Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: HMO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://www.bcbstx.com/static/tx/pdf/policy-forms/2017/33602TX0770001-00.pdf">www.bcbstx.com/static/tx/pdf/policy-forms/2017/33602TX0770001-00.pdf</a> or by calling 1-888-697-0683.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	Participating: \$2,750 Individual/ \$8,250 Family. Non-Participating: \$15,000 Individual/\$45,000 Family. Doesn't apply to non-specialty prescription drugs, or to the following services from Participating providers: preventive care or office visits that charge a copay. Copays and non-specialty prescription drug costs don't count toward the overall deductible.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 3 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 3 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes. Participating: \$3,500 Individual/\$10,500 Family. Non-Participating: Unlimited Individual/Unlimited Family.	The <u>out-of-pocket</u> limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
Does this plan use a network of providers?	Yes. For a list of Participating providers please call 1-888-697-0683 or see www.bcbstx.com.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 3 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	Yes. All specialist visits require a PCP referral unless it's for an OB/GYN or for emergency care.	This plan will pay some or all of the costs to see a <b>specialist</b> for covered services but only if you have the plan's permission before you see the <b>specialist</b> .

Questions: Call 1-888-697-0683 or visit us at www.bcbstx.com/coverage.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <a href="https://www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf">www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf</a> or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why this Matters:
Are there services this plan	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan
doesn't cover?		document for additional information about <u>excluded services</u> .



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the health plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing.</u>)
- The plan may encourage you to use Participating **providers** by charging you lower **deductibles**, **copayments**, and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$10 copay/visit	50% coinsurance	none
	Specialist visit	\$20 copay/visit	50% coinsurance	
If you visit a health care provider's office or clinic	Other practitioner office visit	\$10 copay/Primary care office visits \$20 copay/Specialist for office visits or 20% coinsurance for other services	50% coinsurance	Acupuncture is not covered. Chiropractic care visit limit is 35 per benefit period including chiropractic services for Rehabilitation and Habilitation services. More information about medical drug coverage is available at <a href="http://www.bcbstx.com/pdf/rx/tx-medical-drug-list-2017.pdf">http://www.bcbstx.com/pdf/rx/tx-medical-drug-list-2017.pdf</a> .
	Preventive care/screening/immunization	No Charge	50% coinsurance	none
If you have a test	Diagnostic test (x-ray, blood work)	Hospital – 40% coinsurance Non-Hospital - 20% coinsurance	50% coinsurance	none
n you have a test	Imaging (CT / PET scans, MRIs)	Hospital – 40% coinsurance Non-Hospital - 20% coinsurance	50% coinsurance	none

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
If you need drugs to	Preferred generic drugs	Retail – No Charge/ \$5 copay/prescription Mail – No Charge	Retail – 50% coinsurance plus \$5 copay/prescription	Lower copay applies at preferred Participating pharmacies. One copay
treat your illness or condition  More information about prescription drug coverage is available at https://www.myprime.com/content/dam/prime/memberportal/forms/AuthorForms/IVL/2017/2017 TX 5T_EX.pdf	Non-preferred generic drugs	Retail – \$10/\$15 copay/prescription Mail – \$30 copay/ prescription	Retail – 50% coinsurance plus \$15 copay/prescription	per 30-day supply – up to a 90-day supply for generic and brand drugs, up to a 30-day supply for specialty drugs. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available. Certain women's preventive services will be covered with no cost to the member.
	Preferred brand drugs	Retail – \$50/\$60 copay/prescription Mail – \$150 copay/ prescription	Retail – 50% coinsurance plus \$60 copay/prescription	
	Non-preferred brand drugs	Retail – \$100/\$110 copay/prescription Mail – \$300 copay/ prescription	Retail – 50% coinsurance plus \$110 copay/prescription	For Out-of-Network drug providers, you are responsible for 50% of the eligible amount after the coinsurance or copay.
	Specialty drugs	30% coinsurance	50% coinsurance	1 7
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Hospital – \$200 copay/visit plus 40% coinsurance Non-Hospital - \$200 copay/visit plus 20% coinsurance	\$1,500 copay/ procedure plus 50% coinsurance	Copay is charged in addition to the overall deductible. Elective abortion is not covered except in limited circumstances.
	Physician/surgeon fees	20% coinsurance	50% coinsurance	
If you need immediate medical attention	Emergency room services	\$400 copay/visit plus 20% coinsurance	\$400 copay/visit plus 20% coinsurance	Copay is charged in addition to the overall deductible and is waived if admitted.
medical attention	Emergency medical transportation Urgent care	20% coinsurance \$10 copay/visit	20% coinsurance 50% coinsurance	none

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
If you have a hospital stay	Facility fee (e.g., hospital room)	\$200 copay/admit plus 20% coinsurance		Copay is charged in addition to the overall deductible. \$250 penalty for failure to preauthorize Out-of-Network. Preauthorization requirement waived if admitted from emergency room.
	Physician/surgeon fee	20% coinsurance	50% coinsurance	none
	Mental/Behavioral health outpatient services	\$10 copay for office visits or 20% coinsurance for other outpatient services	50% coinsurance	Outpatient: Preauthorization required for psychological testing,
If you have mental health, behavioral	Mental/Behavioral health inpatient services	\$200 copay/admit plus 20% coinsurance	\$1,500 copay/admit plus 50% coinsurance	neuropsychological testing, electroconvulsive therapy, repetitive transcranial magnetic stimulation,
health, or substance abuse needs	Substance use disorder outpatient services	\$10 copay for office visits or 20% coinsurance for other outpatient services	50% coinsurance	intensive outpatient treatment, and Autism Spectrum Disorder. Inpatient: Copay is charged in addition to the overall deductible.
	Substance use disorder inpatient services	\$200 copay/admit plus 20% coinsurance	\$1,500 copay/admit plus 50% coinsurance	overall deductible.
If you are pregnant	Prenatal and postnatal care	\$10 copay/Primary Care Office visits/ \$20 copay Specialist for office visits or 20% coinsurance for other services	50% coinsurance	Copay applies to first prenatal visit (per pregnancy).
	Delivery and all inpatient services	\$200 copay/admit plus 20% coinsurance	\$1,500 copay/admit plus 50% coinsurance	Copay is charged in addition to the overall deductible.
	Home health care	20% coinsurance	50% coinsurance	60 visit maximum per benefit period.
If you need help	Rehabilitation services	20% coinsurance	50% coinsurance	35 visit maximum per benefit period
recovering or have other	Habilitation services	20% coinsurance	50% coinsurance	combined with Chiropractic care.
special health needs	Skilled nursing care	20% coinsurance	50% coinsurance	25 day maximum per benefit period.
1	Durable medical equipment	20% coinsurance	50% coinsurance	none
	Hospice service	20% coinsurance	50% coinsurance	none

	Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
		Eye exam	No Charge	No Charge	One visit per year. Reimbursed up to \$30 out-of-network. See benefit booklet for network details.
If your child needs dental or eye care	<u> </u>	Glasses	No Charge	No Charge	One pair of glasses per year. Up to \$150 in-network. Reimbursed up to \$75 frames/\$25 single vision lenses out-of-network. See benefit booklet for network details.
		Dental check-up	Not Covered	Not Covered	none

#### **Excluded Services & Other Covered Services:**

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Abortions (except where a pregnancy is the result Infertility treatment of rape or incest, or for a pregnancy which, as certified by a physician, places the woman in danger • Non-emergency care when traveling outside the of death unless an abortion is performed)
- Acupuncture
- Bariatric surgery
- Dental Care (Adult and Child)

- Long-term care
- U.S.
- Private-duty nursing (Except when determined to be Medically Necessary and ordered or authorized by the PCP)
- Routine eye care (Adult)
- Routine foot care (Except in connection with diabetes, circulatory disorders of the lower extremities, peripheral vascular disease, peripheral neuropathy, or chronic arterial or venous insufficiency)
- Weight loss programs

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Cosmetic surgery (Only for the correction of Chiropractic care • Hearing aids (Limited to one for each ear every congenital deformities or for conditions resulting three years) from accidental injuries, scars, tumors or diseases. When Medically Necessary.)

### Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-888-697-0683. You may also contact your state insurance department at http://www.tdi.texas.gov..

### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Texas Department of Insurance at (800) 578-4677 or visit <a href="http://www.tdi.texas.gov">http://www.tdi.texas.gov</a>.

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide** minimum essential coverage.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-697-0683.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-697-0683.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-888-697-0683.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-697-0683.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.-

# About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under the plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

# Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,330
- Patient pays \$3,210

### Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

#### Patient pays:

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Deductibles	\$2,800
Copays	\$200
Coinsurance	\$10
Limits or exclusions	\$200
Total	\$3,210

# Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$2,920
- Patient pays \$2,480

### Sample care costs:

Total	\$5,400
Vaccines, other preventive	\$100
Laboratory tests	\$100
Education	\$300
Office Visits and Procedures	\$700
Medical Equipment and Supplies	\$1,300
Prescriptions	\$2,900

### Patient pays:

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Deductibles	\$2,400
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$2,480

# Questions and answers about Coverage Examples:

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

**No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

**X** No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

✓ **Yes**. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.