



TRS MOTION+ in Region 4

How to help your employees
explore their surgery options



Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation,
a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

What's TRS Motion+?

Have an employee dealing with pain and considering surgery? You can help them take advantage of this **NEW** pilot program in Region 4 to save on certain procedures.

The TRS Motion+ pilot program is designed to improve outcomes for:

- hip and knee replacement
- cervical spine procedures



TRS Motion+ Program Benefit

TRS-ActiveCare Primary, TRS-ActiveCare Primary+ and TRS-ActiveCare 2 participants:

- will pay no more than a \$2,000 copay for the procedure

TRS-ActiveCare HD participants:

- will pay no more than \$2,000 for the procedure once their deductible is met

What's Included?



Services provided as part of the procedure like anesthesia, pathology and professional services are covered under the \$2,000 copay.



**Without TRS
Motion+, participants
pay an average of:**

\$4,500

for a knee replacement

\$4,400

for a hip replacement

\$4,200

for a spinal fusion

Taking Advantage of TRS Motion+



Who's eligible?

- participants **employed** in Region 4 (Houston area) and their dependents

Getting the benefit is as easy as 1-2-3!

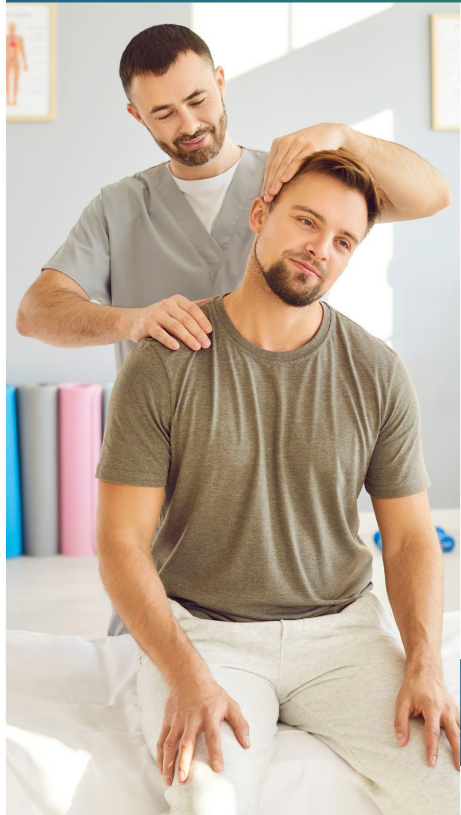
- 1** Participants must call a Personal Health Guide at **1-866-355-5999** to get a list of eligible providers.
- 2** Ask their Primary Care Provider for a referral or make an appointment with the eligible provider they choose.*
- 3** Call a PHG when surgery is scheduled. Your employee will need to know the date of service and ask their provider for the procedure code(s).

Eligible Providers

- ☒ **6** knee replacement specialists
- ☒ **6** hip replacement specialists
- ☒ **2** cervical spine specialists

*TRS-ActiveCare Primary and TRS-ActiveCare Primary+ participants are required to get a referral from their PCP.

Participant Resources



Step Into Relief

Explore Your Surgery Options with TRS Motion+

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Call a PHG at **1-866-355-5999**, 24/7, for more information.

- www.bcbstx.com/trsactivecare/doctors-and-hospitals/trs-motion-plus
- digital postcard
- email to participants on 9/30



QUESTIONS?

Contact your
Medical District
Ambassador