

TRS-ActiveCare GO HERE, NOT THERE

RECESS WITH RAGWEED



VIRTUAL HEALTH

Go here for:

Allergies, asthma
Colds, fevers
Rashes

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RUNNING TRACK ROAD RASH



PRIMARY CARE PROVIDER (PCP)

Go here for:

Routine screenings
Flu, COVID-19
Minor illnesses, injuries

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IGNORED "WET FLOOR" SIGN



URGENT CARE CLINIC

Go here for:

Stitches
Sprains, minor breaks
Severe flu symptoms

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TWO WORDS: BUNSEN BURNER.



EMERGENCY ROOM (ER)

Go here for:

Chest pain, heart attacks
Strokes
Broken bones

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ONE WORD: DON'T



FREESTANDING ER

Rarely in network =
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May not be set up
for true emergencies =
delayed care

Delayed care =
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