



## ICD-10 Z Codes for Social Determinants of Health

To help track and address our members' social needs, we encourage you to use Social Determinants of Health (SDoH) ICD-10 Z codes on the claims you submit to Blue Cross and Blue Shield of Texas (BCBSTX). Any clinician can document a person's social needs, including physicians, nurses, social workers, community health workers, case managers or other providers.

### What Are Social Determinants of Health?

Social determinants of health are the economic, social and environmental conditions beyond health care, and the structures, cultures and technologies that influence a person's health, care and well-being. These non-medical drivers of health **impact health equity**, the fair and just opportunity for everyone to achieve their optimal health.

### Using SDoH ICD-10 Z Codes

Each patient brings more to your office than the symptoms they present on the surface. SDoH may affect a patient's ability or willingness to follow their recommended treatment plan. It's important to adopt a "whole-person" approach. Working together, we can help remove barriers to better health and help improve our members' quality of life. With ICD-10 Z code data, we can better understand our members' unique social needs and help connect them with resources.

### What You Can Do

- **Educate** staff on the need to screen, document and code data on patients' SDoH needs.
- **Ask** about SDoH needs. Patients may not know to discuss non-medical issues with health care providers and may need to be prompted.
- **Document** any SDoH needs and assign the appropriate ICD-10 code to report on claims.

To learn more, see the Centers for Medicare & Medicaid Services' **"Using Z Codes."**

**Problems related to education and literacy (Z55)**

<b>Z55.0</b>	Illiteracy and low-level literacy
<b>Z55.1</b>	Schooling unavailable and unattainable
<b>Z55.2</b>	Failed school examinations
<b>Z55.3</b>	Underachievement in school
<b>Z55.4</b>	Educational maladjustment and discord with teachers and classmates
<b>Z55.8</b>	Other problems related to education and literacy
<b>Z55.9</b>	Problems related to education and literacy, unspecified

**Problems related to employment and unemployment (Z56)**

<b>Z56.0</b>	Unemployment, unspecified
<b>Z56.1</b>	Change of job
<b>Z56.2</b>	Threat of job loss
<b>Z56.3</b>	Stressful work schedule
<b>Z56.4</b>	Discord with boss and workmates
<b>Z56.5</b>	Uncongenial work environment
<b>Z56.6</b>	Other physical and mental strain related to work
<b>Z56.8</b>	Other problems related to employment
<b>Z56.9</b>	Unspecified problems related to employment

**Occupational exposure to risk factors (Z57)**

<b>Z57.0</b>	Occupational exposure to noise
<b>Z57.2</b>	Occupational exposure to dust
<b>Z57.31</b>	Occupational exposure to environmental tobacco smoke
<b>Z57.39</b>	Occupational exposure to other air contaminants
<b>Z57.4</b>	Occupational exposure to toxic agents in agriculture
<b>Z57.5</b>	Occupational exposure to toxic agents in other industries
<b>Z57.6</b>	Occupational exposure to extreme temperature
<b>Z57.8</b>	Occupational exposure to other risk factors
<b>Z57.9</b>	Occupational exposure to unspecified risk factor

**Problems related to housing and economic circumstances (Z59)**

<b>Z59.0</b>	Homelessness
<b>Z59.1</b>	Inadequate housing
<b>Z59.2</b>	Discord with neighbors, lodgers and landlord
<b>Z59.3</b>	Problems related to living in residential institution
<b>Z59.4</b>	Lack of adequate food and safe drinking water
<b>Z59.5</b>	Extreme poverty
<b>Z59.6</b>	Low income
<b>Z59.7</b>	Insufficient social insurance and welfare support
<b>Z59.8</b>	Other problems related to housing and economic circumstances
<b>Z59.9</b>	Problem related to housing and economic circumstances, unspecified

**Problems related to social environment (Z60)**

<b>Z60.0</b>	Problems of adjustment to life-cycle transitions
<b>Z60.2</b>	Problems related to living alone
<b>Z60.3</b>	Acculturation difficulty
<b>Z60.4</b>	Social exclusion and rejection
<b>Z60.5</b>	Target of (perceived) adverse discrimination and persecution
<b>Z60.8</b>	Other problems related to social environment
<b>Z60.9</b>	Problems related to social environment, unspecified

**Problems related to upbringing (Z62)**

<b>Z62.0</b>	Inadequate parental supervision and control
<b>Z62.1</b>	Parental overprotection
<b>Z62.2</b>	Upbringing away from parents
<b>Z62.21</b>	Child in welfare custody
<b>Z62.22</b>	Institutional upbringing
<b>Z62.3</b>	Hostility towards and scapegoating of child
<b>Z62.6</b>	Inappropriate (excessive) parental pressure
<b>Z62.810</b>	Personal history of physical and sexual abuse in childhood
<b>Z62.811</b>	Personal history of psychological abuse in childhood
<b>Z62.812</b>	Personal history of neglect in childhood
<b>Z62.819</b>	Personal history of unspecified abuse in childhood
<b>Z62.82</b>	Parent-child conflict
<b>Z62.822</b>	Parent-foster child conflict
<b>Z62.891</b>	Sibling rivalry
<b>Z62.898</b>	Other specified problems related to upbringing

**Other problems related to primary support group, including family circumstances (Z63)**

<b>Z63.0</b>	Problems in relationship with spouse or partner
<b>Z63.1</b>	Problems in relationship with in-laws
<b>Z63.3</b>	Absence of family member
<b>Z63.4</b>	Disappearance and death of family member
<b>Z63.5</b>	Disruption of family by separation and divorce
<b>Z63.6</b>	Dependent relative needing care at home
<b>Z63.7</b>	Other stressful life events affecting family and household
<b>Z63.72</b>	Alcoholism and drug addiction in family
<b>Z63.8</b>	Other specified problems related to primary support group
<b>Z63.9</b>	Other problems related to primary support group, unspecified

**Problems related to certain psychosocial circumstances (Z64)**

<b>Z64.0</b>	Problems related to unwanted pregnancy
<b>Z64.1</b>	Problems related to multiparity
<b>Z64.4</b>	Discord with counselors

**Problems related to other psychosocial circumstances (Z65)**

<b>Z65.0</b>	Conviction in civil and criminal proceedings without imprisonment
<b>Z65.1</b>	Imprisonment and other incarceration
<b>Z65.2</b>	Problems related to release from prison
<b>Z65.3</b>	Problems related to other legal circumstances
<b>Z65.4</b>	Victim of crime and terrorism
<b>Z65.5</b>	Exposure to disaster, war and other hostilities
<b>Z65.8</b>	Other specified problems related to psychosocial circumstances
<b>Z65.9</b>	Problems related to unspecified psychosocial circumstances

**Problems related to medical facilities and other health care (Z75)**

<b>Z75.3</b>	Unavailability and inaccessibility of health care facilities
<b>Z75.4</b>	Unavailability and inaccessibility of other helping agencies

**Source:** American Hospital Association ICD-10-CM Coding for Social Determinants of Health

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