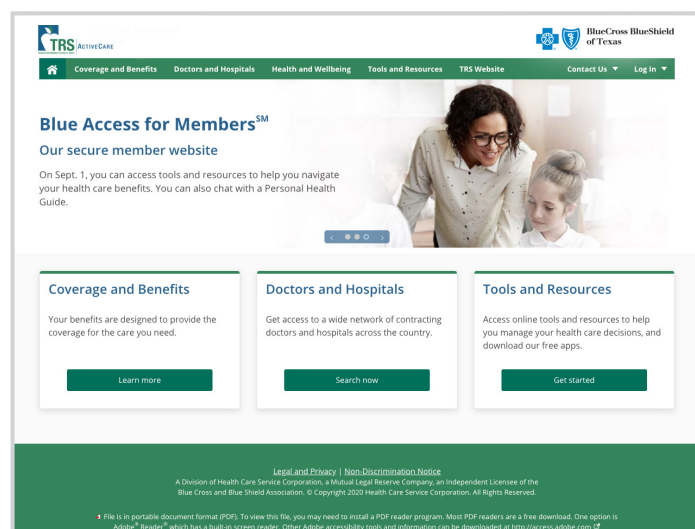


Changing Your Primary Care Provider (PCP)

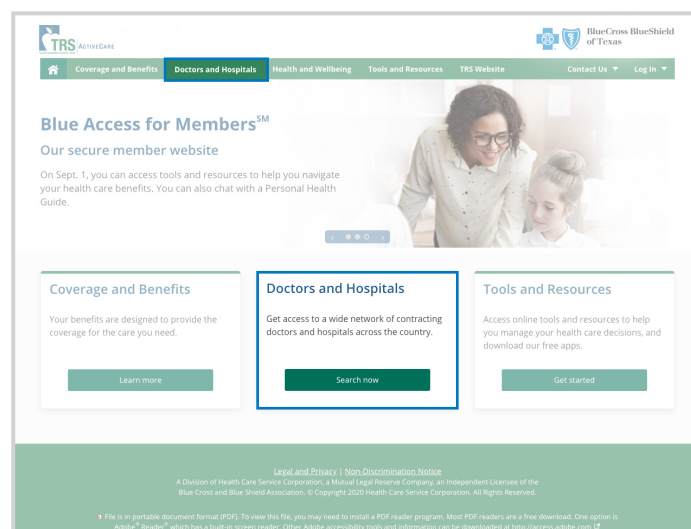
You can change your PCP at anytime. Call a Personal Health Guide 24 hours a day/7 days a week at **1-866-355-5999** to get help finding, choosing and changing your PCP. You can also visit www.bcbstx.com/trsactivecare to log into Blue Access for MembersSM and change your PCP online. Your change will be effective the first day of the following month. If you need the change to take effect sooner, call a Personal Health Guide for help.

If you are a TRS-ActiveCare Primary or TRS-ActiveCare Primary+ participant:

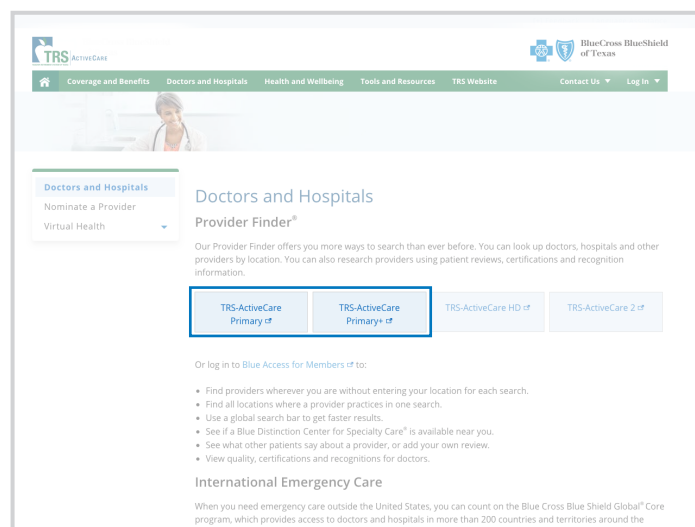
1. Go to www.bcbstx.com/trsactivecare.



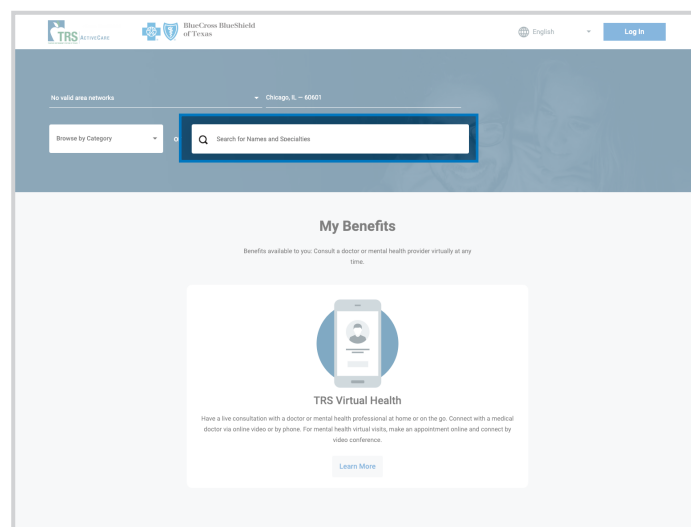
2. Click on **Doctors and Hospitals**.



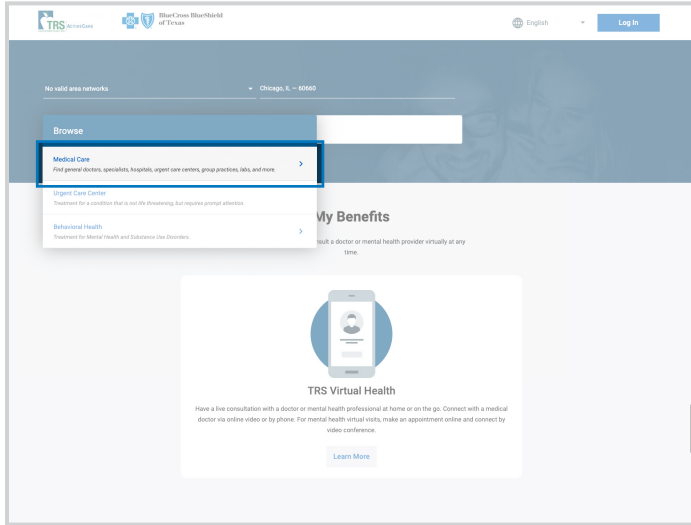
3. Click on **TRS-ActiveCare Primary** or **TRS-ActiveCare Primary+**.



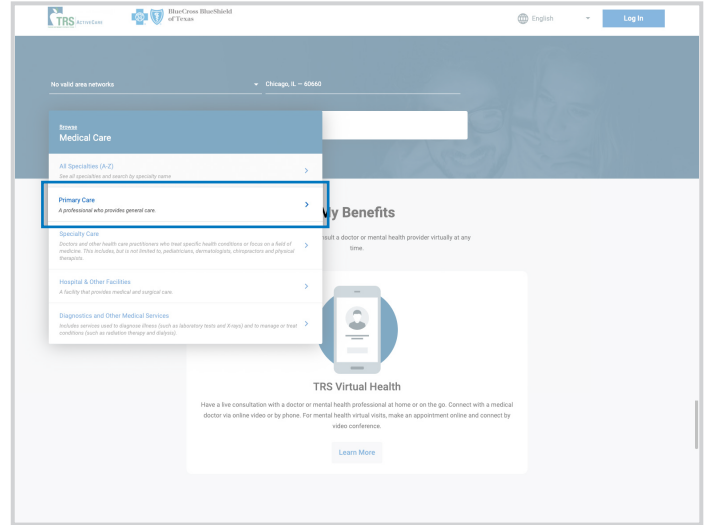
4. If you know the name of the PCP you would like to select, search by **Name and Specialties**.



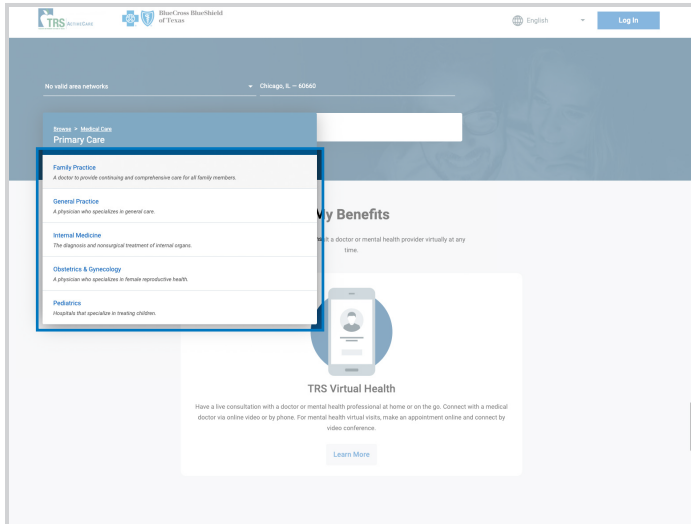
5. If you don't have a PCP in mind, **browse by Category** and select **Medical Care** from the drop-down menu.



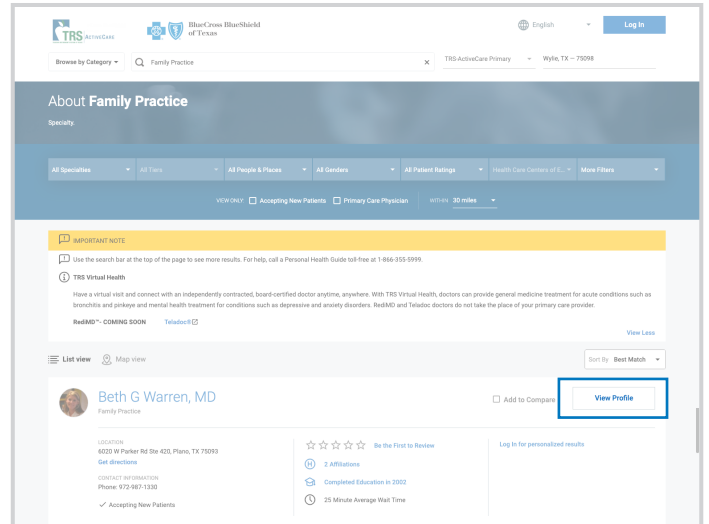
6. Next, select **Primary Care**.



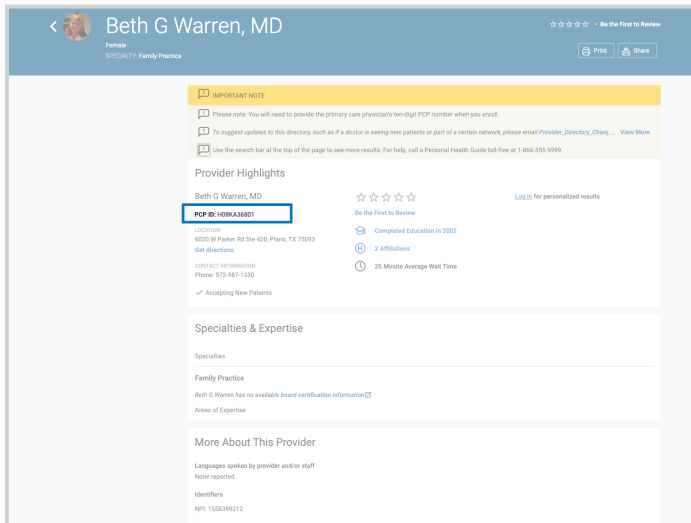
7. Choose **Family Practice, General Medicine, Internal Medicine, Obstetrics & Gynecology** or **Pediatrics** to narrow your search.



8. Pick a **PCP** from the providers listed and click on **View Profile**.



9. Locate the **10-digit provider ID number** at the very top of the page under **Provider Highlights**. You will need this number.



Important Tips:

- You can update the search location using the zip code filter in the upper right corner of the provider finder tool.
- You need to have a PCP for each covered family member.
- The entire family can select the same PCP, or each family member can have a different PCP.