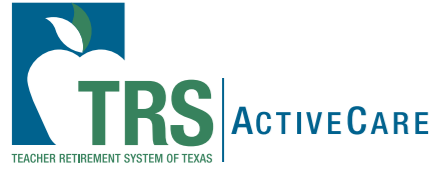


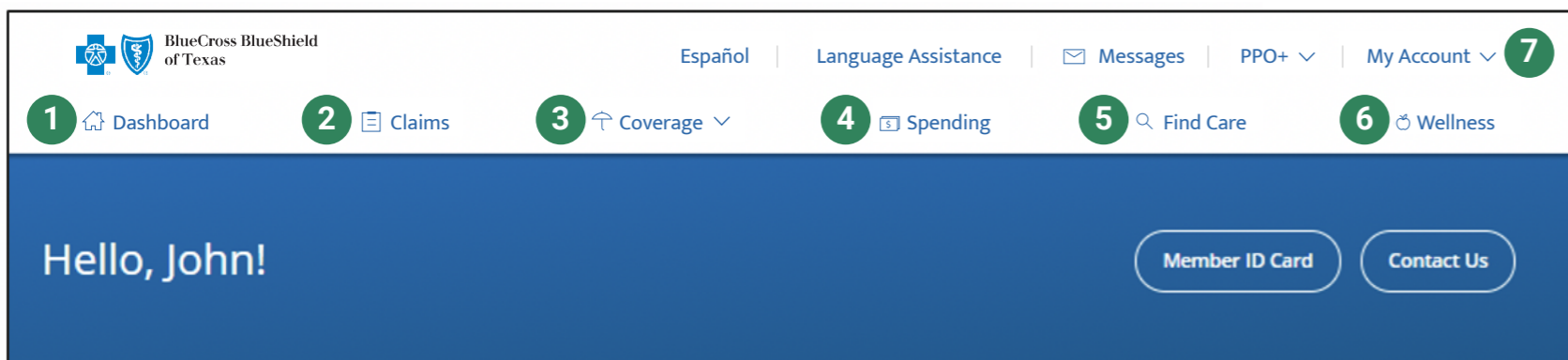
Check out the new look and easier navigation | View in [Web Browser](#)



# PLAN INFORMATION AT PARTICIPANTS' FINGERTIPS

We're sending an email to participants today about changes we've made to Blue Access for Members<sup>SM</sup> (BAM<sup>SM</sup>). Now, it's easier than ever for participants to find information about their benefits, many wellness tools, and other resources. There's never been a better time to start for participants who haven't used BAM yet. Covered dependents 18 and over can have a BAM account.

BAM has new tabs that make navigation simple. If participants are on a computer, the tabs will be across the top of the page. They'll be in a drop-down menu on the left-hand side on a phone or tablet.



## 1 Dashboard

Participants can see their claims and health care spending; order, print, or download an ID card; and navigate the site quickly and easily.

## 2 Claims

They can view claims summaries or download their Explanation of Benefits (EOB) statements.

## 3 Coverage

They can see the benefit highlights for their health plan.

## 4 Spending

They can keep track of their deductibles and out-of-pocket expenses.

## 5 Find Care

They can find in-network doctors, hospitals, and other health care providers.

## 6 Wellness

They can find preventive care guidelines, wellness benefits like Well onTarget<sup>®</sup>, the Fitness Program, Women's and Family Health, Blue365<sup>™</sup> Discount Program, and other valuable resources.

## 7 My Account

They'll use this menu for everything else. From here, participants can navigate to view their health history, update their profile and preferences, sign up for electronic EOBs, find claim forms, manage privacy preferences, and contact us.

If participants aren't already using BAM, encourage them to go to the [TRACTIVE CARE website](#) and click the **Log In** tab in the upper right-hand corner to register. They'll need their ID card to complete registration. If they need help, they can call a Personal Health Guide at **1-866-355-5999**, 24 hours a day, seven days a week.

Thank you again for all you do,  
The TRACTIVE CARE Team

[www.bcbstx.com/trsactivecareba](http://www.bcbstx.com/trsactivecareba)



The Well onTarget program is offered to you as a part of your employer-sponsored benefits. Participation in the Well onTarget program, including the completion of a Health Assessment, is voluntary and you are not required to participate.

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