



Step Into Relief

Explore Your Surgery Options with TRS Motion+

Dealing with pain and considering surgery? Take advantage of TRS Motion+ in Region 4 to save on certain procedures.

TRS Motion+ is designed to improve outcomes for:

- hip and knee replacement
- cervical spine procedures

Program Benefit:

TRS-ActiveCare Primary, TRS-ActiveCare Primary+ and TRS-ActiveCare 2 participants:

- will pay no more than a \$2,000 copay for the procedure

TRS-ActiveCare HD participants:

- will pay no more than \$2,000 for the procedure once their deductible is met



Call a PHG at **1-866-355-5999**, 24/7, for more information.



To be eligible, you must:

- be an employee in Region 4 (Houston area) or one of your eligible dependents
- call a Personal Health Guide at **1-866-355-5999**

Take the first step toward relief today.

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BlueCross BlueShield of Texas

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