



## Take Charge of Your Health

Blue Cross and Blue Shield of Texas (BCBSTX) wants you to take charge of your health. Take part in:

- [Member Events](#) (such as a prenatal class or Community Advisory Committee meeting)
- [Community Events](#) (such as health fairs, festivals and immunizations for children)

BCBSTX STAR members can get help with transportation to member events as a part of our Non-Emergency Medical Transportation Value-Added Service\*. Please call BCBSTX Customer Service 1-888-657-6061 to schedule your ride at least three days before the scheduled event. Find events in your area. Use the lists below.

\*Value-Added Services may have restrictions and limitations.

### Member Events

If you have any questions or want to register for an event, call BCBSTX Member Outreach toll-free at [1-877-375-9097](tel:1-877-375-9097). There is no cost to attend these events.

Day/Time	Class Type	Location
January 25, 2019 9:30 AM – 12:30 PM	Prenatal Class (Spanish)	Integral Care 5015 S. IH-35 Austin, TX 78744 Please call Member Outreach 1-877-375-9097 if you have questions.
January 25, 2019 1:00 PM – 3:30 PM	Prenatal Class ( English)	Integral Care 5015 S. IH-35 Austin, TX 78744 Please call Member Outreach 1-877-375-9097 if you have questions.
January 31, 2019 10:30 AM – 11:30 AM	Breastfeeding meeting for new and expectant Mothers ( Spanish)	CommUnityCare Southeast Health and Wellness Center 2901 Montopolis Dr. Austin, TX 78741
January 31, 2018 11:30 AM – 12:30 PM	Breastfeeding meeting for new and expectant Mothers ( English)	CommUnityCare Southeast Health and Wellness Center 2901 Montopolis Dr. Austin, TX 78741

February 19, 2019 9:30 AM – 12:30 PM	Prenatal Class (Spanish)	Any Baby Can 6207 Sheridan Ave Austin, TX 78723 Please call Member Outreach 1-877-375-9097 if you have questions.
February 19, 2019 1:00 PM – 3:30 PM	Prenatal Class (English)	Any Baby Can 6207 Sheridan Ave Austin, TX 78723 Please call Member Outreach 1-877-375-9097 if you have questions.
February 21, 2019 11:30 AM – 1:30 PM	Community Advisory Committee (CAC) Meeting- Travis	Please call Member Outreach 1-877-375-9097 if you have questions.
March 19, 2018 1:00 PM – 3:30 PM	Prenatal Class (English)	Any Baby Can 6207 Sheridan Ave Austin, TX 78723 Please call Member Outreach 1-877-375-9097 if you have questions.
April 23, 2019 9:30 AM – 12:30 PM	Prenatal Class (Spanish)	Any Baby Can 6207 Sheridan Ave Austin, TX 78723 Please call Member Outreach 1-877-375-9097 if you have questions.
May 16, 2019 11:30 AM – 1:30 PM	Community Advisory Committee (CAC) Meeting- Travis	Please call Member Outreach 1-877-375-9097 if you have questions.
June 25, 2019 1:00 PM – 3:30 PM	Prenatal Class (English)	Any Baby Can 6207 Sheridan Ave Austin, TX 78723 Please call Member Outreach 1-877-375-9097 if you have questions.

**Tell us what you think!** Each quarter BCBSTX holds a Community Advisory Committee (CAC) Meeting so that we can find out how we can serve you better. If you would like to come and share your ideas with BCBSTX staff and community partners on what you like about your plan benefits or where we can do better, please call the BCBSTX STAR member advocate toll-free for details at 1-877-375-9097; TTY at 7-1-1.

## Community Events

Community events are open to the public. You do not have to be a BCBSTX member to go to a community event and there is no cost to attend these events. BCBSTX does not offer transportation to community events.

To learn more about these events, call BCBSTX Member Outreach toll-free at [1-877-375-9097](tel:1-877-375-9097).

Day/Time	Event	Location
January 14, 2019 5:30 PM – 7:00 PM	Interfaith Alliance Community Meeting	Red Rock Elementary School 2 401 FM 20 Red Rock, TX 78662
January 15, 2019 8:30 AM – 9:30 AM	Mobile Food Pantry	Creedmoor Elementary School 5604 FM 1327 Austin, TX 78747
January 17, 2019 5:00 PM 6:30 PM	Flashlight Reading Party	Red Rock Elementary School 2401 FM 20 Red Rock, TX 78662
January 18, 2019 9:00 AM – 11:00 AM	Monthly Resource Fair	Mexican Consulate 5202 E Ben. White Blvd. Austin, TX 78741
January 19, 2019 10:00 AM – 5:00 PM	United Methodist Church Treasure Chest Rewards	United Methodist Church 209 N Upton Ave Schulenburg, TX 78956
January 24, 2019 1:30 PM – 2:30 PM	Food Pantry	Hemphill Elementary School 3995 FM 150 Kyle, TX 78640
January 26, 2019 7:00 Am – 11:00 AM	San Marcos CISD Health Fair	San Marcos High School 2601 Rattler Rd San Marcos, TX 78666
January 31, 2019 1:30 PM – 2:30 PM	Food Pantry	Hemphill Elementary School 3995 FM 150 Kyle, TX 78640
January 31, 2019 5:00 PM 6:30 PM	Math and Science Night	Red Rock Elementary School 2401 FM 20 Red Rock, TX 78662
February 2, 2019 8:00 AM – 12:00 PM	Del Valle Fest	The Opportunity Center 5301 Ross Rd Del Valle, TX 78617
February 4, 2019 6:00 PM - 7:00 PM	Suicide Awareness and Prevention Community	Godnight Middle School 1301 Texas 123 San Marcos, TX 78666
February 5, 2019 5:30 PM – 7:30 PM	Family Fitness Night	Anderson Mill Elementary School 10610 Salt Mill Hollow Austin, TX 78750
February 8, 2019 2:00 PM – 5:00 PM	Monthly Food Distribution	Southwest Key Programs 602 Jain Lane Austin, TX 78721

February 12, 2019 9:30 AM – 11:30 AM	Mobile Food Pantry	Montopolis Friendship Community Center 403 Vargas Rd Austin, TX 78741
February 15, 2019 9:00 AM – 11:00 AM	Monthly Resource Fair	Mexican Consulate 5202 E Ben White Blvd. Austin, TX 78741
February 19, 2019 8:30 AM – 9:30 AM	Mobile Food Pantry	Creedmoor Elementary School 5604 FM 1327 Austin, TX 78747
February 23, 2019 10:00 AM – 2:15 PM	Celebrating Families! Becoming My Best Me	Bonham Pre-K 1225 TX-123 San Marcos, TX 78666
April 6, 2019 10:00 AM – 2:00 PM	Youth Fest! 2019	San Marcos Plaza Park 2606 N CM Allen San Marcos, TX 78666

To get auxiliary aids and services, or to get written or oral interpretation to understand the information given to you, including materials in alternative formats such as large print, braille or other languages, please call BCBSTX STAR Customer Service at 1-888-657-6061 (TTY/TDD 7-1-1).

Blue Cross and Blue Shield of Texas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Blue Cross and Blue Shield of Texas does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Blue Cross and Blue Shield of Texas:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Civil Rights Coordinator.

If you believe that Blue Cross and Blue Shield of Texas has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, Office of Civil Rights Coordinator, 300 E. Randolph St., 35<sup>th</sup> floor, Chicago, Illinois 60601, 1-855-664-7270, TTY/TDD: 1-855-661-6965, Fax: 1-855-661-6960, [Civilrightscoordinator@hcsc.net](mailto:Civilrightscoordinator@hcsc.net). You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-855-710-6984 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-710-6984 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-710-6984 (TTY: 711)。

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-710-6984 (TTY: 711) 번으로 전화해 주십시오.

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-855-710-6984 (رقم هاتف الصم والبكم: 711).

خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال کریں 1-855-710-6984 (TTY: 711).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-710-6984 (TTY: 711).

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-855-710-6984 (ATS: 711).

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-855-710-6984 (TTY: 711) पर कॉल करें।

اب دشاب یم مهارف امش یارب ناگیار تروص هب ینابز تلایهست، دینک یم وگتفگ یسراف نابز هب رگا: هجوت 1-855-710-6984 (TTY: 711) دیریگب سامت.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-710-6984 (TTY: 711).

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-855-710-6984 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-710-6984 (телетайп: 711).

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-855-710-6984 (TTY: 711) まで、お電話にてご連絡ください。

ໂປດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສຍຄ່າ, ຈະມີ ທ່ານ ພ້ອມໃຫ້ທ່ານ. ໂທ 1-855-710-6984 (TTY: 711).