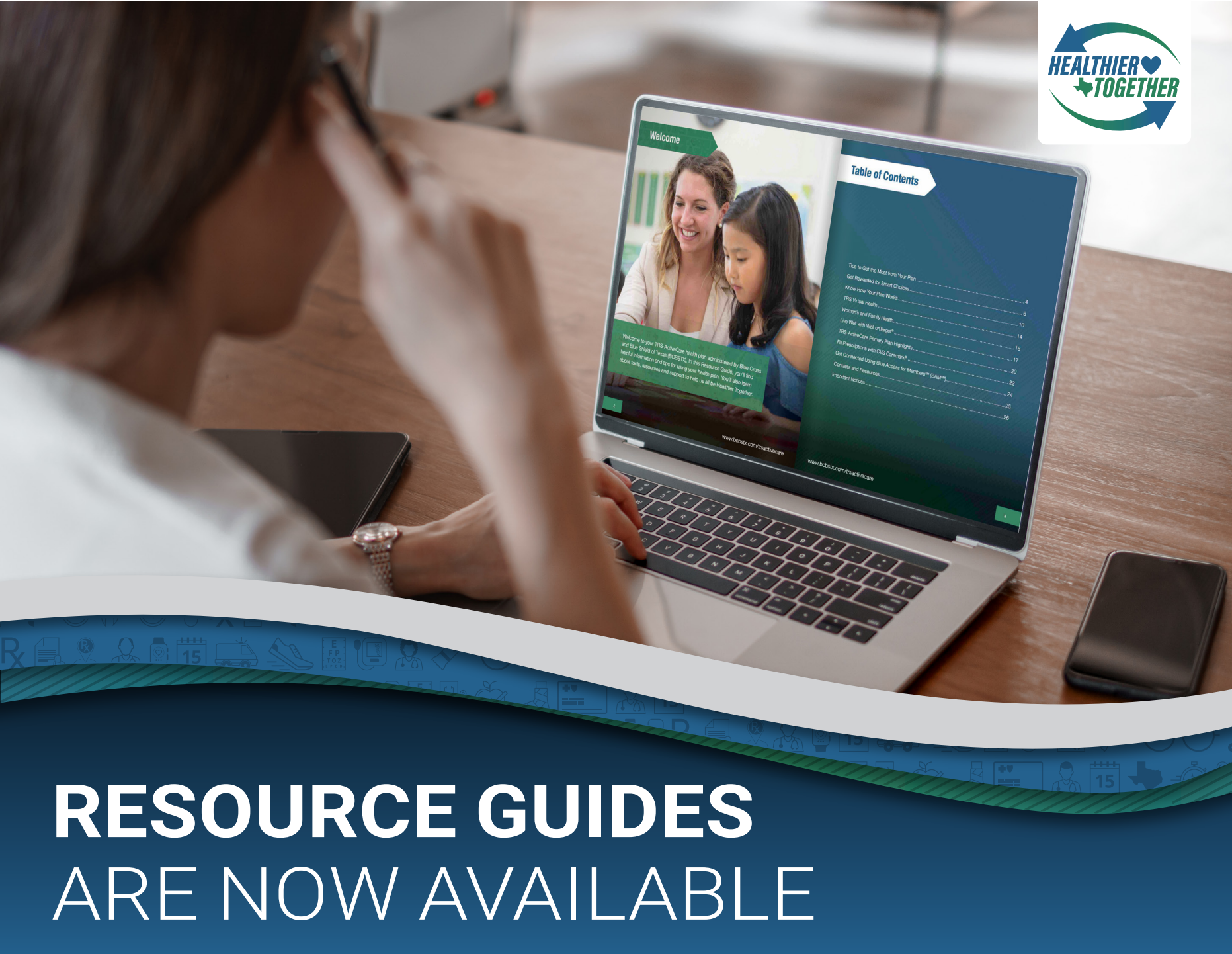


Easily access plan-specific benefits information | view in [Web Browser](#)



RESOURCE GUIDES ARE NOW AVAILABLE

Hello,

This week, Blue Cross and Blue Shield of Texas (BCBSTX) will be emailing TRS-ActiveCare Primary, TRS-ActiveCare Primary+ and TRS-ActiveCare HD participants to notify them **the 2021-22 digital Resource Guides are now available**. We are also mailing a copy to all new TRS-ActiveCare participants. There is no new TRS-ActiveCare 2 Resource Guide.

These guides are full of helpful information about TRS-ActiveCare benefits administered by BCBSTX. They contain details about wellness programs and valuable tips to save participants time and money while managing their health.

Encourage participants to bookmark their Resource Guide so they can refer to it when they have questions about their benefits.

They can also call a Personal Health Guide (PHG) at **1-866-355-5999** or chat through the **BCBSTX App**, 24 hours a day, seven days a week. The app is available in the [Apple App Store](#) and [Google Play Store](#). A PHG can help them understand their benefits, get cost estimates, find in-network providers, and more.

Check out the digital Resource Guides so you can answer any questions that come your way:



Thank you again for all you do.

Sincerely,
Your TRS-ActiveCare team

www.bcbstx.com/trsactivecareba

