Are You Ready for Flu Season?

Each year, thousands of people get the flu. You can help protect yourself by getting a flu shot.

Blue Cross and Blue Shield of Texas (BCBSTX) wants to help you be protected this flu season. As part of your BCBSTX prescription drug benefit, you and your covered family members may get flu shots at participating pharmacies.*

Find participating pharmacies

- Visit bcbstx.com and log in to Blue Access for MembersSM.
- Click on My Coverage tab, Prescription Drugs on the left, and then on Prime Therapeutics in the center.
- This takes you to MyPrime.com, the member website of BCBSTX’s pharmacy benefit manager.
- Select Retail Pharmacy Vaccine Administration Network, under News & Perspectives, to search the list.

You may also call Customer Service at the number on the back of your BCBSTX ID card for help in finding a participating pharmacy near you.

Before you go

Call your chosen pharmacy location for complete details and to confirm:
- the location’s participation,
- flu shot availability,
- hours during which flu shots may be given, and
- to make an appointment (if needed).

Remember to hand your ID card to the pharmacist when you visit a participating pharmacy to get a flu shot. The pharmacist will submit your claim and collect any necessary copayments. Age limits, restrictions or other requirements may apply.

Who should get a flu shot?

The Centers for Disease Control and Prevention recommends that all people 6 months of age and older get the flu vaccine. Getting a flu shot is especially important for people at higher risk of getting a severe flu, and those close to them. This includes people who work in health care and those who are around children younger than 6 months.

Unless your doctor advises, you should not get a flu shot if you*:

- have any life-threatening allergies, including a severe allergy to eggs
- have ever had a severe reaction to a flu shot
- have had Guillain-Barré syndrome
- are moderately or severely ill – talk to your doctor about whether you should reschedule

*Source: Centers for Disease Control and Prevention

*Applies to Blue Cross and Blue Shield of Texas (BCBSTX) members with prescription drug benefits that include coverage for flu vaccination as part of the BCBSTX prescription drug benefit. If you are a member whose prescription drug plan is not administered through BCBSTX, or coverage for this vaccination is not included in your particular plan, please contact your employer group benefits administrator for information about the availability of flu vaccinations through your health plan.

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