Good health begins with good lifestyle habits and regular exams. Preventive health care guidelines help physicians and other professional providers keep members on track with necessary screenings and exams based on age and gender.

Several national organizations produce tools that physicians and other professional providers can use to improve the health of our members, such as educational materials, health management programs and preventive health care guidelines. These guidelines will be posted and available at http://bcbstx.com/provider/Mmedicaid/index.html.

This website offers the most up-to-date clinical resources for preventive screenings, immunizations and counseling for our members.

If you do not have Internet access, you can request a hard copy of the Health Care Guidelines by contacting your Network Representative or by calling 855-212-1615.

Our recommendation of these guidelines is not an authorization, certification, explanation of benefits or a contract. Benefits and eligibility are determined in accordance with the requirements set forth by the state.
CLINICAL PRACTICE GUIDELINES

BCBSTX supports physicians in following nationally accepted clinical practice guidelines to improve the health of our members. Several national organizations produce guidelines for the following conditions:

- Asthma
- Chronic Obstructive Pulmonary Disease (COPD)
- Coronary Artery Disease
- Chronic/Congestive Heart Failure
- Depression in Primary Care
- Diabetes
- Hypertension
- Chronic Pain
- Metabolic Syndrome
- Oncology
- Lifestyle Management Programs

You can access these recommended guidelines through the BCBSTX website at http://bcbstx.com/provider/Medicaid/index.html. This will give you the most up-to-date clinical resources and references from nationally recognized sources.

If you do not have Internet access, you can request a hard copy of the Clinical Practice Guidelines by contacting your Network Representative or by calling 855-212-1615.

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