The National Committee for Quality Assurance (NCQA) collects Healthcare Effectiveness Data and Information Set (HEDIS) measurements. Blue Cross and Blue Shield of Texas collects HEDIS data from our providers to measure and improve the quality of care our members receive. The NCQA recommends our members have a breast cancer screening (BCS) with one of the following methods of mammography:

- Screening
- Diagnostic
- Film
- Digital
- Digital Breast Tomosynthesis

**Measure Definition**

HEDIS requirements for a valid BCS are:

- Women 50 to 74 years of age
- Screening mammogram at least every two years.
- Biopsies, breast ultrasounds or MRIs may be indicated for higher risk patients or for diagnostic purposes (as an adjunct to mammography) but not as a substitute for mammography.

**Medical Record Documentation and Best Practices**

- Educate female patients about the importance of early detection and encourage testing
- Document a bilateral mastectomy in the medical record when applicable
- Utilize ICD-10 codes that indicate a bilateral mastectomy (exclusion), or absence of the left or right breast
- Have a list of in-network mammogram facilities available to share with the patient
- Discuss possible fears the patient may have about mammograms
- Assure patients that current testing methods are less uncomfortable and require less radiation than past methods
- Include the month and year of the date of service when documenting a mammogram
- Use reminder systems in your electronic medical record for screenings and checkups

**Exclusion Codes**

**Record applicable exclusions**

<table>
<thead>
<tr>
<th>ICD-10:</th>
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<tbody>
<tr>
<td>Z90.13: Hx of bilateral mastectomy</td>
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<tr>
<td>Z90.12: Absence of right breast</td>
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<tr>
<td>Z90.11: Absence of left breast</td>
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