



Good health is a gift everyone wishes for a child, but it doesn't happen without your help.

Keep your child well by:

- being a good role model and offering nutritious foods at an early age
- encouraging lots of play and physical activity
- getting recommended vaccines

Children's Wellness Guidelines

Laying the Groundwork for a Healthy Tomorrow

Children's Health

Put your child on the path to wellness. Schedule a yearly well child visit with their health care provider* and follow their immunization recommendations. Their provider will watch your child's growth and progress and talk with you about eating and sleeping habits, safety and behavior issues.

The American Academy of Pediatrics recommends their provider:

- check body mass index regularly beginning at age 2
- check blood pressure yearly, beginning at age 3
- screen hearing at birth, then yearly from ages 4 to 6 and ages 8 and 10
- test vision yearly from ages 3 to 6 and ages 8, 10, 12, and 15



Protect your child from sickness. Make sure they get the vaccinations recommended by their provider. If they've missed vaccinations, ask them how to catch up.

Learn more from your child's doctor or at [healthychildren.org](https://www.healthychildren.org).

Please note: These recommendations are for healthy children who don't have any special health risks. Take time to check the following summaries of key preventive services.

*A health care provider could be a doctor, primary care provider, physician assistant, nurse practitioner or other health care professional.

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Recommended Child and Adolescent Immunization Schedule for Ages 18 Years or Younger

Vaccine and other immunizing agents	Birth	1 mos	2 mos	4 mos	6 mos	9 mos	12 mos	15 mos	18 mos	19-23 mos	2-3 years	4-6 years	7-10 years	11-12 years	13-15 years	16 years	17-18 years	
Respiratory syncytial virus (RSV-mAb [Nirsevimab])	1 dose depending on maternal RSV vaccination status					1 dose (8-19 months)												
Hepatitis B (HepB)	1st dose	2nd dose			3rd dose													
Rotavirus (RV): RV1 (2-dose series), RV5 (3-dose series)		1st dose		2nd dose														
Diphtheria, tetanus, acellular pertussis (DTaP <7 yrs)		1st dose		2nd dose	3rd dose		4th dose			5th dose								
Haemophilus influenzae type b (Hib)		1st dose		2nd dose	3rd dose		3rd or 4th dose											
Pneumococcal conjugate (PCV15, PCV20)		1st dose		2nd dose	3rd dose		4th dose											
Inactivated poliovirus (IPV)		1st dose		2nd dose	3rd dose				4th dose									
COVID-19 (1vCOV-mRNA, 1vCOV-aPS)																		
Influenza (IIV3, CCIIV3)					1 or 2 doses annually					1 or 2 doses annually		1 dose annually						
Influenza (LAIV3)					1 or 2 doses annually													
Measles, mumps, rubella (MMR)						1st dose				2nd dose								
Varicella (VAR)					1st dose				2nd dose									
Hepatitis A (HepA)						2-dose series												
Tetanus, diphtheria, acellular pertussis (Tdap ≥7 yrs)											1 dose							
Human papillomavirus (HPV)																		
Meningococcal (MenACWY-CRM ≥2 mos, MenACWY-TT ≥2years)					1st dose													
Meningococcal B (MenB-4C, MenB-FHbp)																		
Respiratory syncytial virus vaccine (RSV [Abrysvo])											Seasonal administration during pregnancy							
Dengue (DEN4CYD: 9-16 yrs)											Seropositive in endemic dengue areas							
Mpox																		

Range of recommended ages for all children

Range of recommended ages for catch-up vaccination

Range of recommended ages for certain high-risk groups or populations

Recommended vaccination can begin in this age group

Vaccination is based on shared clinical decision-making

No Guidance/ Not Applicable