



TRS-ActiveCare METABOLIC SYNDROME

Tune in to a wellness webinar created just for you! This presentation about Metabolic Syndrome will cover:

- overview of metabolic syndrome
- causes and risk factors
- lifestyle changes to reduce your risk

Register Today
Wednesday, September 17, 2025

Click or scan here for
7 a.m. - 7:45 a.m.



Click or scan here for
Noon - 12:45 p.m.



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