

## Take Charge of Your Health

Blue Cross and Blue Shield of Texas (BCBSTX) wants you to take charge of your health. Take part in:

- Member Events (such as a prenatal class or Community Advisory Committee meeting)
- Community Events (such as health fairs, festivals and immunizations for children)

BCBSTX STAR members can get help with transportation to member events as a part of our Non-Emergency Medical Transportation Value-Added Service\*. Please call BCBSTX Customer Service

1-888-657-6061 to schedule your ride at least three days before the scheduled event.

Find events in your area. Use the lists below.

\*Value-Added Services may have restrictions and limitations.

## **Member Events**

If you have any questions or want to register for an event, call BCBSTX Member Outreach toll-free at 1-877-375-9097. There is no cost to attend these events.

| Day/Time                           | Class Type   | Location  |
|------------------------------------|--|---|
| May 21, 2020<br>11:30 AM – 1:30 PM | Community Advisory Committee (CAC) Meeting- Travis | Southeast Public Library<br>5803 Nuckols Crossing Rd.<br>Austin, TX 78744                               |
| May 26, 2020<br>10:00 AM – 1:00 PM | Prenatal Class (Bilingual)                         | Any Baby Can 6207 Sheridan Ave Austin, TX 78723 Please call Member Outreach 1-877-375-9097 to register. |

**Tell us what you think!** Each quarter BCBSTX holds a Community Advisory Committee (CAC) Meeting so that we can find out how we can serve you better. If you would like to come and share your ideas with BCBSTX staff and community partners on what you like about your plan benefits or where we can do better, please call the BCBSTX STAR member advocate toll-free for details at 1-877-375-9097; (TTY: 7-1-1).

Blue Cross and Blue Shield of Texas is a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

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Some of the events listed below may be canceled due to concerns about the Coronavirus. If you are planning to attend an event, please call BCBSTX Member Outreach first to be sure the event has not been canceled. Call BCBSTX Member Outreach toll-free at 1-877-375-9097 (TTY:7-1-1).

## **Community Events**

Community events are open to the public. You do not have to be a BCBSTX member to go to a community event and there is no cost to attend these events. BCBSTX does not offer transportation to community events.

To learn more about these events, call BCBSTX Member Outreach toll-free at 1-877-375-9097.

| Day/Time                              | Event                                 | Location                                    |
|---------------------------------------|---------------------------------------|---|
| March 14, 2020                        | Fresh for Less Market                 | Rockne VW Post                              |
| 10:00 AM – 12:00 PM                   |                                       | 1503 FM 20                                  |
|                                       |                                       | Rockne, TX 78602                            |
| March 21, 2020                        | Fresh for Less Market                 | Rockne VW Post                              |
| 10:00 AM – 12:00 PM                   |                                       | 1503 FM 20                                  |
| March 28, 2020                        | Destination Life Transition Fair &    | Rockne, TX 78602                            |
| March 28, 2020<br>9:00 AM – 1:30 PM   | Conference Exhibitor Invitation       | Round Rock High School 201 Deep Wood Drive, |
| 7.00 / HVI 1.50 I IVI                 | Conference Exhibitor invitation       | Bldg. # 1200                                |
|                                       |                                       | Round Rock, TX 78681                        |
| March 28, 2020                        | Hutto Health and Education 5K Fair    | Fritz Park                                  |
| 7:00 AM – 10:30 AM                    |                                       | 400 Park St.                                |
|                                       |                                       | Hutto, TX 78634                             |
| March 28, 2020                        | Fresh for Less Market                 | Rockne VW Post                              |
| 10:00 AM – 12:00 PM                   |                                       | 1503 FM 20                                  |
|                                       |                                       | Rockne, TX 78602                            |
| April 4, 2020                         | Fresh for Less Market                 | Rockne VW Post                              |
| 10:00 AM – 12:00 PM                   |                                       | 1503 FM 20                                  |
| April 4, 2020                         | Del Valle ISD Education Resource Fair | Rockne, TX 78602  Del Valle High School     |
| 9:00 AM – 12:00 PM                    | Del valle ISD Education Resource Pall | 5201 Ross Rd.                               |
| 7.00 THVI 12.00 TWI                   |                                       | Del Valle, TX 78617                         |
| April 4, 2020                         | YouthFest 2020                        | Plaza Park                                  |
| 10:00 AM – 2:00 PM                    |                                       | 206 N C M Allen Parkway                     |
|                                       |                                       | San Marcos, TX 78666                        |
| April 4, 2020                         | Eastside Community STEAM Festival     | Martin Middle School                        |
| 10:00  AM - 2:00  PM                  |                                       | 1601 Haskell St.                            |
|                                       |                                       | Austin, TX 78702                            |
| April 9, 2020                         | Mobile Food Pantry                    | St. John's for the City Center              |
| 9:00 AM – 11:00 AM                    |                                       | 500 E. St. Johns Ave.                       |
| A 11 2020                             | Fresh for Less Market                 | Austin, TX 78752                            |
| April 11, 2020<br>10:00 AM – 12:00 PM | Fresh for Less Market                 | Rockne VW Post<br>1503 FM 20                |
| 10.00 7111 - 12.00 1111               |                                       | Rockne, TX 78602                            |
| April 18, 2020                        | Fresh for Less Market                 | Rockne VW Post                              |
| 10:00 AM – 12:00 PM                   | Tresh for Bess Walker                 | 1503 FM 20                                  |
|                                       |                                       | Rockne, TX 78602                            |
| April 22, 2020                        | Leander ISD Family Olympics           | Leander Middle School                       |
| 6:00 PM – 7:30 PM                     |                                       | 410 S. West Dr.                             |
|                                       |                                       | Leander, TX 78641                           |
| April 23, 2020                        | Round Rock ISD Parent's Night         | Union Hill Elementary School                |
| TBD                                   |                                       | 1511 Gulf Way                               |
| 1 7 27 2020                           | HOTAN W. B. C. C.                     | Round Rock, TX 78665                        |
| April 25, 2020                        | HOTAN Walk and Resource Fair          | Brazos Park East                            |
| TBD                                   |                                       | 3516 MLK Dr.<br>Waco, TX 76704              |
|                                       |                                       | waco, 1A /0/04                              |

| April 25, 2020<br>10:00 AM – 12:00 PM | Fresh for Less Market | Rockne VW Post<br>1503 FM 20<br>Rockne, TX 78602 |
|---------------------------------------|-----------------------|--|
| May 2, 2020<br>10:00 AM – 12:00 PM    | Fresh for Less Market | Rockne VW Post<br>1503 FM 20<br>Rockne, TX 78602 |

To get auxiliary aids and services, or to get written or oral interpretation to understand the information given to you, including materials in alternative formats such as large print, braille or other languages, please call BCBSTX STAR and CHIP Customer Service at 1-888-657-6061 (TTY/TDD 7-1-1).

Blue Cross and Blue Shield of Texas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Blue Cross and Blue Shield of Texas does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Blue Cross and Blue Shield of Texas:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - o Qualified sign language interpreters
  - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - o Qualified interpreters
  - o Information written in other languages

If you need these services, contact Civil Rights Coordinator.

If you believe that Blue Cross and Blue Shield of Texas has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, Office of Civil Rights Coordinator, 300 E. Randolph St., 35<sup>th</sup> floor, Chicago, Illinois 60601, 1-855-664-7270, TTY/TDD: 1-855-661-6965, Fax: 1-855-661-6960, Civilrightscoordinator@hcsc.net. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-855-710-6984 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Goi số 1-855-710-6984 (TTY: 711).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-855-710-6984 (TTY: 711)。

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-710-6984 (TTY: 711) 번으로 전화해 주십시오.

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 6984-710-855-1 (رقم هاتف الصم والبكم: 711).

خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں ۔ کال کریں خبردار: -25 -710-6984 (TTY: 711).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-710-6984 (TTY: 711).

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-855-710-6984 (ATS: 711).

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं।

1-855-710-6984 (TTY: 711) पर कॉल करें।

اب دشاب یم مهارف امش یارب ناگیار تروص هب ینابز تلایهست ،دینک یم وگنفگ یسراف نابز هب رگا جمعوت (TTY: 711) دیریگب سامت.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-710-6984 (TTY: 711).

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલક ભાષા સહ્યય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-855-710-6984 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-710-6984 (телетайп: 711).

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-855-710-6984 (TTY: 711)まで、お電話にてご連絡ください。

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ ທ່ານ. ໂທຣ 1-855-710-6984 (TTY: 711).