

Summary of Benefits

Blue Cross Medicare Advantage Flex Access (PPO)SM

January 1, 2023 – December 31, 2023

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

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Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 1-877-774-8592 (TTY/TDD: 711). We are open from 8:00 a.m. – 8:00 p.m., local time, 7 days a week. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on the weekends and holidays.

Understanding the Benefits

nd	lerstanding Important Rules
	Review the <i>Pharmacy Directory</i> to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
	Review the <i>Provider Finder</i> (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
	coverage, costs, and benefits before you enroll. Visit <u>getbluetx.com/mapd</u> or call 1-877-774-8592 to view a copy of the EOC.

☐ In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium
normally taken out of your Social Security check each month.
☐ Benefits, premiums and/or copayments/co-insurance may change on January 1, 2024.
Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergen or urgent situation, non-contracted providers may deny care. In addition, you will pay a higher copay for services received by non-contracted providers.

2023 Summary of Benefits

Blue Cross Medicare Advantage Flex Access January 1, 2023 - December 31, 2023 (PPO)

Blue Cross Medicare Advantage Flex Access (PPO) is a Medicare Advantage PPO plan with a Medicare contract. Enrollment in the Plan depends on contract renewal.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please call 1-877-774-8592 (TTY 711) and request the "Evidence of Coverage" or access it online at getbluetx.com/mapd.

To join **Blue Cross Medicare Advantage Flex Access (PPO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in Texas: Atascosa, Bandera, Bastrop, Burnet, Caldwell, Chambers, Colorado, Comal, Cooke, Fannin, Fayette, Gonzales, Guadalupe, Hardin, Hays, Hill, Hood, Johnson, Kendall, Lampasas, Lee, Llano, Matagorda, McMullen, Medina, Milam, Navarro, Real, Rockwall, Wharton, and Wilson.

Except in emergency situations, if you use the providers that are not in our network, we may not pay for these services unless otherwise noted in your Evidence of Coverage (EOC).

For coverage and costs of Original Medicare, look in your current **"Medicare & You"** handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 7 days a week, 24 hours a day. TTY users should call 1-877-486-2048.

This document is available in other formats such as Braille, large print or audio.

For more information, please call us at 1-877-774-8592 (TTY users should call 711). Hours are 8:00 a.m. – 8:00 p.m., local time, 7 days a week. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on weekends and holidays, or visit us at getbluetx.com/mapd.

Premiums and Benefits	Blue Cross Medicare Advantage Flex Access (PPO) SM			
Monthly Plan Premium (includes both medical and drugs)	You pay \$213.00 per month. In addition, you must keep paying your Medicare Part E premium.			
Part B Premium Buy-down (if applicable)	This plan does not have a Part B Premium Buy-down.			
Deductible	This plan does not have a deductible.			
Maximum Out-of-Pocket Responsibility (does not include Part D	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.			
prescription drugs)	Please note that you will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.			
	Your yearly limit(s) in this plan:			
	• \$0 for services you receive from in-network and out-of-network providers.			
Inpatient Hospital	In-Network:			
	0% of the total cost per stay			
	Out-of-Network:			
	0% of the total cost per stay			
Outpatient Hospital	In-Network:0% of the total cost			
	Out-of-Network: 0% of the total cost			
Ambulatory Surgical Center (ASC)	In-Network: 0% of the total cost			
	Out-of-Network: 0% of the total cost			

Premiums and Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]
Doctor Visits	Primary care provider visit
 Primary care provider 	o In-Network: 0% of the total cost
Specialists	 Out-of-Network: 0% of the total cost
	<u>Specialists</u>
	。 In-Network: 0% of the total cost
	Out-of-Network: 0% of the total cost
Preventive Care	In-Network: 0% of the total cost
(e.g., flu vaccine, diabetic screenings)	Out-of-Network: 0% of the total cost
	Important Message About What You Pay for Vaccines
	Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible. Call Customer Service for more information.
	*Other preventive services are available. There are some covered services that have a cost. Please reference EOC for more detail.
Emergency Care	0% of the total cost
	Copay is waived if you are admitted to the hospital within 3 days for the same condition. See the "Inpatient Hospital" section of this booklet for other costs.
Urgently Needed Services	0% of the total cost

Premiums and Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]
Diagnostic Services/Labs/Imaging	Diagnostic radiology services (such as MRIs, CT scans)
MRI, CAT Scan	In-Network:
X-RaysDiagnostic tests and procedures	0% of the total cost
Lab services	Out-of-Network:
	• 0% of the total cost
	<u>Diagnostic tests and procedures</u>
	In-Network:
	0% of the total cost
	Out-of-Network:
	0% of the total cost
	<u>Lab services</u>
	In-Network:
	0% of the total cost
	Out-of-Network:
	0% of the total cost
	Outpatient X-rays
	In-Network:
	0% of the total cost
	Out-of-Network:
	0% of the total cost

Premiums and Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]				
	Therapeutic radiology services (such as radiation treatment for cancer)				
	In-Network:				
	0% of the total cost				
	Out-of-Network:				
	0% of the total cost				
Hearing Services	Exam to diagnose and treat hearing and balance issues				
Medicare-covered hearing	In-Network:				
exam	• 0% of the total cost				
Routine hearing examHearing aid	Out-of-Network:				
C	0% of the total cost				
	Routine hearing exam				
	Not Covered				
	Hearing aid fitting/evaluation				
	Not Covered				
	Hearing Aids				
	Not Covered				

Premiums and Benefits	Blue Cross Medicare Advantage Flex Access (PPO) sm		
Dental Services Medicare-covered dental Preventive Dental Supplemental Dental Services 	Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth) In-Network: • 0% of the total cost Out-of-Network: • 0% of the total cost Preventive dental services • Not Covered Comprehensive dental services • Not Covered		

Premiums and Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]
Vision Services Medicare-covered eye exam Medicare-covered eyewear Routine eye exam Routine eyewear 	 Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening) In-Network: 0% of the total cost for Medicare-covered eye exam; 0% of the total cost for one vision specialist exam
	Out-of-Network: • 0% of the total cost Routine eye exam In-Network:
	 0% of the total cost for 1 routine eye exam every year Out-of-Network 0% of the total cost for 1 routine eye exam every year
	 Eyeglasses or contact lenses after cataract surgery In-Network: 0% of the total cost for 1 pair of Medicare-covered eyeglasses (lenses and frames) or contact lenses after cataract surgery
	 Out-of-Network: 0% of the total cost for 1 pair of Medicare-covered eyeglasses (lenses and frames) or contact lenses after cataract surgery

Premiums and Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]
Mental Health Services	<u>Inpatient visit</u>
Inpatient mental healthOutpatient group therapy/ individual therapy visit	Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital.
	The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.
	In-Network:
	0% of the total cost per stay
	Out-of-Network:
	0% of the total cost per stay
	Outpatient group therapy visit
	In-Network:
	0% of the total cost
	Out-of-Network:
	• 0% of the total cost

Premiums and Benefits	Blue Cross Medicare Advantage Flex Access (PPO) ^{sм}			
	Outpatient individual therapy visit			
	In-Network:			
	0% of the total cost			
	Out-of-Network:			
	0% of the total cost			
Ckilled Nursing Facility (CNF)	Our plan sovers up to 100 days in a SNF			
Skilled Nursing Facility (SNF)	Our plan covers up to 100 days in a SNF.			
	Inpatient hospital stay is not required prior to admission.			
	In-Network: 0% of the total cost per stay			
	Out-of-Network: 0% of the total cost per stay			
Physical Therapy	In-Network: 0% of the total cost			
	Out-of-Network: 0% of the total cost			

Premiums and Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]
Outpatient Rehabilitation	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks)
	In-Network:
	0% of the total cost
	Out-of-Network:
	0% of the total cost
	Occupational therapy visit
	In-Network:
	• 0% of the total cost
	Out-of-Network:
	0% of the total cost
Ambulance	In-Network: 0% of the total cost for each one-way ground transportation trip,0% of the total cost for each one-way air transportation trip.
	Out-of-Network: 0% of the total cost for each one-way ground transportation trip, 0% of the total cost for each one-way air transportation trip.
Transportation	Not Covered
Medicare Part B Drugs	In-Network: 0% of the total cost for chemotherapy drugs. 0% of the total cost for other Part B drugs
	Out-of-Network: 0% of the total cost for chemotherapy drugs. 0% of the total cost for other Part B drugs

Premiums and Benefits	Blue Cross Medicare Advantage Flex Access (PPO) SM				
Outpatient Prescription Drugs					
Deductible	\$505 per year for Part D prescription drugs except for drugs listed on Tier Generic and Tier 2 Generic which are excluded from the deductible.				
	Once you have paid \$505 for your Tiers 3, 4 and 5 drugs, you leave the Deductible Stage and move on to the next drug payment stage, which is the Initial Coverage Stage.				
	Important Message	About What You Pa	y for Insulin		
	You won't pay more than \$35 for a one-month so by our plan, no matter what cost-sharing tier it's deductible.				
	Preferred Retail Rx 30-day supply	Standard Retail Rx 30-day supply	Preferred Mail Order 90-day supply	Standard Mail Order 90-day supply	
Initial Coverage					
Tier 1: Preferred Generic	\$0 copay	\$15 copay	\$0 copay	\$45 copay	
Tier 2: Generic	\$5 copay	\$20 copay	\$15 copay	\$60 copay	
Tier 3: Preferred Brand	\$44 copay	\$47 copay	\$132 copay	\$141 copay	
Tier 4: Non-Preferred Drug	\$85 copay	\$100 copay	\$255 copay	\$300 copay	
*If you reside in a long-term facility, you pay the same as at a standard retail pharmacy.	25% of the total cost	25% of the total cost	A long-term supply is not available for drugs in Tier 5.	A long-term supply is not available for drugs in Tier 5.	
Coverage Gap	During this phase you will pay 25% for generic or brand-name drugs.				

Premiums and Benefits	Blue Cross Medicare Advantage Flex Access (PPO) sM
Outpatient Prescription Drugs	
Catastrophic Coverage (after you or others on your behalf pay \$7,400) Generic Drugs Brand-Name Drugs	 Generic Drugs: You pay \$4.15 or 5% (whichever costs more) Brand-Name Drugs: You pay \$10.35 or 5% (whichever costs more)
Cost-Sharing may change depending	on the pharmacy you choose.

Additional Member Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]
Acupuncture for Chronic Low Back	In-Network:
Pain	0% of the total cost
	Out-of-Network:
	0% of the total cost
Chiropractic Care	Medicare-covered manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position)
	In-Network:
	• 0% of the total cost
	Out-of-Network:
	• 0% of the total cost
Diabetes Supplies and Services	<u>Diabetes monitoring supplies</u>
- Diabetes Monitoring Supplies	In-Network: 0% of the total cost
 Diabetes self-management training 	Out-of-Network: 0% of the total cost
- Therapeutic shoes or inserts	<u>Diabetes self-management training</u>
merapeatic snoes of inserts	In-Network: 0% of the total cost
	Out-of-Network: 0% of the total cost
	<u>Therapeutic shoes or inserts</u>
	In-Network: 0% of the total cost
	Out-of-Network: 0% of the total cost

Additional Member Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]
Durable Medical Equipment (wheelchairs, oxygen, etc.)	In-Network: • 0% of the total cost
	Out-of-Network:
	0% of the total cost

Additional Member Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]
Wellness Programs	\$0 copay for SilverSneakers † Fitness Program
	This benefit includes SilverSneakers instructor-led group fitness classes. At participating locations, you can take classes plus use exercise equipment and other amenities. Additionally, SilverSneakers FLEX gives you options to get active outside of traditional gyms. SilverSneakers also connects you to a support network and virtual resources through SilverSneakers Live, SilverSneakers On-Demand [™] and a mobile app, SilverSneakers GO [™] . Plus, you get access to GetSetUp3, with thousands of live online classes to ignite your interests in topics like cooking, technology and art. All you need to get started is your personal SilverSneakers ID number. Go to SilverSneakers.com to learn more about your benefit or call 1-888-423-4632 (TTY: 711) Monday through Friday, 8 a.m. to 8 p.m. ET.
	Always talk with your doctor before starting an exercise program.
	 Participating locations ("PL") are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities is limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.
	Membership includes SilverSneakers instructor-led group fitness classes. Some locations offer members additional classes. Classes vary by location.
	3. GetSetUp is a third-party service provider and is not owned or operated by Tivity Health, Inc. ("Tivity") or its affiliates. Users must have internet service to access GetSetUp service. Internet service charges are responsibility of user. Charges may apply for access to certain GetSetUp classes or functionality.
	Blue Cross [®] , Blue Shield [®] and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.
	†SilverSneakers, SilverSneakers FLEX, SilverSneakers On-Demand, and SilverSneakers GO are registered trademarks or trademarks of Tivity Health, Inc.

Additional Member Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]
Foot Care (podiatry services)	Medicare-covered foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions
	In-Network:
	0% of the total cost
	Out-of-Network:
	• 0% of the total cost
Home Health Care	In-Network:
	0% of the total cost
	Out-of-Network:
	• 0% of the total cost
Opioid Treatment Program Services	In-Network:
	0% of the total cost
	Out-of-Network:
	• 0% of the total cost

Additional Member Benefits	Blue Cross Medicare Advantage Flex Access (PPO) ^{sм}
Outpatient Substance Abuse Services	Group therapy visit
	In-Network:
	0% of the total cost
	Out-of-Network:
	0% of the total cost
	<u>Individual therapy visit</u>
	In-Network:
	0% of the total cost
	Out-of-Network:
	• 0% of the total cost
Over-the-Counter Items	Not Covered
Prosthetic Devices (braces, artificial	<u>Prosthetic devices</u>
limbs, etc.)	In-Network:
	0% of the total cost
	Out-of-Network:
	• 0% of the total cost
	Related medical supplies
	In-Network:
	0% of the total cost
	Out-of-Network:
	• 0% of the total cost

Additional Member Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]
Meals	Not Covered
Renal Dialysis	In-Network:
	0% of the total cost
	Out-of-Network:
	0% of the total cost
Telehealth Services	In-Network:
	0% coinsurance for urgent care visits through MDLive
Hospice	You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the total costs for drugs and respite care. Hospice is covered outside of our plan. Please contact us for more details.

Optional Supplemental Benefits	Blue Cross Medicare Advantage Flex Access (PPO) [™]
OSB Package	You pay additional \$53.30 per month
 Monthly Premium 	 Vision
•	∘ Dental
	∘ Hearing



Blue Cross and Blue Shield of Texas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Blue Cross and Blue Shield of Texas does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Blue Cross and Blue Shield of Texas:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact a Civil Rights Coordinator.

If you believe that Blue Cross and Blue Shield of Texas has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, Office of Civil Rights Coordinator, 300 E. Randolph St., 35th floor, Chicago, Illinois 60601, 1-855-664-7270, TTY/TDD: 1-855-661-6965, Fax: 1-855-661-6960. You can file a grievance by phone, mail, or fax. If you need help filing a grievance, a Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-877-774-8592 (TTY/TDD: 711). 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.
Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатным услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-877-774-8592 (TTY/TDD: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.
Arab: سيقوم شخص ما يتحدث العربية إإننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول 8592-774-777-1-TTY (/TTT 711 :TC). بمساعدتك. هذه خدمة مجانية على مترجم فوري، ليس عليك سوى الاتصال بنا على
Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए बस हमें 1-877-774-8592 (TTY/TDD: 711). पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.
Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-877-774-8592 (TTY/TDD: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un serviz gratuito.
Portugués: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-877-774-8592 (TTY/TDD: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.
French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yo entèprèt, jis rele nou nan 1-877-774-8592 (TTY/TDD: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.
Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-877-774-8592 (TTY/TDD: 711). Ta usługa jest bezpłatna.

Japanese: 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするため に、無料の通訳サービスがありますございます。通訳をご用命になるには、1-877-774-8592 (TTY/TDD: 711). にお電話ください。日本語を話す人 者 が支援いたします。これは無料のサー ビスです。



Out-of-network/non-contracted providers are under no obligation to treat Blue Cross Medicare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

This information is not a complete description of benefits. Call 1-877-774-8592 (TTY: 711) for more information.

PPO plans are provided by HCSC Insurance Services Company (HISC) and GHS Insurance Company (GHSIC). PPO employer/union group plans provided by Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC). HCSC, HISC, and GHSIC are Independent Licensees of the Blue Cross and Blue Shield Association. HCSC, HISC, and GHSIC are Medicare Advantage organizations with a Medicare contract. Enrollment in these plans depends on contract renewal.

Premium, copays, coinsurance, and deductibles may vary based on the level of Extra Help you receive. Please contact the plan for further details.