Benefit Qualifiers:

Focused Outpatient Management Program (FOMP)

FOMP uses data-driven and clinical intelligence rules to identify members whose treatment may benefit from further review and collaboration. Providers will receive a written request for additional clinical information when a FOMP member may potentially benefit from further treatment review.

Preauthorization is required from the following outpatient services when rendered to FOMP members:

- Electroconvulsive Therapy (ECT)
- Psychological Testing

The Benefit Description will advise if a member is included in this program.

**Benefit Description** – Mental Health Provider – Outpatient

- WHEN A PATIENT IS IN THE FOCUSED OUTPATIENT MANAGEMENT PROGRAM CALL FOR CURRENT PROGRAM STATUS

**BEHAVIORAL HEALTH PROGRAM**

- Is available **ONLY** to those members whose health plans include behavioral health benefits through BCBSTX
- Some members **MAY NOT** have outpatient behavioral health management
- All behavioral health benefits are subject to the terms and conditions listed in the member’s benefit plan