

Are you hearing a **POP** or **CRACKLE** or **GRIND**? Let's fix that.



CERVICAL SPINE PROCEDURES

Tech neck from lessons and laptops?
Whiteboard writing wearing you down?
Neck turning turned into neck burning?

TRS Motion+ gives expert care for every sound your body
shouldn't make. Take Advantage to save \$\$\$ on certain
procedures and start moving with confidence.



KNEE REPLACEMENT

Desk-level squats got your knees
complaining? Stairs suddenly feel like
summiting Mt. Everest?



HIP REPLACEMENT

Limping to lunch? Teaching on your feet
getting tough? Sit. Stand. Ouch?



Quiet the noise and move **more freely**.

Call a Personal Health Guide, 24/7, at **1-866-355-5999** to learn more about how you'll pay
no more than \$2,000* for certain cervical spine procedures, knee and hip replacements.

*TRS-ActiveCare HD participants will pay no more than \$2,000 after you meet your deductible.