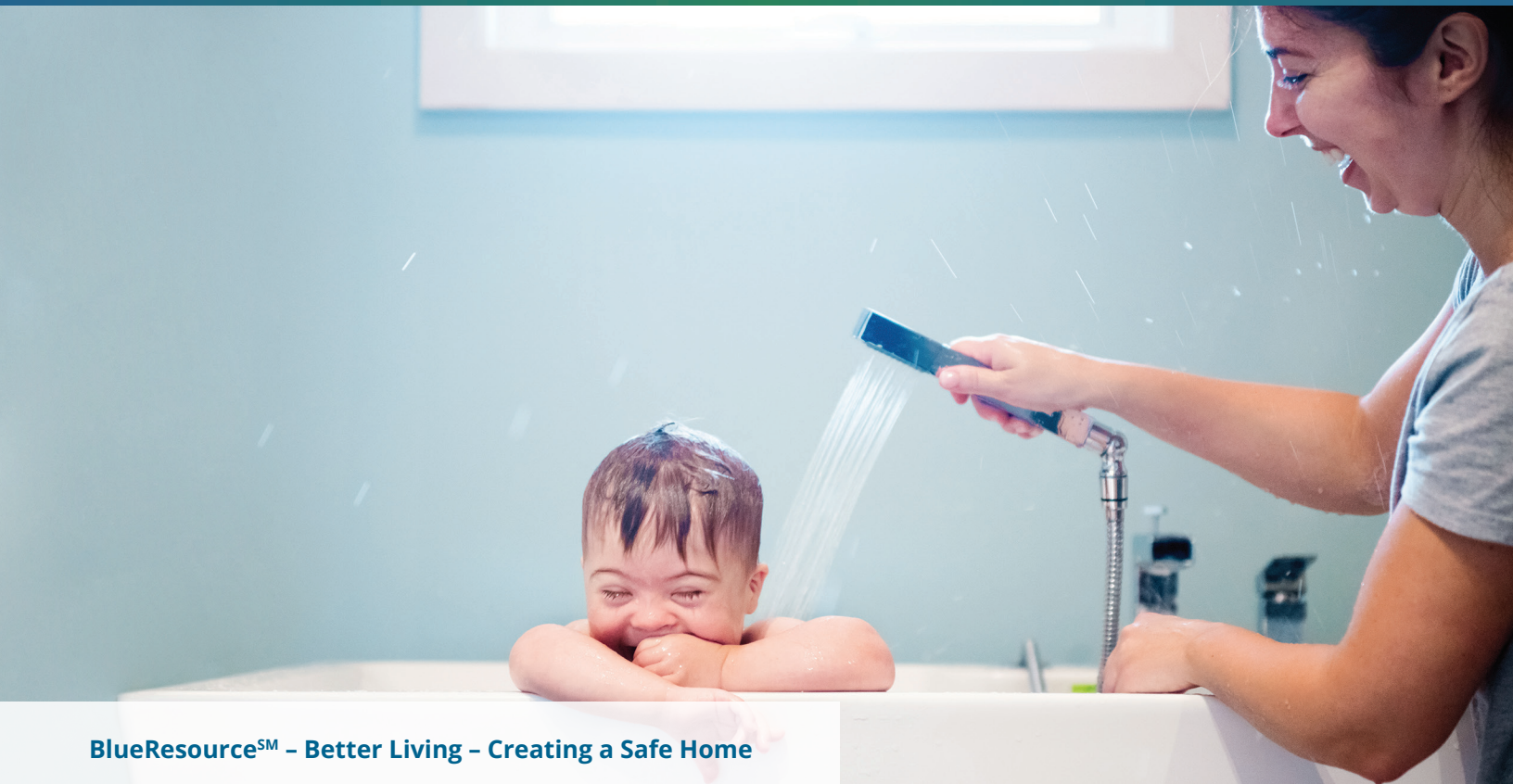




BlueResourceSM – Better Living – Creating a Safe Home

Make Your Home a Safe Haven

Your home is probably one of your favorite places. But, it's also a place where accidents happen. According to the National Safety Council, preventable deaths in the home or community have gone up 78% in the last 10 years. Here's how you can create a safer environment.

Prevent falls. Keep clutter off stairs. Install handrails and safety gates. Place non-slip mats in the bathroom, especially beside the shower and tub.

Fight fire hazards. Be careful when cooking and don't leave the stove unattended. Unplug holiday lights and blow out candles before going to sleep. Install smoke detectors.

Watch out for water. Don't leave babies and young children alone in the bathtub or pool. Get a safety fence for the pool. Keep blow driers and other electric items away from tubs and sinks.

Check for choking dangers. Make sure children play with toys designed for their age. Keep small objects out of reach so they aren't swallowed. Know how to perform the Heimlich maneuver.

Stay sharp around sharp objects. Be careful when you work with, wash and store kitchen knives. Lock up saws and lawnmowers. Wear protective gloves and footwear with all garden tools.



Take some precautions to make your home safer.

Sources: *Safety at Home: 10 Common Safety Hazards Around the House.* StaySafe.org, National Safety Alliance. 2018.
Home and Community Overview. Injury Facts. 2018.

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