FEP BlueVision℠

During the 2006 Open Season, Blue Cross and Blue Shield introduced our new FEP BlueVision Plan. The FEP BlueVision program was designed to minimize out-of-pocket costs for members. If you currently have vision coverage through your FEHB medical plan, you will continue to have that coverage whether or not you enroll in FEP BlueVision. Davis Vision, Inc., our plan administrator, manages all aspects of the program.

What FEP BlueVision Members Enjoy

• A choice of High Option and Standard Option plans
• A nationwide network of more than 25,000 ophthalmologists, optometrists and opticians, including national and regional retailers, contracted through Davis Vision
• A free annual comprehensive routine eye exam, including dilation
• A retail frame allowance of $130, plus a 20 percent discount on the difference if frame exceeds $130
• New frames every 12 months with High Option or every 24 months with Standard Option
• New spectacle lenses or contact lenses every 12 months
• An elective allowance for contact lenses (in lieu of eyeglasses) of $130, plus 15 percent off the difference if lenses exceed $130. Coverage does not include the cost of contact lens fitting.
• Unconditional breakage warranty to repair or replace any exclusive collection or retailer supplied frame and all spectacle lenses for a period of one year from the date of dispensing
• Guaranteed lowest prices on contact lens replacement materials when orders are placed with Lens 123®
• Up to 25 percent off the usual and customary price of laser vision correction or 5 percent off promotional pricing
• Pre-tax savings to active employees with payroll deduction

Even Better

Under FEP BlueVision, the following lens types are covered with no copayment:

• Single vision
• Bifocal
• Trifocal
• Lenticular (lenses prescribed after cataract surgery)
• Glass or plastic
• All ranges of prescriptions and sizes
• Oversize lenses
• Fashion, sun or gradient tinted plastic lenses
• Glass-Grey #3 prescription sunglasses
• Polycarbonate lenses for children, monocular patients and patients with prescriptions greater than +/- 6 diopters
Member copayments apply to some additional lens services:

### OPTIONAL LENS TREATMENTS

<table>
<thead>
<tr>
<th>Description</th>
<th>Average Retail Price</th>
<th>Member Prices</th>
<th>Savings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ultraviolet Coating</td>
<td>$30</td>
<td>$12</td>
<td>$18</td>
</tr>
<tr>
<td>Scratch Resistant Coating</td>
<td>$30 - $60</td>
<td>$20</td>
<td>$10 - $40</td>
</tr>
<tr>
<td>Polycarbonate Lenses¹</td>
<td>$60 - $75</td>
<td>$0 or $30</td>
<td>$30 - $75</td>
</tr>
<tr>
<td>Blended Segment Lenses</td>
<td>$50</td>
<td>$20</td>
<td>$30</td>
</tr>
<tr>
<td>Intermediate Vision Lenses</td>
<td>$150 - $175</td>
<td>$30</td>
<td>$120 - $145</td>
</tr>
<tr>
<td>Standard Progressive Addition Lenses (PALS)</td>
<td>$150 - $200</td>
<td>$50</td>
<td>$100 - $150</td>
</tr>
<tr>
<td>Premium PALS (Varilux®, etc.)</td>
<td>$200 - $300</td>
<td>$90</td>
<td>$110 - $210</td>
</tr>
<tr>
<td>Photochromic Lenses</td>
<td>$30 - $60</td>
<td>$20</td>
<td>$10 - $40</td>
</tr>
<tr>
<td>Plastic Photosensitive Lenses</td>
<td>$100 - $150</td>
<td>$65</td>
<td>$35 - $85</td>
</tr>
<tr>
<td>Polarized Lenses</td>
<td>$95</td>
<td>$75</td>
<td>$20</td>
</tr>
<tr>
<td>Standard Anti-Reflective Coating (ARC)</td>
<td>$50 - $65</td>
<td>$35</td>
<td>$15 - $30</td>
</tr>
<tr>
<td>Premium ARC</td>
<td>$65 - $80</td>
<td>$48</td>
<td>$17 - $32</td>
</tr>
<tr>
<td>Ultra ARC</td>
<td>$110 - $125</td>
<td>$60</td>
<td>$50 - $65</td>
</tr>
<tr>
<td>Hi-Index Lenses</td>
<td>$100 - $150</td>
<td>$55</td>
<td>$45 - $95</td>
</tr>
</tbody>
</table>

¹ Polycarbonate lenses are covered in full for dependent children, monocular patients and patients with prescriptions greater than +/- 6.00 diopters.

### More Benefits with Affinity Discount Program

As a Blue Cross and Blue Shield Service Benefit Plan member or a FEP BlueVision member, you and your covered dependents can receive routine eye exams, frames, lenses, conventional contact lenses, and laser vision correction at substantial savings when you use an FEP BlueVision (Davis Vision network) provider. Our Affinity Discount Program provides supplemental services for obtaining additional eyewear. Affinity, administered by Davis Vision, offers discounts on both professional and material fees.

Just present your Service Benefit Plan ID card at any FEP BlueVision participating provider. There are no enrollment fees or claim forms to file. To learn more about this program or to get the name and phone number of a participating provider near you, remember, you can call 1.800.551.3337 or log on to www.fepblue.org.

### Read More

Visit our vision Web site from the www.fepblue.org Welcome Page and click on FEP BlueVision. The menu options provide access to complete information about the Plan:

- **Find a Provider, including New Provider Nomination** – Locate a provider in your area; request the addition of new providers.
- **What Are My Benefits with FEP BlueVision?** – Read an introduction to the Plan.
- **How to Enroll** – Enter the Federal Employees Dental and Vision Insurance Program (FEDVIP) site to begin enrollment.
- **Benefit Information** – Find specific answers to questions in an extensive document with all the details.
- **Personal Frame Collection** – Preview dozens of frames; narrow your search by defining your requirements.
- **Laser Vision Correction** – Learn about the procedure; consider your options.
- **Lens 123** – Order replacement contacts.

The FEP BlueVision participating provider network, contracted through Davis Vision, is continually expanding and changing to serve your needs. The providers listed in the directory and on the Web site are currently participating; however, it is your responsibility to ensure that the listed provider is an active participant in the program at the time you receive services. All participating FEP BlueVision providers are also required to verify enrollment prior to rendering services. Please note that the FEP BlueVision providers are not listed in your regular FEHB Service Benefit Plan Directory of Network Providers.
Celebrating Public Service

“We are expected to put the utmost energy, of every power that we have, into the service of our fellow men, never sparing ourselves, not condescending to think of what is going to happen to ourselves, but ready, if need be, to go to the utter length of self sacrifice.”  ~  President Woodrow Wilson – 28th President of the United States

The Blue Cross and Blue Shield Federal Employee Program joins the rest of the nation in acknowledging the many contributions of our dedicated public servants, and the month of May is set aside for Public Service Recognition. Celebration events have been scheduled in many agencies throughout the month. We realize that without your daily commitment to our country’s ideals, life in America would not be the same.

From delivering our mail and protecting our air and water supply to serving in unseen places on distant shores, services provided by federal agency employees at home and around the world simply make our lives better. We take this special opportunity to say, “Thank you.”

Blue Access for Members (BAM) – 

BAM gives federal employees secure and convenient access to personal health insurance and wellness information. To sign up, just go to www.bcbstx.com. With your own BAM password, you may:

- View your explanation of benefits
- Confirm who in your family is covered under your plan
- Locate a doctor or hospital in your network
- Check the status of claims
- Receive e-mails when claims are finalized
- Request a new or replacement ID card and print a temporary ID card

Through Blue Access for Members, you will find other valuable resources and tools to help you make decisions about health care for you and your family.

Hospital Comparison Tool

When your physician has recommended a surgical treatment, you can easily find and review the outcome history of procedures previously performed at hospitals using HealthShare.*

For example, if you are having bypass surgery, you can review a hospital’s performance based on factors such as:

- Length of stay
- Complications

*The relationship between Blue Cross and Blue Shield and HealthShare Technology, Inc. is solely that of independent contractor.

Personalized Information About Your Health Care Coverage

- Number of procedures performed
- Cost
- Mortality

To review hospital outcome data, log on to Blue Access for Members, click on the My Health section and select Compare Hospitals.

This information can also be accessed on the online provider directory available on www.fepblue.org. Just click on the “Review hospital profiles” link of the online directory Web page.

Treatment Cost Advisor

Through the Treatment Cost Advisor** tool, you can find the typical cost of a health care procedure for a list of common medical conditions. Members simply need to enter information, such as age, gender, and state or ZIP code to help determine a cost estimate for a specified medical procedure. Log on to Blue Access for Members, click on the My Health section and select Treatment Cost Advisor to get started.

**All information is intended for your general use only and is not a substitute for medical advice or treatment for specified medical conditions. You should seek prompt medical care for any specific health issues and consult your physician before taking any action on your health conditions. Use of this online service is subject to the Terms and Conditions displayed on this site.

Helpful Information

Blue Health Connection
Available 24 hours a day, seven days a week
1.888.258.3432

Customer Service
Monday through Friday, 9 a.m. – 5 p.m.
Central Time
1.800.442.4607

Precertification
1.800.443.2744

Preferred Provider Directory
www.fepblue.org

Prescription Mail Order Service
1.800.262.7890  (TDD 1.866.409.8525)

Retail Pharmacy Program
1.800.624.5060  (TDD 1.800.624.5077)

Health and Wellness Products
1.877.258.7283

FEP BlueVision
1.888.550.BLUE (2583)

Affinity Discount Vision Care Program
1.800.551.3337

Contact Lens Replacement
1.800.LENS.123 (1.800.536.7123)

Complementary Alternative Medicine Providers
1.877.258.7283

For more information on Blue Cross and Blue Shield of Texas, Customer Service, or to order materials online, visit www.bcbstx.com. To find a provider or learn more about the Service Benefit Plan, go to www.fepblue.org.

Letters to the Editor

We welcome your story ideas and suggestions. Mail materials to: Federal Facts editor, Blue Cross and Blue Shield of Texas, 901 S. Central Expressway, LL-P-South, Richardson, Texas 75080.

Federal Facts is published for health benefit officers and federal employees by Blue Cross and Blue Shield of Texas.
Fast food friendly tips you can use

Curbing unhealthy choices at the drive-through...

Smart snacks can be good for you

Get your snacks on track

Put mind over matter

Think before you lift

Learn to burn

Focus on Wellness

Blue Cross and Blue Shield supports the Office of Personnel Management’s designation of 2007 as the Year of the Healthier Fed. Your government account representative will be mailing a series of posters to display at your agency that encourage a focus on employee wellness and promote healthy behaviors. The first wellness poster, Curbing unhealthy choices at the drive-through, will arrive during the 2nd quarter of 2007. Agencies will then receive a new wellness poster quarterly, including:

• Learn to burn
• Harmonize your work-life balance
• Get your snacks on track
• Think before you lift

If your agency has not received the first wellness poster by the end of May, please contact your account representative.