



HEALTHY

Inside and Outside Your Home

As part of our commitment to your health and wellbeing, your Medicare Advantage group retiree plan includes an In-Home Health Evaluation (IHE) by a licensed and credentialed clinician (certified nurse practitioner, physician assistant or medical doctor) from our trusted partner, Fusion Advantage, at no cost to you.

The 45-to-60-minute IHE or telehealth visit gives extra time outside of a Primary Care Provider (PCP) visit for you to talk about your physical, emotional and mental health in the comfort of your home. You can discuss health concerns, learn more about disease management programs and have your home checked for possible safety issues.

An IHE involves:

- Clothed physical exam, including vital signs
- Review of medical conditions and medications
- Mobility and fall risk assessment
- Personal history, including drug, tobacco and alcohol screenings
- Diabetes and cancer assessments
- Depression, suicide and mental health screenings
- Clinician assessment with recommendations
- Preventive and chronic disease care recommendations
- Local resource suggestions
- Case management referral (if needed)

You will receive a one-page summary of the evaluation. With your permission, a full report of the IHE is shared with your PCP.

The IHE does not take the place of a visit to your PCP. It is a free added health service that lets you further discuss any health issues or concerns.

Reaching out to our members

Fusion Advantage is our partner for In-Home Health Evaluations. You will first receive a letter, followed by a phone call from Fusion Advantage on behalf of Blue Cross and Blue Shield of Texas to further explain the IHE and steps for scheduling a visit. An In-Home Health Evaluation is completely optional.



Important

If you ever have questions or concerns about outreach made to you on behalf of Blue Cross and Blue Shield of Texas, call the number on the back of your member ID card.

All members can get an In-Home Health Evaluation, but there is no obligation or cost.



Fusion Advantage is an independent company that has contracted with Blue Cross and Blue Shield of Texas to operate and administer the health care assessment program for members with coverage through BCBSTX. BCBSTX makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.

PPO plans provided by Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC), an Independent Licensee of the Blue Cross and Blue Shield Association. HCSC is a Medicare Advantage organization with a Medicare contract. Enrollment in HCSC's plans depends on contract renewal.