



TAKE THE EASY ROUTE TO USING YOUR TRS-ACTIVECARE BENEFITS AND SAVE MONEY ALONG THE WAY!

USE PROVIDER FINDER TO CHOOSE A PRIMARY CARE PROVIDER

Some plans don't require a PCP, but it's always a good idea to have one. Your PCP helps keep your health in check and can refer you to a specialist when you need one.

EARN UP TO \$599 PER YEAR WITH MEMBER REWARDS

Get paid for choosing top-performing providers and facilities for things like PCP visits, x-rays, mammograms,

REGISTER FOR BLUE ACCESS FOR MEMBERSSM For times when you can't see your PHGs know everything about your

It's your road map to everything you need to know about your health plan. Download your digital ID card so you're never without it, find a provider, check on your claims and more.

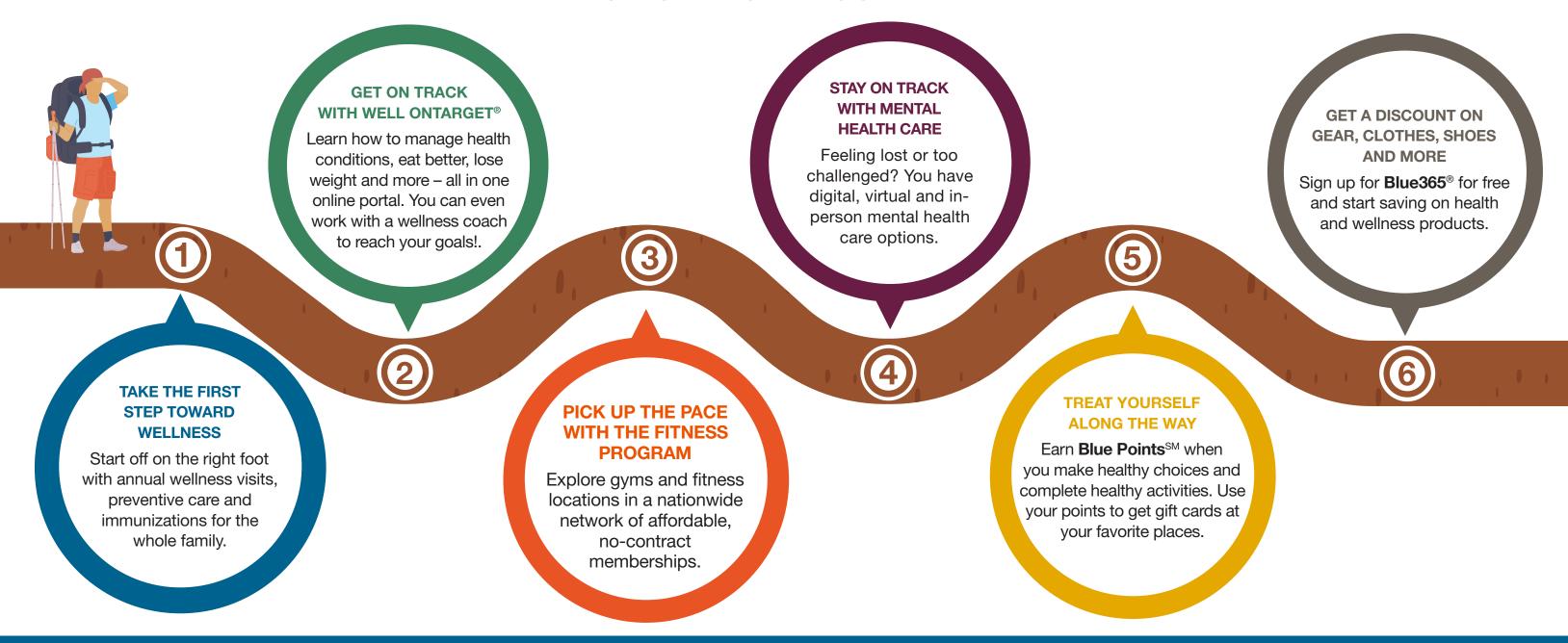
For times when you can't see your PCP, use **TRS Virtual Health** to get quality, affordable care anywhere, anytime – even on the road. Head to an urgent care center if you need in-person help.

PHGs know everything about your benefits and can steer you in the right direction. They're ready and available to help you 24/7 at **1-866-355-5999**.

Start your engine! Scan to find out more.



YOUR PATH TO HEALTH AND WELLNESS STARTS HERE. LET TRS-ACTIVECARE GUIDE THE WAY.



Start on your path to health and wellness. Scan to find out more.



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