The National Committee for Quality Assurance (NCQA) collects HEDIS measurements. Blue Cross and Blue Shield of Texas collects HEDIS data from our providers to measure and improve the quality of care our members receive. The NCQA recommends tracking the HEDIS Comprehensive Diabetes Care measurement for our members.

**Comprehensive Diabetes Care Elements**

HEDIS requires the following assessments and documentation for Comprehensive Diabetes Care during the measurement year (through either administrative data or medical review) for patients ages 18 to 75 with type 1 or type 2 diabetes who had all of the following:

- Hemoglobin A1c (HgbA1c) testing
- Retinal Eye Exam
- Medical attention for Nephropathy
- Blood Pressure Control (< 140/90 mmHg)

**HgbA1c Control Categories**

The HgbA1c value determines the patient’s control category.

- HgbA1c < 8.0% is controlled
  - If HgbA1c is < 7.0% use CPT II code 3044F
  - If HgbA1c is 7.0% to <8% use CPT II code 3045F and clearly document HgbA1c value
- HgbA1c > 9.0% is poorly controlled (or missing result or test not done during measurement year), use CPT II code 3046F
- HgbA1c 8.0% to 9.0% is uncontrolled, use CPT II code 3045F and clearly document HgbA1c value

**Medical Record Documentation and Best Practices**

- Evaluate and document HgbA1c every three to six months
  - The last HgbA1c result of the year counts toward the HEDIS score
- Re-evaluate our member’s care plan and repeat testing as needed
- Order labs prior to our member’s appointment
- Adjust therapy to improve HgbA1c; follow-up with our member to monitor change
- Coordinate care with specialists (e.g. ophthalmologist, endocrinologist)
- Review diabetes services at each visit
- Provide an after-visit summary to ensure our member understands the care plan
- Build care gap “alerts” in your electronic medical records
- Utilize BCBSTX coding tips to accurately reflect the care your office provides

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**CPT® Codes**

- 83036, 83037: HgbA1c test
- 3044F: HgbA1c test & level <7.0%
- 3045F: HgbA1c test & level 7.0 – 9.0%
  
  Clearly document HgbA1c value when this CPT II code is used. Use of this code alone cannot distinguish between controlled (<8.0%) and uncontrolled (8.0% to 9.0%).
- 3046F: HgbA1c test & level >9.0%

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1 NCQA HEDIS 2019 Technical specifications for health plans, volume 2, Washington DC, 2020
2 Smaller percent of patients in the poorly controlled category indicates better performance for this indicator

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CPT® Codes

83036, 83037: HgbA1c test

CPT II Codes

3044F: HgbA1c test & level <7.0%

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3046F: HgbA1c test & level >9.0%

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