

We're here to support you this holiday season



On behalf of everyone at TRS and Blue Cross and Blue Shield of Texas (BCBSTX), we wish you Happy Holidays and thank you for your collaboration this year.

We hope everyone can celebrate and enjoy the season. Below, you'll see the holiday hours for BCBSTX, TRS and bswift.

We also want to let you know the **2022-23 TRS-ActiveCare Resource Guides are now available online** for all participants! New TRS-ActiveCare participants and those who switched TRS-ActiveCare plans will get a printed copy in the mail soon.

Holiday Hours

BCBSTX is closed:	
Day after Christmas	Monday, Dec. 26
Day after New Year's Day	Monday, Jan. 2

Please note: Personal Health Guides are unavailable on these days. However, the 24/7 Nurseline is open 365 days a year. Participants can call **1-833-968-1770** day or night for help with non-urgent conditions or to find out where to go for care. [TRS Virtual Health](#) is also available around the clock.

TRS is closed:	
Day before Christmas Eve	Friday, Dec. 23
Day after Christmas	Monday, Dec. 26
Day before New Year's Eve <i>(closing at 2 p.m.)</i>	Friday, Dec. 30
Day after New Year's Day	Monday, Jan. 2

bswift is closed:	
Day after Christmas	Monday, Dec. 26
Day after New Year's Day	Monday, Jan. 2

Resource Guides

Resource Guides are full of helpful information about TRS-ActiveCare benefits. Participants can find details about wellness programs and valuable tips for saving time and money while managing their health.

Participants new to the TRS-ActiveCare Primary, TRS-ActiveCare Primary+ and TRS-ActiveCare HD plans will get Resource Guides in their mailboxes soon. All participants can access a digital copy of the [Resource Guide](#) anytime.

Thank you again for all you do,
Your TRS-ActiveCare team

[Access the Guides](#)

www.bcbstx.com/trsactivecareba



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