

TRS-ActiveCare  
**GO HERE, NOT THERE**

**ALLERGIES. AGAIN.**



**VIRTUAL HEALTH**

Go here for:  
 Allergies, asthma  
 Colds, fevers  
 Rashes

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**FIRE ANT TAKEOVER**



**PRIMARY CARE PROVIDER (PCP)**

Go here for:  
 Routine screenings  
 Flu, COVID-19  
 Minor illnesses, injuries

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**BACK FULL OF CACTUS SPIKES**



**URGENT CARE CLINIC**

Go here for:  
 Stitches  
 Sprains, minor breaks  
 Severe flu symptoms

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**GORED BY A BULL**



**EMERGENCY ROOM (ER)**

Go here for:  
 Chest pain, heart attacks  
 Strokes  
 Broken bones

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**ONE WORD: DON'T**



**FREESTANDING ER**

Rarely in network =  
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May not be set up  
 for true emergencies =  
 delayed care

Delayed care =  
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Still stumped?  
 Call 1-866-355-5999 or scan

