

In the event of a conflict between a Clinical Payment and Coding Policy and any plan document under which a member is entitled to Covered Services, the plan document will govern. Plan documents include but are not limited to, Certificates of Health Care Benefits, benefit booklets, Summary Plan Descriptions, and other coverage documents.

In the event of a conflict between a Clinical Payment and Coding Policy and any provider contract pursuant to which a provider participates in and/or provides Covered Services to eligible member(s) and/or plans, the provider contract will govern.

Providers are responsible for accurately, completely, and legibly documenting the services performed including any preoperative workup. The billing office is expected to submit claims for services rendered using valid codes from the Health Insurance Portability and Accountability Act (HIPPA) approved code sets. Claims should be coded appropriately according to industry standard coding guidelines including, but not limited to: Uniform Billing (UB) Editor, American Medical Association (AMA), Current Procedural Terminology (CPT®), CPT® Assistant, Healthcare Common Procedure Coding System (HCPCS), National Drug Codes (NDC), Diagnosis Related Group (DRG) guidelines, Centers for Medicare and Medicaid Services (CMS) National Correct Coding Initiative (CCI) Policy Manual, CCI table edits and other CMS guidelines. Claims are subject to the code auditing protocols for services/procedures billed.

## **Preventive Services Policy**

**Policy Number: CPCP006** 

Version 4.0

Enterprise Clinical Payment and Coding Policy Committee Approval Date: 07/12/2018

Effective Date: 11/1/2018 (Blue Cross and Blue Shield of Texas Only)

## Description

Section 2713 of the Affordable Care Act mandates that private health plans provide coverage of preventive services issued by the following agencies: The United States Preventive Services Task Force (USPSTF), the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC), and the Health Resources and Service Administration (HRSA) with respect to women's guidelines and guidelines for infants, children, and adolescents. These services are available at no cost-share when obtained by a member covered under a non-grandfathered plan. This applies to members belonging to an individual, small group, large group, and self-insured plans. There is no copay, deductible or coinsurance, even if the individual or family deductible or out-of-pocket maximum has not been met as long as the member utilizes a provider in the plan's network.

The Patient Protection and Affordable Care Act of 2010, does not mandate that preventive services be covered at no member cost-share when obtained out-of-network. Members that obtain preventive services out of their network will be subject to copay, deductible, and coinsurance.

Grandfathered plans are plans that have been in existence prior to March 23, 2010, and are exempt from the requirement of providing preventive services at no member cost share. Grandfathered plans have the opportunity to elect to provide coverage of preventive services at no member cost share, but are not required to do so.

The following acronyms have been utilized throughout this reimbursement policy

ACIP: Advisory Committee on Immunization Practices
CDC: Centers for Disease Control and Prevention
FDA: United States Food and Drug Administration
HRSA: Health Resources and Services Administration
PPACA: Patient Protection and Affordable Care Act of 2010

USPSTF: United States Preventive Services Task Force

The United States Preventive Services Task Force (USPSTF) applies a letter grade for each of the recommendations that are released. The grade definitions for USPSTF recommendations released after July 2012 are as follows <a href="https://www.uspreventiveservicestaskforce.org/Page/Name/grade-definitions">https://www.uspreventiveservicestaskforce.org/Page/Name/grade-definitions</a>

Following the recommendation of the United States Preventive Services Task Force coverage of Grade "A" and "B" recommendations is provided at no member cost share for members with a non-grandfathered health plan. The United States Preventive Services Task Force published recommendations can be found at https://www.uspreventiveservicestaskforce.org/BrowseRec/Index

Grade	Definition
Α	The USPSTF recommends the service. There is high
	certainty that the net benefit is substantial.
В	The USPSTF recommends the service. There is high
	certainty that the net benefit is moderate or there is
	moderate certainty that the net benefit is moderate to
	substantial.
С	The USPSTF recommends selectively offering or providing
	this service to individual patients based on professional
	judgment and patient preferences. There is at least
	moderate certainty that the net benefit is small.
D	The USPSTF recommends against the service. There is
	moderate or high certainty that the service has no net
	benefit or that the harms outweigh the benefits.
The USPSTF concludes that the current evidence is	
•	insufficient to assess the balance of benefits and harms
	of the service. The evidence is lacking, of poor quality, or
	conflicting, and the balance of benefits and harms cannot
	be determined.

The Advisory Committee on Immunization Practices (ACIP) publishes recommendations on the safe utilization of vaccines. ACIP's recommendations include immunization schedules for children and adolescents as well as adults which can be found at

https://www.cdc.gov/vaccines/schedules/hcp/index.html. Travel Immunizations such as, but not limited to, Japanese Encephalitis, Typhoid, Yellow Fever, and Small Pox are excluded from Preventive Service coverage. Other excluded vaccinations include Anthrax, Bacille Calmette Guerin for Tuberculosis (BCG), and Rabies which are not required by the Patient Protection and Affordable Care Act of 2010. Immunizations should be administered in accordance with the ACIP Recommended Child and Adult Immunization Schedules or in accordance with state law or regulations.

The Health Resources and Services Administration (HRSA) releases Women's Preventive Services guidelines that are aimed at improving women's health by recommending certain preventive services that should be obtained in the clinical setting. HRSA's list of recommendations can be obtained at https://www.hrsa.gov/womensguidelines2016/index.html

The Health Resources and Services Administration (HRSA) endorses preventive guidelines established by the American Academy of Pediatrics for the health and well-being of infants, children, and adolescents. These recommendations are referred to as Bright Futures and the comprehensive list of Bright Future's recommendations can be found at

https://www.aap.org/en-us/Documents/practicet periodicity AllVisits.pdf

#### **Reimbursement Information:**

Preventive care or preventive medicine refers to measures or services taken to promote health and early detection/prevention of disease(s) and injuries rather than treating them and/or curing them. Preventive care may include examinations and screening tests tailored to an individual's age, health, and family history.

Certain preventive care services may be considered eligible for coverage under the member's benefit plan as required by the Affordable Care Act and/or an applicable state mandate. In general, these services include but are not limited to, screenings, immunizations, and other types of care as recommended by the United States Federal Government.

These services are not subject to the application of cost-sharing such as co-payments, co-insurance or deductibles when they are considered eligible for coverage and are provided by a network provider. In order for preventive claims to process at the preventive level with no member cost share, the claim must include a preventive diagnosis code, a preventive procedure code, meet medical policy review criteria, and fall within the guidelines issued by the USPSTF, ACIP, HRSA, or Bright Futures.

Health care providers (facilities, physicians and other health care professionals) are expected to exercise independent medical judgment in providing care to patients. This Preventive Services Reimbursement policy is not intended to impact care decisions or medical practice. Providers are responsible for accurately, completely, and legibly documenting the services performed.



The billing office is expected to submit claims for services rendered using valid codes from HIPAA-approved code sets.

The following grid provides a list of the recommendations released by the USPSTF, ACIP, HRSA, or Bright Futures along with the corresponding procedure codes and diagnosis codes deemed to be preventive.

#### **USPSTF Recommendations:**

Abdominal Aortic Aneurysm Screening  USPSTF "B" Recommendation June 2014 The USPSTF recommends one-time screening for abdominal aortic aneurysm (AAA) with ultrasonography in men ages 65 to 75 years who have ever smoked.  Abnormal Blood Glucose and Type 2 Diabetes Mellitus Screening  USPSTF "B" Recommendation October 2015 The USPSTF recommends screening for abnormal blood glucose as part of cardiovascular risk assessment in adults aged 40 to 70 years who are overweight or obese.	
USPSTF "B" Recommendation June 2014 The USPSTF recommends one-time screening for abdominal aortic aneurysm (AAA) with ultrasonography in men ages 65 to 75 years who have ever smoked.  Abnormal Blood Glucose and Type 2 Diabetes Mellitus Screening  USPSTF "B" Recommendation October 2015 The USPSTF recommends screening for abnormal blood glucose as part of cardiovascular risk assessment in adults aged	riteria:
USPSTF "B" Recommendation June 2014 The USPSTF recommends one-time screening for abdominal aortic aneurysm (AAA) with ultrasonography in men ages 65 to 75 years who have ever smoked.  Abnormal Blood Glucose and Type 2 Diabetes Mellitus Screening  USPSTF "B" Recommendation October 2015 The USPSTF recommends screening for abnormal blood glucose as part of cardiovascular risk assessment in adults aged	is code in
for abdominal aortic aneurysm (AAA) with ultrasonography in men ages 65 to 75 years who have ever smoked.  Abnormal Blood Glucose and Type 2 Diabetes Mellitus Screening  USPSTF "B" Recommendation October 2015 The USPSTF recommends screening for abnormal blood glucose as part of cardiovascular risk assessment in adults aged	
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Abnormal Blood Glucose and Type 2 Diabetes Mellitus Screening  USPSTF "B" Recommendation October 2015 The USPSTF recommends screening for abnormal blood glucose as part of cardiovascular risk assessment in adults aged	
Diabetes Mellitus Screening  82951, 83036, 82952  Diagnosis List 1  USPSTF "B" Recommendation October 2015  The USPSTF recommends screening for abnormal blood glucose as part of cardiovascular risk assessment in adults aged	
USPSTF "B" Recommendation October 2015 The USPSTF recommends screening for abnormal blood glucose as part of cardiovascular risk assessment in adults aged	is code in
The USPSTF recommends screening for abnormal blood glucose as part of cardiovascular risk assessment in adults aged	
abnormal blood glucose as part of cardiovascular risk assessment in adults aged	
cardiovascular risk assessment in adults aged	
10 to 70 years who are everyeight or chose	
,	
Clinicians should offer or refer patients with	
abnormal blood glucose to intensive	
behavioral counseling interventions to	
promote a healthful diet and physical activity.	
Alcohol Misuse Screening and Behavioral 99385, 99386, 99387,	
Counseling Interventions in Primary Care 99395, 99396, 99397,	
99408, 99409,	
USPSTF "B" Recommendation May 2013  The USPSTF recommended that eliminary CO443 CO443	
The USPSTF recommends that clinicians G0442, G0443	
screen adults aged 18 years or older for alcohol misuse and provide persons engaged	
in risky or hazardous drinking with brief	
behavioral counseling interventions to reduce	
alcohol misuse	

Aspirin Use to Prevent Cardiovascular Disease and Colorectal Cancer Preventive Medication  USPSTF "B" Recommendation April 2016 The USPSTF recommends initiating low-dose aspirin use for the primary prevention of cardiovascular disease (CVD) and colorectal cancer (CRC) in adults aged 50 to 59 years who have a 10% or greater 10-year CVD risk, are not at increased risk for bleeding, have a life expectancy of at least 10 years, and are willing to take low-dose aspirin daily for at least 10 years.		For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.  Prescription required  Coverage includes 81 mg dosage for generics
Asymptomatic Bacteriuria in Adults Screening  USPSTF "A" Recommendation July 2008 The USPSTF recommends screening for asymptomatic bacteriuria with urine culture for pregnant women at 12 to 16 weeks' gestation or at their first prenatal visit, if later.	81007, 87086, 87088	
BRCA-Related Cancer Risk Assessment, Genetic Testing  USPSTF "B" Recommendation December 2013 The USPSTF recommends that primary care providers screen women who have family members with breast, ovarian, tubal, or peritoneal cancer with 1 of several screening tools designed to identify a family history that may be associated with an increased risk for potentially harmful mutations in breast cancer susceptibility genes (BRCA1 or BRCA2). Women with positive screening results should receive genetic counseling and if indicated after counseling, BRCA testing.	81211, 81212, 81213, 81214, 81215, 81216, 81217, 81162, 96040, 99385, 99386, 99387, 99395, 99396, 99397, 99401, 99402, 99403, 99404, G0463, S0265	These services are subject to Medical Policy and prior authorization may be required  Procedure codes 81211-81217 reimbursable as preventive when submitted with one of the following primary diagnosis codes: Z80.3, Z80.41, Z85.3, Z85.43
Breast Cancer Medications for Risk Reduction  USPSTF "B" Recommendations September 2013		For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be



The USPSTF recommends that clinicians		managed by a company other
engage in shared, informed decision making		than BCBS.
with women who are at increased risk for		
breast cancer about medications to reduce		Prescription required.
their risk. For women who are at increased		
risk for breast cancer and at low risk for		Generic drugs Tamoxifen and
adverse medication effects, clinicians should		Raloxifene are reimbursable at
offer to prescribe risk-reducing medications,		the preventive level for ages 35
such as tamoxifen or raloxifene.		and over
Breast Cancer Screening	77061, 77062, 77063,	Payable with a diagnosis code in
LICECTE "D" December of detical leaves at 2010	77067	Diagnosis List 1
USPSTF "B" Recommendation January 2016 The USPSTF recommends biennial screening		
mammography for women aged 50 to 74		
years.		
Refer also to HRSA's 'Breast Cancer Screening		
for Women at Average Risk' recommendation		
Breastfeeding Primary Care Interventions	99401, 99402, 99403, 99404, 99411, 99412	Electric breast pumps limited to one per benefit period. Hospital
USPSTF "B" Recommendation October 2016		Grade breast pumps are limited to
The USPSTF recommends providing	A4281, A4282,	rental only.
interventions during pregnancy and after	A4283, A4284,	
birth to support breastfeeding.	A4285, A4286,	Additional reimbursement
Refer also to URCA's (Presetfeeding Comises	E0602, E0603, E0604,	information available within the
Refer also to HRSA's 'Breastfeeding Services and Supplies' recommendation	S9443	"Breastfeeding Equipment and Supplies"
dia Supplies recommendation		Supplies
Cervical Cancer Screening	99385, 99386, 99387,	Payable with a diagnosis code in
	99395, 99396,99397	Diagnosis List 1
USPSTF "A" Recommendation March 2012		
The USPSTF recommends screening for	G0101, 88141,	
cervical cancer in women age 21 to 65 years	88142, 88143, 88147,	
with cytology (Pap smear) every 3 years or,	88148, 88150, 88152,	
for women age 30 to 65 years who want to lengthen the screening interval, screening	88153, 88155, 88164, 88165, 88166, 88167,	
with a combination of cytology and human	88174, 88175,	
papillomavirus (HPV) testing every 5 years.	G0123, G0124,	
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Refer also to HRSA's 'Cervical Cancer	G0144, G0145,	
Screening' recommendation	G0147, G0148,	
	P3000, P3001,	
	Q0091, 87623,	
	87624, 87625, S0610,	
	S0612, 0500T	
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Chlamydia Screening  USPSTF "B" Recommendations September 2014  The USPSTF recommends screening for chlamydia in sexually active women age 24 years and younger and in older women who are at increased risk for infection.	86631, 86632, 87110, 87270, 87320, 87490, 87491, 87492, 87801, 87810	Payable with a diagnosis code in Diagnosis List 1
USPSTF "A" Recommendation June 2016 The USPSTF recommends screening for colorectal cancer starting at age 50 years and continuing until age 75 years.  The risks and benefits of different screening methods vary.	82270, 82274, G0328, 44388, 44389,44392, 44394, 44401, 44404, 45378,45380, 45381,45384, 45385,45388, G0105, G0106, G0120, G0121, G0122,45330, 45331, 45333,45335, 45338,45346, 74263, 88304, G0104, 99201, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, S0285, 00812, 00813	Certain colorectal cancer screening services may be subject to medical policy criteria and may require prior authorization  Modifier 33 or PT may be applied  In the instance that a polyp is removed during a preventive colonoscopy, the colonoscopy, as well as the removal of the polyp and the labs and services related to the colonoscopy, are reimbursable at the preventive level.  Sedation procedure codes 99152, 99153, 99156, 99157, and G0500 will process at the preventive level when billed with a diagnosis of Z12.11 or Z12.12  Procedure code 74263 is reimbursable at the preventive level when billed with one of the following three diagnosis codes: Z00.00, Z12.11, Z12.12
USPSTF "A" Recommendation March 2008 The USPSTF recommends screening for congenital hypothyroidism in newborns.	84436, 84437, 84443, 99381, S3620	
Dental Caries in Children from Birth Through Age 5 Years Screening  USPSTF "B" Recommendation May 2014 The USPSTF recommends that primary care clinicians prescribe oral fluoride	99188	Prescription required for both over-the-counter (OTC) and prescription medications



supplementation starting at age 6 months for children whose water supply is deficient in fluoride.  USPSTF "B" Recommendation May 2014 The USPSTF recommends that primary care clinicians apply fluoride varnish to the primary teeth of all infants and children starting at the age of primary tooth eruption.		
Depression Screening Adults  USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.	99385, 99386, 99387, 99395, 99396, 99397, 96127, 96160, 96161 G0444	Payable with a diagnosis code in Diagnosis List 1  Procedure Code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z13.89
Depression in Children and Adolescents Screening  USPSTF "B" Recommendation February 2016 The USPSTF recommends screening for a major depressive disorder (MDD) in adolescents aged 12 to 18 years. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.  Refer also to Bright Futures 'Depression Screening' recommendation	99384, 99385, 99394, 99395, 96127, G0444	Payable with a diagnosis in Diagnosis List 1  Procedure Code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129 or Z13.89
Falls Prevention In Community Dwelling Older Adults: Interventions  USPSTF "B" Recommendation April 2018 The USPSTF recommends exercise interventions to prevent falls in community-dwelling adults aged 65 years or older who are at increased risk for falls.	97110, 97112, 97116, 97150, 97161, 97162, 97163, 97164, 97165, 97166, 97167, 97168, 97530	Prescription required  Over-the-counter (OTC) Vitamin D (400-1000 I.U.) only.  Procedure codes 97110, 97112, 97116, 97150, 97161, 97162, 97163, 97164, 97165, 97166, 97167, 97168, and 97530 reimbursable with a diagnosis of Z91.81

Folic Acid for the Prevention of Neural Tube Defects: Preventive Medication  USPSTF "A" Recommendation January 2017 The USPSTF recommends that all women who are planning or capable of pregnancy take a daily supplement containing 0.4 to 0.8 mg (400 to 800 μg) of folic acid.		Prescription required  Over-the-counter (OTC) only
USPSTF "B" Recommendation January 2014 The USPSTF recommends screening for gestational diabetes mellitus (GDM) in asymptomatic pregnant women after 24 weeks of gestation.  Refer also to HRSA's 'Gestational Diabetes' recommendation	36415, 82947, 82948, 82950, 82951, 82952, 83036	Payable with a pregnancy diagnosis
USPSTF "B" Recommendation September 2014 The USPSTF recommends screening for gonorrhea in sexually active women age 24 years and younger and in older women who are at increased risk for infection.	87801, 87590, 87591, 87592, 87850	Payable with a diagnosis code in Diagnosis List 1
Healthful Diet and Physical Activity for Cardiovascular Disease Prevention in Adults with Cardiovascular Risk Factors: Behavioral Counseling  USPSTF "B" Recommendation August 2014 The USPSTF recommends offering or referring adults who are overweight or obese and have the additional cardiovascular disease (CVD) risk factors to intensive behavioral counseling interventions to promote a healthful diet and physical activity for CVD prevention.	99385, 99386, 99387, 99395, 99396, 99397, G0438, G0439, G0446, S9451, S9452, S9470, 97802, 97803, 97804, G0270, G0271, 99078, 99401, 99402, 99403, 99404, 99411, 99412, G0473	
Hepatitis B in Pregnant Women Screening  USPSTF "A" Recommendation June 2009  The USPSTF recommends screening for hepatitis B virus (HBV) infection in pregnant women at their first prenatal visit.	80055, 87340, 87341, 80074, 80076, G0499, 36415	Payable with a diagnosis code in Diagnosis List 1



Hepatitis B Virus Infection Screening	80055, 87340, 87341, 80074, 80076	Payable with a diagnosis code in Diagnosis List 1
USPSTF "B" Recommendation May 2014		
The USPSTF recommends screening for		
hepatitis B virus (HBV) infection in persons at		
high risk for infection.		
Hepatitis C Screening	86803, 86804, G0472	
USPSTF "B" Recommendation June 2013 The USPSTF recommends screening for hepatitis C virus (HCV) infection in persons at high risk for infection. The USPSTF also recommends offering 1-time screening for HCV infection to adults born between 1945 and 1965.		
High Blood Pressure in Adults Screening	93784, 93786, 93788,	Procedure codes 93784, 93786,
USPSTF "A" Recommendation October 2015 The USPSTF recommends screening for high blood pressure in adults aged 18 years or older. The USPSTF recommends obtaining measurements outside of the clinical setting for diagnostic confirmation before starting treatment	93790, 99385, 99386, 99387, 99395, 99396, 99397	93788, and 93790 are reimbursable at the preventive level when billed with one of the following diagnosis codes: R03.0, R03.1 Z01.30 Z01.31
Human Immunodeficiency Virus (HIV)	87806, 87389, 87390,	
Infection Screening for Non-Pregnant	87391, G0432,	
Adolescents and Adults	G0433, G0435	
USPSTF "A" Recommendation April 2013 The USPSTF recommends that clinicians screen for HIV infection in adolescents and adults aged 15 to 65 years. Younger adolescents and older adults who are at increased risk should also be screened.		
Refer also to HRSA's 'HIV Screening and		
Counseling' recommendation		
Refer also to Bright Future's 'STI/HIV Screening' recommendation		



Human Immunodeficiency Virus (HIV) Infection Screening for Pregnant Women  USPSTF "A" Recommendation April 2013 The USPSTF recommends that clinicians screen all pregnant women for HIV, including those who present in labor who are untested and whose HIV status is unknown.  Refer also to HRSA's 'HIV Screening and Counseling' recommendation  Refer also to Bright Future's 'STI/HIV	36415, 86689, 86701, 86702, 86703, 87389, 87390, 87391, 87806, G0432, G0433, G0435, G0475	
Screening' recommendation		
Intimate Partner Violence and Abuse of Elderly and Vulnerable Adults Screening  USPSTF "B" Recommendation January 2013 The U.S. Preventive Services Task Force (USPSTF) recommends that clinicians screen women of childbearing age for intimate partner violence (IPV), such as domestic violence, and provide or refer women who screen positive to intervention services.	99201, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99384, 99385, 99386,99387, 99394, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, S0610, S0612, S0613	
Latent Tuberculosis Infection Screening  USPSTF "B" Recommendation September 2016  The USPSTF recommends screening for latent tuberculosis infection (LTBI) in populations at increased risk.	86480, 86481, 86580	Payable with a diagnosis code in Diagnosis List 1
Low-Dose Aspirin Use for the Prevention of Morbidity and Mortality from Preeclampsia: Preventive Medication  USPSTF "B" Recommendation September 2014 The USPSTF recommends the use of low-dose aspirin (81 mg/d) as preventive medication after 12 weeks of gestation in women who are at high risk for preeclampsia.		Prescription required  Coverage includes 81 mg dosage for generics  For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.

USPSTF "B" Recommendation December 2013 The USPSTF recommends annual screening for lung cancer with low-dose computed tomography (LDCT) in adults aged 55 to 80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.	G0296, G0297	Subject to medical policy criteria and may require preauthorization. Procedure code G0297 is reimbursable at the preventive level if it meets medical policy criteria and is billed with one of the following diagnosis codes: F17.200, F17.201, F17.211, F17.220, F17.221, F17.290, F17.291, Z12.2, Z87.891
Obesity in Adults Screening and Counseling  USPSTF "B" Recommendation June 2012  The USPSTF recommends screening all adults for obesity. Clinicians should offer or refer patients with a body mass index (BMI) of 30 kg/m2 or higher to intensive, multicomponent behavioral interventions.	97802, 97803, 97804, 99385, 99386, 99387, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, 99078, G0447, G0473	
Obesity in Children and Adolescents Screening  USPSTF "B" Recommendation June 2017 The USPSTF recommends that clinicians screen for obesity in children and adolescents 6 years and older and offer them or refer them to comprehensive, intensive behavioral interventions to promote improvement in weight status.	97802, 97803, 99383, 99384, 99385, 99393, 99401, 99402, 99403, 99404, 99411, 99412, G0446, G0447, G0473	
Ocular Prophylaxis for Gonococcal Ophthalmia Neonatorum Preventive Medication  USPSTF "A" Recommendation July 2011 The USPSTF recommends prophylactic ocular topical medication for all newborns for the prevention of gonococcal ophthalmia neonatorum.		When billed under inpatient medical
Osteoporosis Screening  USPSTF "B" Recommendation January 2011	76977, 77078, 77080, 77081, 78350, 78351, G0130	Payable with a diagnosis code in Diagnosis List 1

The USPSTF recommends screening for osteoporosis in women aged 65 years and older and in younger women whose fracture risk is equal to or greater than that of a 65-year-old white woman who has no additional risk factors.  Phenylketonuria in Newborns Screening  USPSTF "A" Recommendation March 2008	84030, 99381, S3620	Procedure codes 84030 and S3620 reimbursable at the preventive level for children 0-90 days old
The USPSTF recommends screening for phenylketonuria in newborns.		
Preeclampsia Screening  USPSTF "B" Recommendation April 2017 The USPSTF recommends screening for preeclampsia in pregnant women with blood pressure measurements throughout pregnancy		Preeclampsia screening is done through routine blood pressure measurements
Rh(D) Incompatibility Screening  USPSTF "A" Recommendation February 2004 The USPSTF strongly recommends Rh(D) blood typing and antibody testing for all pregnant women during their first visit for pregnancy-related care.  USPSTF "B" Recommendation February 2004 The USPSTF recommends repeated Rh(D) antibody testing for all unsensitized Rh(D)- negative women at 24 to 28 weeks' gestation unless the biological father is known to be Rh(D)-negative.	80055, 86850, 86870, 86900, 86901, 36415	
Sexually Transmitted Infections Behavioral Counseling  USPSTF "B" Recommendation September 2014 The USPSTF recommends intensive behavioral counseling for all sexually active adolescents and for adults who are at increased risk for sexually transmitted infections (STIs).  Refer also to HRSA's 'Sexually Transmitted Infections Counseling' recommendation	99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, G0445	

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Sickle Cell Disease (Hemoglobinopathies)	83020, 83021, 83030,	
in Newborns Screening	83033, 83051, 85004, 85013, 85014, 85018,	
USPSTF "A" Recommendation September	85025, 85027, 99381,	
2007	G0306, G0307,	
The USPSTF recommends screening for sickle	S3620, S3850	
cell disease in newborns.		
Skin Cancer Counseling		
USPSTF "B" Recommendation March 2018		
The USPSTF recommends counseling young		
adults, adolescents, children, and parents of		
young children about minimizing exposure to		
ultraviolet (UV) radiation for persons aged 6		
months to 24 years with fair skin types to		
reduce their risk of skin cancer.		
Statin Use for the Primary Prevention of	80061, 82465, 83700,	Effective 12/1/2017:
Cardiovascular Disease in Adults Preventive	83718, 83719, 83721,	Prescription required
Medication	84478	
		Ages 40-75 only
<u>USPSTF "B" Recommendation November</u>		
<u>2016</u>		Lovastatin 20mg, 40mg
The USPSTF recommends that adults without		Pravastatin 20mg, 40mg, 80mg
a history of cardiovascular disease (CVD) (i.e.,		
symptomatic coronary artery disease or		For details about pharmacy
ischemic stroke) use a low- to moderate-dose		benefit coverage, contact the
statin for the prevention of CVD events and		number on the patient's BCBS
mortality when all of the following criteria are		member card. A patient's
met: 1) they are aged 40 to 75 years; 2) they		pharmacy benefit may be
have 1 or more CVD risk factors (i.e.,		managed by a company other
dyslipidemia, diabetes, hypertension, or		than BCBS.
smoking); and 3) they have a calculated 10-		
year risk of a cardiovascular event of 10% or		
greater.		
Identification of dyslipidemia and calculation		
of 10-year CVD event risk requires universal		
lipids screening in adults aged 40 to 75 years.		
Syphilis Infection in Nonpregnant Adults and	86592, 86780	
Adolescents Screening		
SPSTF "A" Recommendation June 2016		
The USPSTF recommends screening for		
syphilis infection in persons who are at		
increased risk for infection.		

Syphilis Infection in Pregnancy Screening  USPSTF "A" Recommendation May 2009  The USPSTF recommends that clinicians screen all pregnant women for syphilis infection.	80055, 86592, 86593, 36415	
Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions  USPSTF "A" Recommendation September 2015 The USPSTF recommends that clinicians ask all adults about tobacco use, advise them to stop using tobacco, and provide behavioral interventions and U.S. Food and Drug Administration (FDA)—approved pharmacotherapy for the cessation to adults who use tobacco.  USPSTF "A" Recommendation September 2015 The USPSTF recommends that clinicians ask all pregnant women about tobacco use, advise them to stop using tobacco, and provide behavioral interventions for the cessation for pregnant women who use tobacco.	99401, 99402, 99403, 99404, 99406, 99407, G9016, S9453	Two 90-day treatment regimens per benefit period. The 90-day treatments are at the discretion of the provider working with the member  Prescription required for all pharmacotherapy interventions  Cuprobam (bupropion SR 150 mg tablets) Chantix Nicotrol Inhaler Nicotrol NS Nicotine Transdermal Kits Generic gum and lozenges (nicotine polacrilex 2 mg, 4 mg)  For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.
Tobacco Use in Children and Adolescents Primary Care Interventions  USPSTF "B" Recommendation August 2013 The USPSTF recommends that primary care clinicians provide interventions, including education or brief counseling, to prevent initiation of tobacco use among school-aged children and adolescents.	99401, 99402, 99403, 99404, 99406, 99407, G9016, S9453	Refer to Preventive Services Recommendation for Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions

Vision Screening in Children	99172, 99173, 0333T	
USPSTF "B" Recommendation September 2017 The USPSTF recommends vision screening at least once in all children aged 3 to 5 years to detect amblyopia or its risk factors.		

## **HRSA Recommendations:**

Service:	Procedure	Additional Reimbursement Criteria:
	Code(s):	
Breast Cancer Screening for	77061, 77062, 77063,	Payable with a diagnosis code in Diagnosis List 1
Women at Average Risk	77065, 77066, 77067, G0279	
HRSA Recommendation		
December 2016		
The Women's Preventive		
Services Initiative		
recommends that average-		
risk women initiate		
mammography screening no		
earlier than age 40 and no		
later than age 50. Screening		
mammography should occur		
at least biennially and as		
frequently as annually.		
Screening should continue		
through at least age 74 and		
age alone should not be the		
basis to discontinue		
screening. These screening		
recommendations are for		
women at average risk of		
breast cancer. Women at		
increased risk should also		
undergo periodic		
mammography screening,		
however, recommendations		
for additional services are		
beyond the scope of this		
recommendation.		
Refer also to USPSTF's		
'Breast Cancer Screening'		
recommendation		

Breastfeeding Services and	E0602, E0603, E0604,	Electric breast pumps limited to one per benefit
Supplies	A4281, A4282,	period. Hospital Grade breast pumps are limited to
	A4283, A4284,	rental only.
HRSA Recommendation	A4285, A4286, S9443,	
December 2016	99401, 99402, 99403,	Additional reimbursement information available
The Women's Preventive	99404, 99411, 99412,	within the "Breastfeeding Equipment and
Services Initiative	99347, 99348, 99349,	Supplies" Coverage
recommends comprehensive	99350	
lactation support services		
(including counseling,		
education, and breastfeeding		
equipment and supplies)		
during the antenatal,		
perinatal, and the		
postpartum period to ensure		
the successful initiation and		
maintenance of		
breastfeeding.		
Refer also to USPSTF's		
'Breastfeeding Primary Care		
Interventions'		
recommendation		
Cervical Cancer Screening	99385, 99386, 99387,	Payable with a diagnosis code in Diagnosis List 1
	99395, 99396, 99397,	
HRSA Recommendation	G0101, 88141, 88142,	
December 2016	88143, 88147, 88148,	
The Women's Preventive	88150, 88152, 88153,	
Services Initiative	88155, 88164, 88165,	
recommends cervical cancer	88166, 88167, 88174,	
screening for average-risk	88175, G0123,	
women aged 21 to 65 years.	G0124, G0141,	
For women aged 21 to 29	G0143, G0144,	
years, the Women's	G0145, G0147,	
Preventive Services Initiative recommends cervical cancer	G0148, P3000, P3001, Q0091, 87623, 87624,	
screening using cervical	S0610, S0612	
cytology (Pap test) every 3	30010, 30012	
years. Co-testing with		
cytology and human		
papillomavirus testing is not		
recommended for women		
recommended for women		

younger than 30 years.
Women aged 30 to 65 years
should be screened with
cytology and human
papillomavirus testing every
5 years or cytology alone
every 3 years. Women who
are at average risk should
not be screened more than
once every 3 years.

Refer also to USPSTF 'Cervical Cancer Screening' recommendation

# Contraceptive Methods and Counseling

HRSA Recommendation December 2016 The Women's Preventive Services Initiative recommends that adolescent and adult women have access to the full range of female-controlled contraceptives to prevent unintended pregnancy and improve birth outcomes. Contraceptive care should include contraceptive counseling, initiation of contraceptive use, and follow-up care (e.g., management, and evaluation as well as changes to and removal or discontinuation of the contraceptive method). The Women's **Preventive Services Initiative** recommends that the full range of female-controlled U.S. Food and Drug Administration-approved contraceptive methods, effective family planning practices, and sterilization procedures are available as

A4268, A4269, 57170, 74740, 96372, 11976, 11981, 11982, 11983, 58300, 58301, A4261, A4264, A4266, S4981, S4989, J1050, J7297, J7298, J7300, J7301, J7303, J7304, J7306, J7307, 58600, 58605, 58611, 58615, 58661 58565, 58670, 58671, 58340, J7296

Contraception methods that require a prescription may be covered under the patient's medical or pharmacy benefit. For details about pharmacy benefit coverage for contraception, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.

Visits pertaining to contraceptive counseling, initiation of contraceptive use, and follow-up care may also apply to procedure codes under HRSA's 'Well-Woman' recommendation

Procedure code 58340 reimbursable at the preventive level only when accompanied with modifier 33 or one of the following diagnosis codes: Z30.2, Z30.40, Z30.42, Z30.49, Z98.51,

Procedure codes 11981, 11982, and 11983 (are covered only when FDA approved contraceptive implant insertion or removal are performed) are reimbursable at the preventive level when billed with one of the following diagnosis codes: 230.013, 230.014, 230.017, 230.018, 230.19, 230.09, 230.40, 230.42, 230.430, 230.432, 230.433, 230.46, 230.49, 230.8, 230.9

Procedure code 58661 reimbursable at the preventive level with a diagnosis of Z30.2

For the list of contraceptive methods that may be covered, visit your health plan website.

part of contraceptive care.		
The full range of		
contraceptive methods for		
women currently identified		
by the U.S. Food and Drug		
Administration include: (1)		
sterilization surgery for		
women, (2) surgical		
sterilization via implant for		
women, (3) implantable		
rods, (4) copper intrauterine		
devices, (5) intrauterine		
devices with progestin (all		
durations and doses), (6) the		
shot or injection, (7) oral		
contraceptives (combined		
pill), 8) oral contraceptives		
(progestin only, and), (9) oral		
contraceptives (extended or		
continuous use), (10) the		
contraceptive patch, (11)		
vaginal contraceptive rings,		
(12) diaphragms, (13)		
contraceptive sponges, (14)		
cervical caps, (15) female		
condoms, (16) spermicides,		
and (17) emergency		
contraception		
(levonorgestrel), and (18)		
emergency contraception		
(ulipristal acetate), and		
additional methods as		
identified by the FDA.		
Additionally, instruction in		
fertility awareness-based		
methods, including the		
lactation amenorrhea		
method, although less		
effective, should be provided		
for women desiring an		
alternative method.		
Diabetes Mellitus Screening	82947, 82948, 82950,	Payable with a diagnosis code in Diagnosis List 1
after Pregnancy	82951, 83036	, , , , , , , , , , , , , , , , , , , ,
HRSA Recommendation		
December 2017		
The Women's Preventive		
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Services Initiative		
recommends women with a		
history of gestational		
diabetes mellitus (GDM) who		
are not currently pregnant		
and who have not been		
previously diagnosed with		
type 2 diabetes mellitus		
should be screened for		
diabetes mellitus.		
<b>Gestational Diabetes</b>	82947, 82948, 82950,	Payable with a pregnancy diagnosis
	82951, 83036	
HRSA Recommendation		
December 2016		
The Women's Preventive		
Services Initiative		
recommends screening		
pregnant women for		
gestational diabetes mellitus		
after 24 weeks of gestation		
(preferably between 24 and		
28 weeks of gestation) in		
order to prevent adverse		
birth outcomes. Screening		
with a 50-g oral glucose		
challenge test (followed by a		
3-hour 100- g oral glucose		
tolerance test if results on		
the initial oral glucose		
challenge test are abnormal)		
is preferred because of its		
high sensitivity and		
specificity. The Women's		
Preventive Services Initiative		
suggests that women with		
risk factors for diabetes		
mellitus be screened for		
preexisting diabetes before		
24 weeks of gestation—		
ideally at the first prenatal		
visit, based on current		
clinical best practices		
Refer also to USPSTF's		
'Gestational Diabetes		
Mellitus Screening'		
recommendation		



## Human Immune-Deficiency Virus Counseling & Screening

**HRSA Recommendation** December 2016 The Women's Preventive Services Initiative recommends prevention education and risk assessment for human immunodeficiency virus (HIV) infection in adolescents and women at least annually throughout the lifespan. All women should be tested for HIV at least once during their lifetime. Additional screening should be based on risk, and screening annually or more often may be appropriate for adolescents and women with an increased risk of HIV infection. Screening for HIV is recommended for all pregnant women upon initiation of prenatal care with retesting during pregnancy based on risk factors. Rapid HIV testing is recommended for pregnant women who present in active labor with an undocumented HIV status. Screening during pregnancy enables prevention of

Refer also to USPSTF's
'Human Immunodeficiency
Virus (HIV) Infection
Screening for Pregnant and
Non-Pregnant Adolescents
and Adults' recommendation
Refer also to Bright Future's
'STI/HIV' Screening'
recommendations

vertical transmission.

36415, 86689, 86701, 86702, 86703, 87389, 87390, 87391, 87806, G0432, G0433, G0435, G0475 Payable when billed with a diagnosis in Diagnosis List 1

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Human Papillomavirus Testing (HPV)	87623, 87624, 87625, G0476, 0500T	Payable with a diagnosis in Diagnosis List 1
HRSA Recommendation August 2012		
HRSA recommends high-risk human papillomavirus DNA testing in women with normal cytology results. Screening should begin at 30 years of age and should occur no more frequently than every 3 years		
Interpersonal and Domestic Violence Screening	99401, 99402, 99403, 99404, 99411, 99412, 99384, 99385, 99386,	
HRSA Recommendation December 2016 The Women's Preventive Services Initiative recommends screening adolescents and women for interpersonal and domestic	99387, 99394, 99395, 99396, 99397, 99201, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215	
violence at least annually, and, when needed, providing or referring for initial intervention services. Interpersonal and domestic violence includes physical		
violence, sexual violence, stalking and psychological aggression (including coercion), reproductive coercion, neglect, and the threat of violence, abuse, or		
both. Intervention services include but are not limited to, counseling, education, harm reduction strategies, and referral to appropriate supportive services.		

1	<u> </u>	
Sexually Transmitted	99401, 99402, 99403,	
Infections Counseling	99404, 99411, 99412,	
HRSA Recommendation	99384, 99385, 99386,	
December 2016	99387, 99394, 99395,	
The Women's Preventive	99396, 99397, G0445	
Services Initiative		
recommends directed		
behavioral counseling by a		
health care provider or		
another appropriately		
trained individual for		
sexually active adolescent		
and adult women at an		
increased risk for sexually		
transmitted infections (STIs).		
The Women's Preventive		1
Services Initiative		
recommends that health		
care providers use a		
woman's sexual history and		
risk factors to help identify		
those at an increased risk of		
STIs. Risk factors may include		
age younger than 25, a		
recent history of an STI, a		
new sex partner, multiple		
partners, a partner with		
concurrent partners, a		
partner with an STI, and a		
lack of or inconsistent		
condom use. For adolescents		
and women not identified as		
high risk, counseling to		
reduce the risk of STIs should		
be considered, as		
determined by clinical		
judgment.		
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
Refer also to USPSTF's		
'Sexually Transmitted		
Infections Behavioral		
Counseling' recommendation		
counseling recommendation		
Urinary Incontinence	There are no	Payable with a diagnosis in Diagnosis List 1
Screening	procedure codes	,
	specific to this	
HRSA Recommendation	service. This service	
December 2017	would be part of the	
The Women's Preventive		
c	l	

Services Initiative	preventive office	
recommends screening	visit.	
women for urinary		
incontinence annually.		
Screening should ideally		
assess whether women		
experience urinary		
incontinence and whether it		
impacts their activities and		
quality of life.		
Well-Woman Visits	99384, 99385, 99386,	Labs administered as part of a normal pregnancy
	99387, 99394, 99395,	reimbursable at the preventive level when billed
HRSA Recommendation	99396, 99397, G0101,	with a pregnancy diagnosis
December 2016	G0438, G0439,	
The Women's Preventive	99078, 99401, 99402,	
Services Initiative	99403, 99404, 99411,	
recommends that women	99412, 99408, 99409,	
receive at least one	G0396, G0442,	
preventive care visit per year	G0443, G0444	
beginning in adolescence		
and continuing across the		
lifespan to ensure that the		
recommended preventive		
services, including		
preconception, and many		
services necessary for		
prenatal and interconception		
care are obtained. The		
primary purpose of these		
visits should be the delivery		
and coordination of		
recommended preventive		
services as determined by		
age and risk factors.		

## **ACIP Recommendations:**

Service:	Procedure	Additional
	Code(s):	Reimbursement Criteria:
DTaP Vaccine	90696, 90698, 90700, 90702, 90723	
Hepatitis A Vaccine	90632, 90633, 90634, 90636	

Hepatitis B Vaccine	90739, 90740, 90743,	
nepatitis b vaccine	90744, 90746, 90747,	
	90748	
Haemophilus Influenzae Type B (Hib) Vaccine	90647, 90648	
Human Papillomavirus Vaccine (HPV)	90649, 90650, 90651	Payable with a diagnosis code in Diagnosis List 1
Influenza Vaccine	90630, 90653, 90654, 90655, 90656, 90657, 90658, 90660, 90661,90662, 90664, 90666, 90667, 90668, 90672, 90673, 90674 90682, 90685, 90686, 90687, 90688, 90756 Q2034, Q2035, Q2036, Q2037, Q2038, Q2039	
Measles, Rubella, Congenital Rubella Syndrome, and Mumps (MMR)	90707	
Measles, Mumps, Rubella, and Varicella (MMRV)	90710	
Meningococcal Vaccine	90644, 90733, 90734, 90620, 90621	
Pneumococcal Vaccine	90670, 90732	
Polio Vaccine	90713	
Rotavirus Vaccine	90680, 90681	
Tetanus Toxoid, Reduced Diphtheria Toxoid and Acellular Pertussis Vaccine (Tdap/Td)	90714, 90715	
Varicella Vaccine	90716	
Zoster (Shingles) Vaccine	90736, 90750	
Immunization Administration	90460, 90461, 90471, 90472, 90473, 90474, 90674, 90749	



## **Bright Futures Recommendations:**

Service:	Procedure	Additional		
	Code(s):	Reimbursement Criteria:		
Alcohol Use and Drug Use Assessment  Bright Futures	99408, 99409	Payable with a diagnosis code in Diagnosis List 1		
Recommends alcohol and drug use				
assessments for adolescents between the				
ages of 11 to 21 years				
Cervical Dysplasia Screening	Q0091	Payable with a diagnosis code in Diagnosis List 1		
Bright Futures				
Recommends cervical dysplasia screening for				
adolescents age 21 years of age				
Critical Congenital Heart Defect Screening	94760			
Bright Futures				
Recommends screening for critical congenital				
heart disease using pulse oximetry for				
newborns after 24 hours of age, before				
discharge from the hospital				
Depression Screening	96110	Payable with a diagnosis code in Diagnosis List 1		
Bright Futures		Diagnosis List 1		
Recommends depression screening for				
adolescents between the ages of 11 to 21				
years				
Refer also to USPSTF's 'Depression in Children				
and Adolescents Screening' recommendation				
Developmental Screening / Autism	96110	Payable with a diagnosis code in		
Screening		Diagnosis List 1		
Bright Futures				
Recommends developmental/autism				
screening for infants and young children				
between the ages of 9 months and 30				
months				

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Dyslipidemia Screening	80061, 82465, 83718, 84478	Payable with a diagnosis code in Diagnosis List 1			
Bright Futures Recommends dyslipidemia screening for children and adolescents between the ages of 24 months and 21 years of age					
Hearing Screening  Bright Futures Recommends hearing screenings for children and adolescents from birth through 21 years of age	92558, 92586, 92567, 92551	Procedure Codes 92586, 92567, and 92551 are reimbursable at the preventive level when billed for a member 0-21 years of age and with one of the three following diagnosis codes: Z0110, Z01110, Z01118			
Bright Futures Recommends hematocrit or hemoglobin screening for children and adolescents between the ages of four months and 21 years of age	36415, 36416, 85014, 85018	Payable with a diagnosis code in Diagnosis List 1			
HIV Screening	87389, 87390, 87391, 87806, G0432, G0433, G0435				
Bright Futures Recommends screening children between the ages of six months and six years for lead	36415, 36416, 83655	Payable with a diagnosis code in Diagnosis List 1			
Maternal Depression Screening	99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, 96127, G0444				
Newborn Bilirubin	82247, 82248	Payable with a diagnosis in Diagnosis List 1			
Newborn Blood Screening	S3620	Payable with a diagnosis code in Diagnosis List 1			
Oral Health  Bright Futures  Recommends oral health risk assessments beginning at six months of age	99211, 99212, 99188, 99381, 99382, 99383, 99384	Payable with a diagnosis code in Diagnosis List 1			

Prenatal Visit	99401, 99402, 99403,	Payable with a diagnosis code in
	99404	Diagnosis List 1
Preventive Medicine Services: New Patients	99381, 99382, 99383,	Payable with a diagnosis code in
	99384, 99385	Diagnosis List 1
Preventive Medicine Services: Established	99391, 99392, 99393,	Payable with a diagnosis code in
Patients	99394, 99395	Diagnosis List 1
STI/HIV Screening	86631, 86632, 86701,	Payable with a diagnosis code in
	86703, 87081, 87110,	Diagnosis List 1
Bright Futures	87210, 87270, 87320,	
Recommends screening for all sexually active	87490, 87491, 87590,	
patients	87591, 87800, 87801,	
	87810, 87850, 36415	
Refer also to USPSTF's 'Human		
Immunodeficiency Virus (HIV) Infection		
Screening for Pregnant and Non-Pregnant		
Adolescents and Adults' recommendations		
Refer also to HRSA's 'Sexually Transmitted		
Infections Counseling' recommendation		
Tuberculosis Testing	86580, 99211	Payable with a diagnosis code in Diagnosis List 1
Bright Futures		2.08.100.0 2.00 2
Recommends tuberculosis testing if the risk		
assessment is positive		
Mision Consoning	00173	Davable with a diagnosis sada is
Vision Screening	99173	Payable with a diagnosis code in Diagnosis List 1
Bright Futures		
Recommends vision screening for newborns		
through age 21 years		

Many of the services listed above may be performed for indications other than preventive care. In these situations, services may be covered by another provision of the individual's benefit plan and subject to applicable cost sharing.

#### **Diagnosis List 1**

Z00.00	Z00.01	Z00.110	Z00.111	Z00.121	Z00.129	Z0.08	Z01.411	Z01.419	Z02.83	Z11.1
Z11.3	Z11.4	Z11.51	Z12.11	Z12.12	Z12.2	Z12.31	Z12.39	Z12.4	Z12.5	Z13.0
Z13.1	Z13.220	Z13.4	Z13.5	Z13.6	Z13.820	Z23	Z30.011	Z30.012	Z30.013	Z30.014
Z30.015	Z30.016	Z30.017	Z30.018	Z30.019	Z30.02	Z30.09	Z30.40	Z30.41	Z30.42	Z30.430
Z30.431	Z30.432	Z30.433	Z30.44	Z30.45	Z30.46	Z30.49	Z30.8	Z30.9	Z32.2	Z71.41
Z71.51	Z71.6	Z71.7	Z71.82	Z71.83	Z86.32					

#### **Breastfeeding Equipment & Supplies**

Non-grandfathered plans provide coverage of manual, electric, and hospital grade breast pumps along with breastfeeding supplies at the preventive level.

Manual breast pumps utilize procedure code E0602 and are available for purchase and covered at the preventive level when obtained In-Network, Out-of-Network, or from Retail providers. Sales tax is excluded from retail purchases.

Electric breast pumps utilize procedure code E0603 and must be rented or purchased from an innetwork provider or a contracted durable medical equipment supplier. The models of breast pumps being provided at the preventive level are up to the individual provider's discretion. If a member chooses to obtain an upgraded model, they may be balance billed the difference between the allowance of the standard model and the cost of the upgraded model. Members are allowed one electric breast pump per benefit period.

\*Note: Retail providers such as Target, Wal-Mart, or online vendor are not licensed medical providers and therefore are considered out-of-network. Out-of-network coverage will follow the out of network benefit level for preventive services. This may include cost sharing and sales tax is excluded. \*

Hospital grade breast pumps utilize procedure code E0604 and are only covered when rented innetwork or from an in-network durable medical equipment supplier. Hospital grade breast pump coverage is up to the purchase price of \$1,000.00 or 12 months, whichever comes first. At the end of coverage, the unit must be returned to the durable medical equipment supplier. Members are allowed one breast pump per benefit period.

Breast pumps obtained from Out of Network providers are reimbursable at the Out of Network level.

The following breast pump supplies are reimbursable at the preventive level. Some limitations and restrictions may apply based on the group coverage for preventive services.

- A4281- Tubing for a breast pump, replacement, spare membranes, replacements
- A4282- Adapter for a breast pump, replacement
- A4283- Cap for breast pump bottle, replacement
- A4284- Breast shield and splash protector for use with breast pump, replacement
- A4285- Polycarbonate bottle for use with breast pump, replacement
- A4286- Locking ring for a breast pump, replacement



#### <u>Differentiating Preventive Care versus Diagnostic Care</u>

The following types of services are considered Preventive:

- Screenings intended to prevent illness or identify issues before symptoms are evident
- Counseling intervention as defined by a specific preventive recommendation

#### Examples of preventive services:

- A 60-year-old woman obtains her biennial mammogram to screen for breast cancer
- A patient who has been identified as having cardiovascular disease risk factors is referred for nutritional counseling
- A 50-year old patient obtains a colonoscopy to screen for colorectal cancer
- A 42-year-old patient goes to their doctor for their annual physical and receives a blood test to screen for an abnormal blood glucose

The following types of services are considered Diagnostic:

- The diagnosis of existing symptoms or abnormalities
- Treatment for specific health conditions, ongoing care, or other tests to manage a health condition

#### Examples of diagnostic services:

- A 60-year-old woman obtains a mammogram after noticing a lump in her breast
- A patient diagnosed with diabetes is referred for nutritional counseling to manage their condition
- A patient goes to their doctor for their annual physical and receives a blood test to check iron and liver function, and a urinalysis is requested

#### **Limitations and Exclusions**

- 1. <u>Services not reimbursable at the preventive level may be reimbursable under another portion of</u> the medical plan.
- 2. Breastfeeding equipment and supplies not listed underneath the "Breastfeeding Equipment and Supplies" section. This includes, but is not limited to
  - a. Batteries
  - b. Breastfeeding ointments, creams
  - c. Breast milk storage supplies including bags, freezer packs, etc.
  - d. Breast pump cleaning supplies
  - e. Breast pump traveling cases
  - f. Infant scales
  - g. Nursing bras
  - h. Nursing covers, scarfs



- 3. Immunizations that are not published in the Center for Disease Control's Morbidity and Mortality Weekly Report (MMWR) and/or are not on the list of "Vaccines Licensed for Use in the United States" by the United States Food and Drug Administration (FDA).
- 4. Prescription coverage may vary depending on the terms and conditions of the plans. A prescription may be required for coverage under the pharmacy benefit. The plan may also require that the generic drug is tried first before the brand version. Age limits, restrictions, and other requirements may apply. Members can verify their pharmacy benefits by calling the customer service number on the back of their ID card.
- 5. For OTC purchases, members will need to obtain a prescription from their provider and take it to the pharmacy to be filled.
- 6. If there is a medication not included, the member should consult their doctor for therapeutic alternatives first before submitting coverage exceptions to BCBS.

Each benefit plan, summary plan description or contract defines which services are covered, which services are excluded, and which services are subject to dollar caps or other limitations, conditions or exclusions. Members and their providers have the responsibility for consulting the member's benefit plan, summary plan description or contract to determine if there are any exclusions or other benefit limitations applicable to this service or supply. If there is a discrepancy between a MEDICAL POLICY and a member's benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract will govern.

#### **References:**

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## **Policy Update History:**

Approval Date	Description
06/23/2017	New policy, replaces medical policy ADM1001.030
07/14/2017	Removed codes 99174 and 99177.
12/06/2017	Coding and USPSTF updates
04/30/2018	Coding and USPSTF updates
07/12/2018	Coding and USPSTF updates

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