



Blue Cross Group
Medicare AdvantageSM

matrix
MEDICAL NETWORK

Stay Healthy and Active Between Check-ups!

Blue Cross Group Medicare Advantage is committed to helping you stay healthy

That is why the plan and Matrix Medical Network are pleased to offer a health assessment at no additional cost to you. A Matrix licensed clinician will come to your home for your annual health assessment. And, a summary of the results are shared with you and your doctor, so you stay connected to your care.

This no-cost visit gives you the opportunity to:

- Meet one-on-one with a licensed health professional
- Review all of your medications and supplements
- Learn more about local community resources
- Ask any health questions you may have in the privacy of your home
- Get a picture of your health – your doctor will even get a summary following the visit!



"I appreciate the chance to talk to someone about my health. It has been hard adjusting to this stage of my life. Matrix has been very helpful as I become used to the changes."

Louise – Health Plan Member



Ready to schedule?

Call now to book your visit at: 1-888-912-8414 TTY 711
Monday – Friday, 8 a.m. to 11 p.m. ET; Saturday, 9 a.m. to 5 p.m ET,
or visit **www.matrixforme.com** to schedule online.

Scan the QR code using the camera on your smartphone or tablet to access the online scheduling portal.

Community Care Health Network, dba Medical Matrix Network is an independent company that provides care management activities and member care services for Blue Cross Group Medicare Advantage.

HMO plan in New Mexico, HMO and HMO-POS plans in Illinois, and PPO plans in Illinois, Montana, Texas, Oklahoma, and New Mexico are provided by Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC). HMO plan in Illinois provided by Illinois Blue Cross Blue Shield Insurance Company (ILBCBSIC). HMO Special Needs Plan and PPO Special Needs Plan in New Mexico provided by HCSC. HMO, PPO, and Dual Care HMO Special Needs plans in Texas provided by HCSC Insurance Services Company (HISC). PPO plan in New Mexico provided by HISC. HMO plans in Texas provided by GHS Insurance Company (GHSIC). All HMO and PPO employer/union group plans provided by HCSC. HMO plan in Oklahoma provided by GHS Health Maintenance Organization, Inc. d/b/a BlueLincs HMO (BlueLincs). HMO Special Needs Plan in Oklahoma provided by GHS Insurance Company (GHSIC). HCSC, ILBCBSIC, HISC, GHSIC, and BlueLincs are Independent Licensees of the Blue Cross and Blue Shield Association. ILBCBSIC, GHSIC and BlueLincs are Medicare Advantage organizations with a Medicare contract. HCSC is a Medicare Advantage organization with a Medicare contract and a contract with the New Mexico Medicaid program. GHSIC is a Medicare Advantage organization with a Medicare contract and a contract with the Oklahoma Medicaid program. HISC is a Medicare Advantage organization with a Medicare contract and a contract with the Texas Medicaid program. Enrollment in these plans depends on contract renewal.