

Where To Go for Care

Know where your nearest health care resources are when you need them!

MY NEAREST FACILITIES

Nearest Primary Care Physician (PCP): _____

Nearest Retail Clinic: _____

Nearest Urgent Care Center: _____

Nearest Hospital/Emergency Room (ER): _____

MY NEAREST FACILITIES CONTACT INFORMATION

Nearest Primary Care Physician (PCP):

Phone: _____

Street Address: _____

City: _____

State: _____ Zip: _____

Nearest Retail Clinic:

Phone: _____

Street Address: _____

City: _____

State: _____ Zip: _____

Nearest Urgent Care:

Phone: _____

Street Address: _____

City: _____

State: _____ Zip: _____

Nearest Hospital/Emergency Room:

Phone: _____

Street Address: _____

City: _____

State: _____ Zip: _____

VIRTUAL HEALTH



As a TRS-ActiveCare participant, your coverage includes TRS Virtual Health choices powered by RediMD™ and Teladoc®. You and your family can get convenient, quality health care from the comfort of home, on your lunch break, or while traveling without having to go to a doctor's office.

RediMD for medical issues

Web address: www.redimd.com/trsactivecare

Phone number: **1-866-989-CURE (1-866-989-2873) option 3**

Teladoc for medical and mental health issues

Web address: www.teladoc.com/trsactivecare

Phone Number: **1-855-Teladoc (1-855-835-2362)**