



TRS-ActiveCare FITNESS PROGRAM Three Month Special!

For a limited time, join the Fitness Program with \$0 enrollment fee!¹

The Well onTarget® Fitness Program can keep you on track with your health and fitness goals. Now, your TRS-ActiveCare plan is making it even easier to join the Fitness Program. From August to October, you and your covered dependents² can join **without paying the \$19 enrollment fee**. Don't miss out on this great deal!

Join today! The Fitness Program membership is:

- **Family Friendly:** Get a bundled price discount when your covered dependents join.
- **Convenient:** With no gym contracts and no long-term commitment, you can go to any gym in the nationwide network.³
- **Digitally Accessible:** Digital access is included with all memberships and tiers.
- **Convenient:** Monthly fees are paid by automatic credit card or bank account withdrawals.
- **Motivating:** A mobile app with check-in and activity history helps you stay consistent with your fitness goals.
- **All About Your Health:** Get complementary and alternative medicine discounts on products and services through Choices by WholeHealth Living. Save money through a nationwide network of health and well-being providers like acupuncturists, massage therapists and personal trainers.^{4,5}








BlueCross BlueShield of Texas

Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation,
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JOIN TODAY!

-  Go to **www.bcbstx.com/trsactivecare** and log in to Blue Access for MembersSM.
-  Select **MyHealth** tab, then **Wellness** on the top navigation bar of the Dashboard page. Then scroll down to the Fitness Program section and select **Learn More**.
-  Find available gyms in your area and complete the registration form.
-  Verify your personal information and payment method. Print or download your Fitness Program membership ID card. You may also ask us to mail your ID card.
-  At checkout, waive your enrollment fee by entering code: **TRS2025**.
This code is valid from **Aug. 1 - Oct. 31, 2025**.

Enroll by phone: **1-888-762-BLUE (2583)**, Monday through Friday, 8 a.m. – 5 p.m.
A dedicated customer service team member can answer your questions and redeem your code.

1. Fitness Program enrollment fee is \$19.00 plus applicable sales tax.
2. Offer available to residents of United States who are at least 18 years old who have benefits with a participating health plan. Purchaser must provide the coupon code above at sign-up to receive waiver of the \$19.00 enrollment fee. For pricing information visit Offer not available to family members (dependents age 16+ who are covered by member's health plan). Additional terms, conditions and limitations apply. See Program Agreement for details.
3. Fitness locations are not owned or operated by Tivity Health, Inc. or its affiliates. Fitness Program membership entitles member to use of the fitness location facilities and amenities available to the holder of a basic membership at the fitness locations. Facilities and amenities vary by location.
4. Tivity Health, Inc. and its affiliates do not employ, own or operate third-party service providers. Services subject to terms and conditions of such third-party provider. Check with the provider for details.
5. Access to health care and health care related providers is not currently available in CA, CT, DE, IN, LA, MT, NE, NH, NV, OK, OR, RI, SC, SD, UT, WA, WV.

After the time period stated above, the regular enrollment fee of \$19 will apply to all new memberships. The Prime Network is made up of independently owned and operated fitness locations. Employees and spouses must enroll separately and will each be charged the monthly fee for their selected package.

The Fitness Program is provided by Tivity Health Services, LLC, an independent contractor that administers the Prime[®] Network of fitness locations.

The WholeHealth Living Choices program is administered by Tivity Health[™] Services, LLC. This is NOT insurance. Some of the services offered through this program may be covered by a health plan. The relationship between these vendors and Blue Cross and Blue Shield of Texas is that of independent contractors.

BCBSTX makes no endorsement, representations or warranties regarding any products or services offered by the above-mentioned vendors.