What participants need to know about PCPs during Annual Enrollment | view in Web Browser





**BlueCross BlueShield of Texas** 

HEALTHIER

*TOGETHE* 

# 6 REASONS FOR A PRIMARY CARE PROVIDER

# Hello,

In many districts, Annual Enrollment starts as early as next week. That's why it's so important for your employees to understand why they need a Primary Care Provider (PCP).

We know a PCP can save them money and help them get and stay healthy. This **"6 Reasons you need a Primary Care Provider"** infographic will be essential as they choose a plan during Annual Enrollment.

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Please copy, paste, and share this infographic with participants so they can make informed decisions for 2021-22.

We also want to let you know you can access a wide range of tools for Annual Enrollment in the **Benefits Administrator Toolkit**. Here, you'll find everything you need, including the Admin Guide, training slides, and an employee presentation.



Every day, people go to the emergency room or an urgent care center when they could be treated by their doctor. **Getting care at an ER can cost you hundreds or even thousands of dollars** instead of paying a copay or coinsurance at your doctor's office.

2 A PCP can help you *get* healthy.

Preventive care is covered at 100% on every TRS-ActiveCare plan. So, it won't



**cost you anything to get routine wellness exams and screenings** with your PCP. These exams and screenings can help you identify early signs of chronic conditions like high blood pressure or stress.

#### **3** A PCP can help you *stay* healthy.

If you do have a chronic condition, a PCP can help you manage it with a comprehensive treatment plan. People who see a PCP tend to have better health outcomes. You'll probably have fewer sick days, lower medical bills, and lower out-of-pocket costs, too.

## 4 PCP has your back.

Your PCP gets to know you, your medical history, treatment preferences, personality, and lifestyle. This knowledge doesn't just make your care more seamless, it puts someone in your corner.

#### 5 A PCP can refer you when needed.

When you do need to see a specialist, you don't need to worry about searching on your own. PCPs can help guide you to a trusted health professional and help coordinate your care.

### 6 A PCP gives you peace of mind.

You can make an appointment with someone you know instead of being treated by unfamiliar providers in the ER or an urgent care center.

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Thank you again for all you do, The TRS-ActiveCare Team

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