentRx does not offer Blue Products or Services.

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BCBSTX makes no endorsement, representations, or warranties regarding third-party vendors. Participants should contact the vendor directly with questions about the products or services offered by third parties.

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