

Tips for selecting the right coverage | View in [Web Browser](#)



Annual enrollment season is here – which means it’s your employees’ chance to choose a new health plan.

If they’re happy with their coverage, they don’t have to do anything.

But if they’re not sure they have the best TRS-ActiveCare health plan, now’s the time for them to check out their options.

Health care is personal, not one size fits all. And participants’ health and wellness needs may have changed since last year.

Choose from three plans

You’ll want to let them know there are three TRS-ActiveCare plans administered by Blue Cross and Blue Shield of Texas (BCBSTX) to choose from for the 2022-23 plan year:

- TRS-ActiveCare Primary
- TRS-ActiveCare Primary+
- TRS-ActiveCare HD

24/7 plan specialists available

Participants can call **1-866-355-5999**, or chat through the **BCBSTX App**, to connect with a Personal Health Guide (PHG) who can help them choose the right plan based on their needs.

PHGs can also tell them more about the wellness and cost-savings features built into each plan. For example, the TRS-ActiveCare Primary and TRS-ActiveCare Primary+ plans help them save money in several ways:

- \$30 in-network doctor visits
- Low and no-cost virtual visits
- \$30 copays for in-office mental health care
- Lower deductibles for medical care and prescriptions
- Lower premiums and out-of-pocket maximums
- Statewide network with a broad choice of providers and facilities

For more information, review the [BA Toolkit](#) to access the Annual Enrollment materials all in one place.

[Get Enrollment Materials](#)

www.bcbstx.com/trsactivecareba



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