

November participant emails

Hello! Below you'll find information about participant emails we're sending this month!

TRS-ActiveCare Wellness Spotlight Winners

We want to give a special shout-out to the Summer 2023 winners of the TRS-ActiveCare Wellness Spotlight! **Congratulations and thank you for your commitment to creating a healthier workplace.**

- Education Service Center One
- New Braunfels ISD
- Midway ISD
- Blanco ISD
- Longview ISD
- Del Valle ISD
- Frisco ISD
- Port Arthur ISD
- Dickinson ISD
- Pearland ISD

For more information about the TRS-ActiveCare Wellness Spotlight and wellness initiatives, email Marissa Ryals at marissa_ryals@bcbstx.com.

Emails to Participants this Month

Give Us Your Number

We'll send this email to participants who don't have a phone number on file. It'll include information about the kinds of text messages they'll receive and how to opt in.

Download Blue Access for MembersSM

This email is a reminder to participants to download and sign up for BAM. If they've already signed up, we'll remind them to update their contact information.

Pay Attention to Texts

Once they've opted in to receive texts, we'll let participants know it's really us (i.e., it's not spam!) sending them important plan information. We'll also include instructions on how to opt in for text messages.

Happy Thanksgiving

We'll wish participants a happy and healthy Thanksgiving holiday and remind them about holiday hours, where to go for care and an overview of mental health coverage.

Thank you again for all you do,
Your TRS-ActiveCare Team

www.bcbstx.com/trsactivecareba



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