

In the event of a conflict between a Clinical Payment and Coding Policy and any plan document under which a member is entitled to Covered Services, the plan document will govern. Plan documents include but are not limited to, Certificates of Health Care Benefits, benefit booklets, Summary Plan Descriptions, and other coverage documents.

In the event of a conflict between a Clinical Payment and Coding Policy and any provider contract pursuant to which a provider participates in and/or provides Covered Services to eligible member(s) and/or plans, the provider contract will govern.

Providers are responsible for accurately, completely, and legibly documenting the services performed including any preoperative workup. The billing office is expected to submit claims for services rendered using valid codes from the Health Insurance Portability and Accountability Act (HIPAA) approved code sets. Claims should be coded appropriately according to industry standard coding guidelines including, but not limited to: Uniform Billing (UB) Editor, American Medical Association (AMA), Current Procedural Terminology (CPT®), CPT® Assistant, Healthcare Common Procedure Coding System (HCPCS), National Drug Codes (NDC), Diagnosis Related Group (DRG) guidelines, Centers for Medicare and Medicaid Services (CMS) National Correct Coding Initiative (CCI) Policy Manual, CCI table edits and other CMS guidelines. Claims are subject to the code auditing protocols for services/procedures billed.

# **Preventive Services Policy**

**Policy Number: CPCP006** 

Version 1.0

Enterprise Clinical Payment and Coding Policy Committee Approval Date: 12/27/2018

Effective Date: 01/01/2019 (Blue Cross and Blue Shield of Texas Only)

# Description

Section 2713 of the Affordable Care Act mandates that private health plans provide coverage of preventive services issued by the following agencies: The United States Preventive Services Task Force (USPSTF), the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC), and the Health Resources and Service Administration (HRSA) with respect to women's guidelines and guidelines for infants, children, and adolescents. These services are available at no cost-share when obtained by a member covered under a non-grandfathered plan. This applies to members belonging to an individual, small group, large group, and self-insured plans. There is no copay, deductible or coinsurance, even if the individual or family deductible or out-of-pocket maximum has not been met as long as the member utilizes a provider in the plan's network.

The Patient Protection and Affordable Care Act of 2010 does not mandate that preventive services be covered at no member cost-share when obtained out-of-network. Members that obtain preventive services out of their network will be subject to copay, deductible, and coinsurance.



Grandfathered plans are plans that have been in existence prior to March 23, 2010, and are exempt from the requirement of providing preventive services at no member cost share. Grandfathered plans have the opportunity to elect to provide coverage of preventive services at no member cost share but are not required to do so.

The following acronyms have been utilized throughout this reimbursement policy

ACIP: Advisory Committee on Immunization Practices
CDC: Centers for Disease Control and Prevention
FDA: United States Food and Drug Administration
HRSA: Health Resources and Services Administration
PPACA: Patient Protection and Affordable Care Act of 2010

USPSTF: United States Preventive Services Task Force

The United States Preventive Services Task Force (USPSTF) applies a letter grade for each of the recommendations that are released. The grade definitions for USPSTF recommendations released after July 2012 are as follows <a href="https://www.uspreventiveservicestaskforce.org/Page/Name/grade-definitions">https://www.uspreventiveservicestaskforce.org/Page/Name/grade-definitions</a>

Following the recommendation of the United States Preventive Services Task Force coverage of Grade "A" and "B" recommendations is provided at no member cost share for members with a non-grandfathered health plan. The United States Preventive Services Task Force published recommendations can be found at https://www.uspreventiveservicestaskforce.org/BrowseRec/Index

Grade	Definition
Α	The USPSTF recommends the service. There is high
	certainty that the net benefit is substantial.
В	The USPSTF recommends the service. There is high
	certainty that the net benefit is moderate or there is
	moderate certainty that the net benefit is moderate to
	substantial.
С	The USPSTF recommends selectively offering or providing
	this service to individual patients based on professional
	judgment and patient preferences. There is at least
	moderate certainty that the net benefit is small.
D	The USPSTF recommends against the service. There is
	moderate or high certainty that the service has no net
	benefit or that the harms outweigh the benefits.
	The USPSTF concludes that the current evidence is
•	insufficient to assess the balance of benefits and harms
	of the service. The evidence is lacking, of poor quality, or
	conflicting, and the balance of benefits and harms cannot
	be determined.



The Advisory Committee on Immunization Practices (ACIP) publishes recommendations on the safe utilization of vaccines. ACIP's recommendations include immunization schedules for children and adolescents as well as adults which can be found at

https://www.cdc.gov/vaccines/schedules/hcp/index.html . Travel Immunizations such as, but not limited to, Japanese Encephalitis, Typhoid, Yellow Fever, and Small Pox are excluded from Preventive Service coverage. Other excluded vaccinations include Anthrax, Bacille Calmette Guerin for Tuberculosis (BCG), and Rabies which are not required by the Patient Protection and Affordable Care Act of 2010. Immunizations should be administered in accordance with the ACIP Recommended Child and Adult Immunization Schedules or in accordance with state law or regulations.

The Health Resources and Services Administration (HRSA) releases Women's Preventive Services guidelines that are aimed at improving women's health by recommending certain preventive services that should be obtained in the clinical setting. HRSA's list of recommendations can be obtained at https://www.hrsa.gov/womensguidelines2016/index.html

The Health Resources and Services Administration (HRSA) endorses preventive guidelines established by the American Academy of Pediatrics for the health and well-being of infants, children, and adolescents. These recommendations are referred to as Bright Futures and the comprehensive list of Bright Future's recommendations can be found at

https://www.aap.org/en-us/Documents/practicet periodicity AllVisits.pdf

# **Reimbursement Information:**

Preventive care or preventive medicine refers to measures or services taken to promote health and early detection/prevention of disease(s) and injuries rather than treating them and/or curing them. Preventive care may include examinations and screening tests tailored to an individual's age, health, and family history.

Certain preventive care services may be considered eligible for coverage under the member's benefit plan as required by the Affordable Care Act and/or an applicable state mandate. In general, these services include but are not limited to, screenings, immunizations, and other types of care as recommended by the United States Federal Government.

These services are not subject to the application of cost-sharing such as co-payments, co-insurance or deductibles when they are considered eligible for coverage and are provided by a network provider. In order for preventive claims to process at the preventive level with no member cost share, the claim must include a preventive diagnosis code, a preventive procedure code, meet medical policy review criteria, and fall within the guidelines issued by the USPSTF, ACIP, HRSA, or Bright Futures.

Health care providers (facilities, physicians and other health care professionals) are expected to exercise independent medical judgement in providing care to patients. This Preventive Services Reimbursement policy is not intended to impact care decisions or medical practice. Providers are responsible for accurately, completely, and legibly documenting the services performed. The billing office is expected to submit claims for services rendered using valid codes from HIPAA-approved code sets.



The following grid provides a list of the recommendations released by the USPSTF, ACIP, HRSA, or Bright Futures along with the corresponding procedure codes and diagnosis codes deemed to be preventive.

# **USPSTF Recommendations:**

Service:	Procedure	Additional
	Code(s):	Reimbursement Criteria:
Abdominal Aortic Aneurysm Screening  USPSTF "B" Recommendation June 2014  The USPSTF recommends one-time screening for abdominal aortic aneurysm (AAA) with ultrasonography in men ages 65 to 75 years who have ever smoked.	76706	Payable with a diagnosis code in Diagnosis List 1
Abnormal Blood Glucose and Type 2 Diabetes Mellitus Screening	82947, 82948, 82950, 82951, 83036, 82952	Payable with a diagnosis code in Diagnosis List 1
USPSTF "B" Recommendation October 2015 The USPSTF recommends screening for abnormal blood glucose as part of cardiovascular risk assessment in adults aged 40 to 70 years who are overweight or obese. Clinicians should offer or refer patients with abnormal blood glucose to intensive behavioral counseling interventions to promote a healthful diet and physical activity.		
Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions  USPSTF "B" Recommendation November 2018 The USPSTF recommends screening for unhealthy alcohol use in primary care settings for adults 18 years or older, including	99385, 99386, 99387, 99395, 99396, 99397, 99408, 99409, G0396, G0397, G0442, G0443	
pregnant women, and providing persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to		

Aspirin Use to Prevent Cardiovascular Disease and Colorectal Cancer Preventive Medication  USPSTF "B" Recommendation April 2016 The USPSTF recommends initiating low-dose aspirin use for the primary prevention of cardiovascular disease (CVD) and colorectal cancer (CRC) in adults aged 50 to 59 years who have a 10% or greater 10-year CVD risk, are not at increased risk for bleeding, have a life expectancy of at least 10 years, and are willing to take low-dose aspirin daily for at least 10 years.		For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.  Prescription required  Coverage includes 81 mg dosage for generics
Asymptomatic Bacteriuria in Adults Screening  USPSTF "A" Recommendation July 2008 The USPSTF recommends screening for asymptomatic bacteriuria with urine culture for pregnant women at 12 to 16 weeks' gestation or at their first prenatal visit, if later.	81007, 87086, 87088	
BRCA-Related Cancer Risk Assessment, Genetic Testing  USPSTF "B" Recommendation December 2013 The USPSTF recommends that primary care providers screen women who have family members with breast, ovarian, tubal, or peritoneal cancer with 1 of several screening tools designed to identify a family history that may be associated with an increased risk for potentially harmful mutations in breast cancer susceptibility genes (BRCA1 or BRCA2). Women with positive screening results should receive genetic counseling and if indicated after counseling, BRCA testing.	81212, 81215, 81216, 81217, 81162, 81163, 81164, 81165, 81166, 81167, 96040, 99385, 99386, 99387, 99395, 99396, 99397, 99401, 99402, 99403, 99404, G0463, S0265	These services are subject to Medical Policy and prior authorization may be required  Procedure codes 81212, 81215-81217, and 81162-81167 are reimbursable as preventive when submitted with one of the following primary diagnosis codes: Z80.3, Z80.41, Z85.3, Z85.43  Procedure code 96040 is reimbursable as preventive when submitted with one of the following primary diagnosis codes: Z80.3 or Z80.41  All other procedure codes for BRCA are payable with a diagnosis in Diagnosis List 1

Breast Cancer Medications for Risk Reduction USPSTF "B" Recommendations September The USPSTF recommends that clinicians engage in shared, informed decision making with women who are at increased risk for breast cancer about medications to reduce their risk. For women who are at increased risk for breast cancer and at low risk for adverse medication effects, clinicians should offer to prescribe risk-reducing medications, such as tamoxifen or raloxifene.		For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.  Prescription required.  Generic drugs Tamoxifen and Raloxifene are reimbursable at the preventive level for ages 35 and over
Breast Cancer Screening	77061, 77062, 77063,	Payable with a diagnosis code in Diagnosis List 1
USPSTF "B" Recommendation January 2016	77067	30
The USPSTF recommends biennial screening mammography for women aged 50 to 74 years.  Refer also to HRSA's 'Breast Cancer Screening for Women at Average Risk' recommendation		
Breastfeeding Primary Care Interventions	99401, 99402, 99403, 99404, 99411, 99412	Electric breast pumps limited to one per benefit period. Hospital
USPSTF "B" Recommendation October 2016	33404, 33411, 33412	Grade breast pumps are limited to
The USPSTF recommends providing	A4281, A4282,	rental only.
interventions during pregnancy and after	A4283, A4284,	
birth to support breastfeeding.	A4285, A4286,	Additional reimbursement
Refer also to HRSA's 'Breastfeeding Services	E0602, E0603, E0604, S9443	information available within the "Breastfeeding Equipment and
and Supplies' recommendation	33443	Supplies"
Cervical Cancer Screening	99385, 99386, 99387,	Payable with a diagnosis code in
LICECTE WAY D	99395, 99396,99397	Diagnosis List 1
USPSTF "A" Recommendation August 2018 The USPSTF recommends screening for	G0101, 88141,	
cervical cancer every 3 years with cervical	88142, 88143, 88147,	
cytology alone in women aged 21 to 29 years.	88148, 88150, 88152,	
For women aged 30 to 65 years, the USPSTF	88153, 88155, 88164,	
recommends screening every 3 years with	88165, 88166, 88167,	
cervical cytology alone, every 5 years with	88174, 88175,	
high-risk human papillomavirus (hrHPV) testing alone, or every 5 years with hrHPV	G0123, G0124, G0141, G0143,	
testing alone, or every 5 years with hiraky	G0141, G0143, G0144, G0145,	
(co-testing).	G0147, G0148,	
- 1	P3000, P3001,	
Refer also to HRSA's 'Cervical Cancer	Q0091, 87623,	
Screening' recommendation	87624, 87625, S0610,	
	S0612, 0500T	



Chlamydia Screening	86631, 86632, 87110,	Payable with a diagnosis code in
•	87270, 87320, 87490,	Diagnosis List 1
USPSTF "B" Recommendations September	87491, 87492, 87801,	
2014 The USPSTF recommends screening for	87810	
chlamydia in sexually active women age 24		
years and younger and in older women who		
are at increased risk for infection.		
Colorectal Cancer Screening	82270, 82274,	Certain colorectal cancer
	G0328, 44388,	screening services may be subject
USPSTF "A" Recommendation June 2016	44389, 44392, 44394,	to medical policy criteria and may
The USPSTF recommends screening for	44401, 44404,	require prior authorization
colorectal cancer starting at age 50 years and continuing until age 75 years.	45378, 45380, 45381, 45384,	Modifier 33 or PT may be applied
Continuing until age 73 years.	45385, 45388, G0105,	Widdiner 33 of F1 may be applied
The risks and benefits of different screening	G0106, G0120,	Payable with a diagnosis in
methods vary.	G0121, G0122,	Diagnosis List 1
	45330, 45331, 45333,	
	45335, 45338, 45346,	In the instance that a polyp is
	74263, 88304, G0104,	removed during a preventive
	99201, 99202, 99203, 99204, 99205, 99211,	colonoscopy, the colonoscopy, as well as the removal of the
	99212, 99213, 99214,	polyp and the labs and services
	99215, S0285, 00812,	related to the colonoscopy are
	00813	reimbursable at the preventive
	81528	level.
		Sedation procedure codes 99152,
		99153, 99156, 99157, and G0500 will process at the preventive level
		when billed with a diagnosis of
		Z12.11 or Z12.12
		Procedure code 74263 is
		reimbursable at the preventive
		level when billed with one of the
		following three diagnosis codes: Z00.00, Z12.11, Z12.12
Congenital Hypothyroidism Screening	84436, 84437, 84443,	200.00, 212.11, 212.12
	99381, S3620	
USPSTF "A" Recommendation March 2008	·	
The USPSTF recommends screening for		
congenital hypothyroidism in newborns.		
Dontal Carios in Children from Diuth Through	99188	Droccription required for both
Dental Caries in Children from Birth Through Age 5 Years Screening	33100	Prescription required for both over-the-counter (OTC) and
J rear Jerechnig		prescription medications
USPSTF "B" Recommendation May 2014		,,

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Dental Caries in Children from Birth Through Age 5 Years Screening - cont'd The USPSTF recommends that primary care clinicians prescribe oral fluoride supplementation starting at age 6 months for children whose water supply is deficient in fluoride. USPSTF "B" Recommendation May 2014 The USPSTF recommends that primary care clinicians apply fluoride varnish to the primary teeth of all infants and children		
starting at the age of primary tooth eruption.  Depression Screening Adults	99385, 99386, 99387,	Payable with a diagnosis code in
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.	99395, 99396, 99397, 96160, 96161, G0444	Diagnosis List 1
Depression in Children and Adolescents Screening	99384, 99385, 99394, 99395, 96127, G0444	Payable with a diagnosis in Diagnosis List 1
USPSTF "B" Recommendation February 2016 The USPSTF recommends screening for major depressive disorder (MDD) in adolescents aged 12 to 18 years. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.  Refer also to Bright Futures 'Depression Screening' recommendation		Effective 1/1/2019, Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.41, or Z13.42
Falls Prevention in Community Dwelling	97110, 97112, 97116,	Prescription required



Folic Acid for the Prevention of Neural Tube Defects: Preventive Medication  USPSTF "A" Recommendation January 2017 The USPSTF recommends that all women who are planning or capable of pregnancy take a daily supplement containing 0.4 to 0.8 mg (400 to 800 µg) of folic acid.  Gestational Diabetes Mellitus Screening	36415, 82947, 82948,	Prescription required  Over-the-counter (OTC) only  Payable with a pregnancy
USPSTF "B" Recommendation January 2014 The USPSTF recommends screening for gestational diabetes mellitus (GDM) in asymptomatic pregnant women after 24 weeks of gestation.  Refer also to HRSA's 'Gestational Diabetes' recommendation	82950, 82951, 82952, 83036	diagnosis
Gonorrhea Screening  USPSTF "B" Recommendation September 2014 The USPSTF recommends screening for gonorrhea in sexually active women age 24 years and younger and in older women who are at increased risk for infection.	87801, 87590, 87591, 87592, 87850	Payable with a diagnosis code in Diagnosis List 1
Healthful Diet and Physical Activity for Cardiovascular Disease Prevention in Adults with Cardiovascular Risk Factors: Behavioral Counseling  USPSTF "B" Recommendation August 2014 The USPSTF recommends offering or referring adults who are overweight or obese and have additional cardiovascular disease (CVD) risk factors to intensive behavioral counseling interventions to promote a healthful diet and physical activity for CVD prevention.	99385, 99386, 99387, 99395, 99396, 99397, G0438, G0439, G0446, S9451, S9452, S9470, 97802, 97803, 97804, G0270, G0271, 99078, 99401, 99402, 99403, 99404, 99411, 99412, G0473	
Hepatitis B in Pregnant Women Screening  USPSTF "A" Recommendation June 2009  The USPSTF recommends screening for hepatitis B virus (HBV) infection in pregnant women at their first prenatal visit.	80055, 86706, 87340, 87341, 80074, 80076, G0499, 36415	Payable with a diagnosis code in Diagnosis List 1



Hepatitis B Virus Infection Screening  USPSTF "B" Recommendation May 2014  The USPSTF recommends screening for hepatitis B virus (HBV) infection in persons at high risk for infection.	80055, 86706, 87340, 87341, 80074, 80076	Payable with a diagnosis code in Diagnosis List 1
Hepatitis C Screening  USPSTF "B" Recommendation June 2013 The USPSTF recommends screening for hepatitis C virus (HCV) infection in persons at high risk for infection. The USPSTF also recommends offering 1-time screening for HCV infection to adults born between 1945 and 1965.	86803, 86804, G0472	Payable with a diagnosis code in Diagnosis List 1
High Blood Pressure in Adults Screening  USPSTF "A" Recommendation October 2015 The USPSTF recommends screening for high blood pressure in adults aged 18 years or older. The USPSTF recommends obtaining measurements outside of the clinical setting for diagnostic confirmation before starting treatment.	93784, 93786, 93788, 93790, 99385, 99386, 99387, 99395, 99396, 99397	Procedure codes 93784, 93786, 93788, and 93790 are reimbursable at the preventive level when billed with one of the following diagnosis codes: R03.0, R03.1, Z01.30, Z01.31
Human Immunodeficiency Virus (HIV) Infection Screening for Non-Pregnant Adolescents and Adults  USPSTF "A" Recommendation April 2013 The USPSTF recommends that clinicians screen for HIV infection in adolescents and adults aged 15 to 65 years. Younger adolescents and older adults who are at increased risk should also be screened.  Refer also to HRSA's 'HIV Screening and Counseling' recommendation  Refer also to Bright Future's 'STI/HIV Screening' recommendation	87806, 87389, 87390, 87391, G0432, G0433, G0435	Payable with a diagnosis code in Diagnosis List 1



Human Immunodeficiency Virus (HIV) Infection Screening for Pregnant Women  USPSTF "A" Recommendation April 2013 The USPSTF recommends that clinicians screen all pregnant women for HIV, including those who present in labor who are untested and whose HIV status is unknown.  Refer also to HRSA's 'HIV Screening and Counseling' recommendation  Refer also to Bright Future's 'STI/HIV Screening' recommendation	36415, 86689, 86701, 86702, 86703, 87389, 87390, 87391, 87806, G0432, G0433, G0435, G0475	Payable with a pregnancy diagnosis or diagnosis from Diagnosis List 1
Intimate Partner Violence, Elder Abuse, and Abuse of Vulnerable Adults Screening USPSTF "B" Recommendation October 2018 The U.S. Preventive Services Task Force (USPSTF) recommends that clinicians screen for intimate partner violence in women of reproductive age and provide or refer women who screen positive to ongoing support services.	99201, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, S0610, S0612, S0613	
Latent Tuberculosis Infection Screening  USPSTF "B" Recommendation September 2016  The USPSTF recommends screening for latent tuberculosis infection (LTBI) in populations at increased risk.	86480, 86481, 86580	Payable with a diagnosis code in Diagnosis List 1
Low-Dose Aspirin Use for the Prevention of Morbidity and Mortality from Preeclampsia: Preventive Medication  USPSTF "B" Recommendation September 2014  The USPSTF recommends the use of low-dose aspirin (81 mg/d) as preventive medication after 12 weeks of gestation in women who are at high risk for preeclampsia.		Prescription required  Coverage includes 81 mg dosage for generics  For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.

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Lung Cancer Screening		and may require properties
USPSTF "B" Recommendation December 2013 The USPSTF recommends annual screening for lung cancer with low-dose computed tomography (LDCT) in adults aged 55 to 80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.		and may require preauthorization  Procedure code G0297 is reimbursable at the preventive level if it meets medical policy criteria and is billed with one of the following diagnosis codes: F17.200, F17.201, F17.210, F17.211, F17.220, F17.221, F17.290, F17.291, Z12.2, Z87.891
Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions  USPSTF "B" Recommendation September 2018 The USPSTF recommends that clinicians offer or refer adults with a body mass index (BMI) of 30 or higher (calculated as weight in	97802, 97803, 97804, 99385, 99386, 99387, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, 99078, G0447, G0473	
kilograms divided by height in meters squared) to intensive, multicomponent behavioral interventions.		
Obesity in Children and Adolescents Screening USPSTF "B" Recommendation June 2017	97802, 97803, 99383, 99384, 99385, 99393, 99401, 99402, 99403,	
The USPSTF recommends that clinicians screen for obesity in children and adolescents 6 years and older and offer them or refer them to comprehensive, intensive behavioral interventions to promote improvement in weight status.	99404, 99411, 99412, G0446, G0447, G0473	
Ocular Prophylaxis for Gonococcal Ophthalmia Neonatorum Preventive Medication		When billed under inpatient medical
USPSTF "A" Recommendation July 2011		
The USPSTF recommends prophylactic ocular topical medication for all newborns for the prevention of gonococcal ophthalmia neonatorum.		

USPSTF "B" Recommendation June 2018 The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in women 65 years and older.  The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in postmenopausal women younger than 65 years who are at increased risk of osteoporosis, as determined by a formal clinical risk assessment tool.	76977, 77078, 77080, 77081, 78350, 78351, G0130	Payable with a diagnosis code in Diagnosis List 1
Phenylketonuria in Newborns Screening  USPSTF "A" Recommendation March 2008  The USPSTF recommends screening for phenylketonuria in newborns.	84030, 99381, S3620	Procedure codes 84030 and S3620 reimbursable at the preventive level for children 0-90 days old
Preeclampsia Screening  USPSTF "B" Recommendation April 2017 The USPSTF recommends screening for preeclampsia in pregnant women with blood pressure measurements throughout pregnancy.		Preeclampsia screening is done through routine blood pressure measurements
Rh(D) Incompatibility Screening  USPSTF "A" Recommendation February 2004 The USPSTF strongly recommends Rh(D) blood typing and antibody testing for all pregnant women during their first visit for pregnancy-related care.  USPSTF "B" Recommendation February 2004 The USPSTF recommends repeated Rh(D) antibody testing for all unsensitized Rh(D)- negative women at 24 to 28 weeks' gestation unless the biological father is known to be Rh(D)-negative.	80055, 86850, 86870, 86900, 86901, 36415	

Sexually Transmitted Infections Behavioral Counseling  USPSTF "B" Recommendation September 2014 The USPSTF recommends intensive behavioral counseling for all sexually active adolescents and for adults who are at increased risk for sexually transmitted infections (STIs).  Refer also to HRSA's 'Sexually Transmitted Infections Counseling' recommendation	99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, G0445	
Sickle Cell Disease (Hemoglobinopathies) in Newborns Screening  USPSTF "A" Recommendation September 2007 The USPSTF recommends screening for sickle cell disease in newborns.	83020, 83021, 83030, 83033, 83051, 85004, 85013, 85014, 85018, 85025, 85027, 99381, G0306, G0307, S3620, S3850	
USPSTF "B" Recommendation March 2018 The USPSTF recommends counseling young adults, adolescents, children, and parents of young children about minimizing exposure to ultraviolet (UV) radiation for persons aged 6 months to 24 years with fair skin types to reduce their risk of skin cancer.	There are no procedure codes specific to skin cancer counseling.	
Statin Use for the Primary Prevention of Cardiovascular Disease in Adults Preventive Medication  USPSTF "B" Recommendation November  2016  The USPSTF recommends that adults without a history of cardiovascular disease (CVD) (i.e., symptomatic coronary artery disease or ischemic stroke) use a low- to moderate-dose statin for the prevention of CVD events andmortality when all of the following criteria are met: 1) they are aged 40 to 75 years; 2) they have 1 or more CVD risk factors (i.e., dyslipidemia, diabetes, hypertension, or smoking); and 3) they have a calculated 10-year risk of a cardiovascular event of 10% or greater.	80061, 82465, 83700, 83718, 83719, 83721, 84478	Prescription required  Ages 40-75 only  Lovastatin 20mg, 40mg Pravastatin 10mg, 20mg, 40mg, 80mg  For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.

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Statin Use for the Primary Prevention of Cardiovascular Disease in Adults Preventive Medication - cont'd		
Identification of dyslipidemia and calculation of 10-year CVD event risk requires universal lipids screening in adults aged 40 to 75 years.		
Syphilis Infection in Nonpregnant Adults and Adolescents Screening	86592, 86780, 0065U	
USPSTF "A" Recommendation June 2016 The USPSTF recommends screening for syphilis infection in persons who are at increased risk for infection.		
Syphilis Infection in Pregnant Women Screening	80055, 86592, 86593, 0065U, 36415	
USPSTF "A" Recommendation September 2018 The USPSTF recommends early screening for syphilis infection in all pregnant women.		
Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions  USPSTF "A" Recommendation September	99401, 99402, 99403, 99404, 99406, 99407, G9016, S9453	Two 90-day treatment regimens per benefit period. The 90-day treatments are at the discretion of the provider working with the member
2015 The USPSTF recommends that clinicians ask all adults about tobacco use, advise them to stop using tobacco, and provide behavioral interventions and U.S. Food and Drug Administration (FDA)—approved pharmacotherapy for the cessation to adults who use tobacco.		Prescription required for all pharmacotherapy interventions  Bupropion tan ER 150 mg tablets Chantix Nicotrol Inhaler Nicotrol NS Nicotine Transdermal Kits
<u>USPSTF "A" Recommendation September</u> <u>2015</u>		Generic gum and lozenges (nicotine polacrilex 2 mg, 4 mg)
The USPSTF recommends that clinicians ask all pregnant women about tobacco use, advise them to stop using tobacco, and provide behavioral interventions for the cessation to pregnant women who use tobacco.		For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.



Tobacco Use in Children and Adolescents	99401, 99402, 99403,	Refer to Preventive Services
Primary Care Interventions	99404, 99406, 99407,	Recommendation for Tobacco
USPSTF "B" Recommendation August 2013 The USPSTF recommends that primary care clinicians provide interventions, including education or brief counseling, to prevent initiation of tobacco use among school-aged children and adolescents.	G9016, S9453	Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions
Vision Screening in Children	99172, 99173, 0333T	
USPSTF "B" Recommendation September 2017 The USPSTF recommends vision screening at least once in all children aged 3 to 5 years to detect amblyopia or its risk factors.		

# **HRSA Recommendations:**

Service:	Procedure	Additional Reimbursement Criteria:
	Code(s):	
Women at Average Risk	77061, 77062, 77063, 77065, 77066, 77067, G0279	Payable with a diagnosis code in Diagnosis List 1
HRSA Recommendation		
December 2016		
The Women's Preventive		
Services Initiative		
recommends that average-		
risk women initiate		
mammography screening no		
earlier than age 40 and no		
later than age 50. Screening		
mammography should occur		
at least biennially and as		
frequently as annually.		

<b>Breast Cancer Screening for</b>		
Women at Average Risk -		
cont'd		
Screening should continue		
through at least age 74 and		
age alone should not be the		
basis to discontinue		
screening. These screening		
recommendations are for		
women at average risk of		
breast cancer. Women at		
increased risk should also		
undergo periodic		
mammography screening,		
however, recommendations		
for additional services are		
beyond the scope of this recommendation.		
recommendation.		
Refer also to USPSTF's		
'Breast Cancer Screening'		
recommendation		
Breastfeeding Services and	E0602, E0603, E0604,	Electric breast pumps limited to one per benefit
Supplies	A4281, A4282,	period. Hospital Grade breast pumps are limited to
LIDCA Decrees dell'es	A4283, A4284,	rental only.
HRSA Recommendation	A4285, A4286, S9443,	Additional reimbursement information available
<u>December 2016</u> The Women's Preventive	99401, 99402, 99403, 99404, 99411, 99412,	within the "Breastfeeding Equipment and
Services Initiative	99347, 99348, 99349,	Supplies" Coverage
recommends comprehensive	99350	Supplies Coverage
lactation support services		
(including counseling,		
education, and breastfeeding		
equipment and supplies)		
during the antenatal,		
perinatal, and the		
postpartum period to ensure		
the successful initiation and		
breastfeeding.		
Defer also to LICOCTE's		
-		
	99385, 99386, 99387	Payable with a diagnosis code in Diagnosis List 1
Servicus Cultees Sercelling		Tayable with a diagnosis code in Diagnosis List I
HRSA Recommendation	G0101, 88141, 88142,	
	, , , , , , ,	
December 2016	88143, 88147, 88148,	
the successful initiation and maintenance of breastfeeding.  Refer also to USPSTF's 'Breastfeeding Primary Care Interventions' recommendation  Cervical Cancer Screening	99385, 99386, 99387, 99395, 99396, 99397,	Payable with a diagnosis code in Diagnosis List 1

# **Cervical Cancer Screening -** cont'd

Services Initiative recommends cervical cancer screening for average-risk women aged 21 to 65 years. For women aged 21 to 29 years, the Women's **Preventive Services** Initiative recommends cervical cancer screening using cervical cytology (Pap test) every 3 years. Cotesting with cytology and human papillomavirus testing is not recommended for women younger than 30 years. Women aged 30 to 65 years should be screened with cytology and human papillomavirus testing every 5 years or cytology alone every 3 years. Women who are at average risk should not be screened more than once every 3 years.

Refer also to USPSTF
'Cervical Cancer Screening'
recommendation

88175, G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148, P3000, P3001, Q0091, 87623, 87624, S0610, S0612 88155, 88164, 88165, 88166, 88167, 88174,

# recommendation Contraceptive Methods and

Counseling

**HRSA Recommendation** December 2016 The Women's Preventive Services Initiative recommends that adolescent and adult women have access to the full range of female-controlled contraceptives to prevent unintended pregnancy and improve birth outcomes. Contraceptive care should include contraceptive counseling, initiation of contraceptive use, and follow-up care (e.g.,

A4268, A4269, 57170, 74740, 96372, 11976, 11981, 11982, 11983, 58300, 58301, A4261, A4264, A4266, S4981, S4989, J1050, J7297, J7298, J7300, J7301, J7303, J7304, J7306, J7307, 58600, 58605, 58611, 58615, 58661 58565, 58670, 58671, 58340, J7296

Contraception methods that require a prescription may be covered under the patient's medical or pharmacy benefit. For details about pharmacy benefit coverage for contraception, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.

Visits pertaining to contraceptive counseling, initiation of contraceptive use, and follow-up care may also apply to procedure codes under HRSA's 'Well-Woman' recommendation

Procedure code 58340 reimbursable at the preventive level only when accompanied by modifier 33 or one of the following diagnosis codes: Z30.2, Z30.40, Z30.42, Z30.49, Z98.51,

Procedure codes 11981, 11982, and 11983 (are

# **Contraceptive Methods and Counseling - cont'd**

management, and evaluation as well as changes to and removal or discontinuation of the contraceptive method). The Women's Preventive Services Initiative recommends that the full range of female-controlled U.S. Food and Drug Administration-approved contraceptive methods, effective family planning practices, and sterilization procedures be available as part of contraceptive care. The full range of contraceptive methods for women currently identified by the U.S. Food and Drug Administration include: (1) sterilization surgery for women, (2) surgical sterilization via implant for women, (3) implantable rods, (4) copper intrauterine devices, (5) intrauterine devices with progestin (all durations and doses), (6) the shot or injection, (7) oral contraceptives (combined pill), 8) oral contraceptives (progestin only, and), (9) oral contraceptives (extended or continuous use), (10) the contraceptive patch, (11) vaginal contraceptive rings, (12) diaphragms, (13) contraceptive sponges, (14) cervical caps, (15) female condoms, (16) spermicides, and (17) emergency contraception (levonorgestrel), and (18) emergency contraception (ulipristal acetate), and additional methods as

identified by the FDA.

covered only when FDA approved contraceptive implant insertion or removal are performed) are reimbursable at the preventive level when billed with one of the following diagnosis codes: Z30.013, Z30.014, Z30.017, Z30.018, Z30.19, Z30.09, Z30.40, Z30.42, Z30.430, Z30.432, Z30.433, Z30.46, Z30.49, Z30.8, Z30.9

Procedure code 58661 reimbursable at the preventive level with a diagnosis of Z30.2

For the list of contraceptive methods that may be covered, visit your health plan website.

Contraceptive Methods and Counseling - cont'd		
Additionally, instruction in fertility awareness-based methods, including the lactation amenorrhea method, although less effective, should be provided for women desiring an alternative method.		
Diabetes Mellitus Screening	82947, 82948, 82950,	Payable with a diagnosis code in Diagnosis List 1
after Pregnancy	82951, 83036	Tayable Will a diagnosis code in Biagnosis List I
HRSA Recommendation December 2017 The Women's Preventive Services Initiative recommends women with a history of gestational diabetes mellitus (GDM) who are not currently pregnant and who have not been previously diagnosed with type 2 diabetes mellitus should be screened for diabetes mellitus.		
<b>Gestational Diabetes</b>	82947, 82948, 82950, 82951, 83036	Payable with a pregnancy diagnosis
HRSA Recommendation  December 2016  The Women's Preventive  Services Initiative  recommends screening  pregnant women for  gestational diabetes mellitus  after 24 weeks of gestation  (preferably between 24 and  28 weeks of gestation) in  order to prevent adverse  birth outcomes. Screening  with a 50-g oral glucose  challenge test (followed by a  3-hour 100- g oral glucose  tolerance test if results on  the initial oral glucose  challenge test are abnormal)  is preferred because of its  high sensitivity and  specificity. The Women's		

1	1	
Gestestational Diabetes -		
cont'd		
Preventive Services		
Initiative suggests that		
women with risk factors for		
diabetes mellitus be		
screened for preexisting		
diabetes before 24 weeks of		
gestation—ideally at the		
first prenatal visit, based on		
current clinical best		
practices		
Refer also to USPSTF's		
'Gestational Diabetes		
Mellitus Screening'		
recommendation		
Human Immune-Deficiency	36415, 86689, 86701,	Payable when billed with a diagnosis in Diagnosis
Virus Counseling &	86702, 86703, 87389,	List 1
Screening	87390, 87391, 87806,	
HRSA Recommendation	G0432, G0433,	
December 2016	G0435, G0475	
The Women's Preventive		
Services Initiative		
recommends prevention		
education and risk		
assessment for human		
immunodeficiency virus (HIV)		
infection in adolescents and		
women at least annually		
throughout the lifespan. All		
women should be tested for		
HIV at least once during their		
lifetime. Additional screening		
should be based on risk, and		
screening annually or more		
often may be appropriate for		
adolescents and women with		
an increased risk of HIV		
infection. Screening for HIV is		
recommended for all		
pregnant women upon		
initiation of prenatal care		
with retesting during		
pregnancy based on risk		
factors. Rapid HIV testing is		
recommended for pregnant		
women who present in		
active labor with an		

Human Immune-Deficiency Virus Counseling & Screening - cont'd		
undocumented HIV status. Screening during pregnancy enables prevention of vertical transmission.		
Refer also to USPSTF's 'Human Immunodeficiency Virus (HIV) Infection Screening for Pregnant and Non-Pregnant Adolescents and Adults' recommendation		
Refer also to Bright Future's 'STI/HIV' Screening' recommendations		
Human Papillomavirus Testing (HPV)	87623, 87624, 87625, G0476, 0500T	Payable with a diagnosis in Diagnosis List 1
HRSA Recommendation August 2012 HRSA recommends high-risk human papillomavirus DNA testing in women with normal cytology results. Screening should begin at 30 years of age and should occur no more frequently than every 3 years		
Interpersonal and Domestic Violence Screening  HRSA Recommendation December 2016 The Women's Preventive	99401, 99402, 99403, 99404, 99411, 99412, 99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, 99201, 99202, 99203, 99204,	
Services Initiative recommends screening adolescents and women for interpersonal and domestic violence at least annually, and, when needed, providing or referring for initial intervention services.  Interpersonal and domestic	99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215	
violence includes physical violence, sexual violence,		

1		
Interpersonal and Domestic		
Violence Screening - cont'd		
stalking and psychological		
aggression (including		
coercion), reproductive		
coercion, neglect, and the		
threat of violence, abuse, or		
both. Intervention services include but are not limited		
to, counseling, education,		
harm reduction strategies,		
and referral to appropriate		
supportive services.		
	00401 00402 00402	
Sexually Transmitted Infections Counseling	99401, 99402, 99403, 99404, 99411, 99412,	
infections counselling	99384, 99385, 99386,	
HRSA Recommendation	99387, 99394, 99395,	
December 2016	99396, 99397, G0445	
The Women's Preventive	33330, 33337, 40113	
Services Initiative		
recommends directed		
behavioral counseling by a		
health care provider or other		
appropriately trained		
individual for sexually active		
adolescent and adult women		
at an increased risk for		
sexually transmitted		
infections (STIs). The		
Women's Preventive		
Services Initiative		
recommends that health		
care providers use a		
woman's sexual history and risk factors to help identify		
those at an increased risk of		
STIs. Risk factors may include		
age younger than 25, a		
recent history of an STI, a		
new sex partner, multiple		
partners, a partner with		
concurrent partners, a		
partner with an STI, and a		
lack of or inconsistent		
condom use. For adolescents		
and women not identified as		
high risk, counseling to		
reduce the risk of STIs should		
be considered, as		

Sexually Transmitted Infections Counseling - cont'd		
determined by clinical judgement.		
Refer also to USPSTF's 'Sexually Transmitted Infections Behavioral Counseling' recommendation		
Urinary Incontinence Screening	There are no procedure codes	Payable with a diagnosis in Diagnosis List 1
HRSA Recommendation December 2017 The Women's Preventive Services Initiative recommends screening women for urinary incontinence annually. Screening should ideally assess whether women experience urinary incontinence and whether it impacts their activities and quality of life.	specific to this service. This service would be part of the preventive office visit.	
HRSA Recommendation December 2016 The Women's Preventive Services Initiative recommends that women receive at least one preventive care visit per year beginning in adolescence and continuing across the lifespan to ensure that the recommended preventive services, including preconception, and many services necessary for prenatal and interconception care are obtained. The primary purpose of these visits should be the delivery and coordination of recommended preventive services as determined by age and risk factors.	99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, G0101, G0438, G0439, 99078, 99401, 99402, 99403, 99404, 99411, 99412, 99408, 99409, G0396, G0442, G0443, G0444	Labs administered as part of a normal pregnancy reimbursable at the preventive level when billed with a pregnancy diagnosis



# **ACIP Recommendations:**

Service:	Procedure	Additional
	Code(s):	Reimbursement Criteria:
DTaP Vaccine	90696, 90698, 90700, 90702, 90723	
Hepatitis A Vaccine	90632, 90633, 90634, 90636	
Hepatitis B Vaccine	90739, 90740, 90743, 90744, 90746, 90747, 90748	
Haemophilus Influenzae Type B (Hib) Vaccine	90647, 90648	
Human Papillomavirus Vaccine (HPV)	90649, 90650, 90651	Payable with a diagnosis code in Diagnosis List 1
Influenza Vaccine  Measles, Rubella, Congenital Rubella	90630, 90653, 90654, 90655, 90656, 90657, 90658, 90660, 90661, 90662, 90666, 90667, 90668, 90672, 90673, 90674 90682, 90685, 90686, 90687, 90688, 90756 Q2034, Q2035, Q2036, Q2037, Q2038, Q2039	
Measles, Rubella, Congenital Rubella Syndrome, and Mumps (MMR)	90/0/	
Measles, Mumps, Rubella, and Varicella (MMRV)	90710	

Meningococcal Vaccine	90644, 90733, 90734, 90620, 90621	
Pneumococcal Vaccine	90670, 90732	
Polio Vaccine	90713	
Rotavirus Vaccine	90680, 90681	
Tetanus Toxoid, Reduced Diphtheria Toxoid and Acellular Pertussis Vaccine (Tdap/Td)	90714, 90715	
Varicella Vaccine	90716	
Zoster (Shingles) Vaccine	90736, 90750	
Immunization Administration	90460, 90461, 90471, 90472, 90473, 90474, 90674, 90749	

# **Bright Futures Recommendations:**

Service:	Procedure	Additional
	Code(s):	Reimbursement Criteria:
Alcohol Use and Drug Use Assessment	99408, 99409	Payable with a diagnosis code in Diagnosis List 1
Bright Futures		
Recommends alcohol and drug use assessments for adolescents between the ages of 11 to 21 years		
Cervical Dysplasia Screening	Q0091	Payable with a diagnosis code in Diagnosis List 1
Bright Futures		
Recommends cervical dysplasia screening for		
adolescents age 21 years of age		
Critical Congenital Heart Defect Screening	94760	
Bright Futures		
Recommends screening for critical congenital		
heart disease using pulse oximetry for		
newborns after 24 hours of age, before		
discharge from the hospital		

Depression Screening  Bright Futures Recommends depression screening for adolescents between the ages of 11 to 21 years	96110	Payable with a diagnosis code in Diagnosis List 1
Refer also to USPSTF's 'Depression in Children and Adolescents Screening' recommendation		
Developmental Screening / Autism Screening	96110	Payable with a diagnosis code in Diagnosis List 1
Bright Futures Recommends developmental/autism screening for infants and young children between the ages of 9 months and 30 months		
Dyslipidemia Screening	80061, 82465, 83718, 84478	Payable with a diagnosis code in Diagnosis List 1
Bright Futures Recommends dyslipidemia screening for children and adolescents between the ages of 24 months and 21 years of age		o de la companya de l
Hearing Screening  Bright Futures	92558, 92586, 92567, 92551, V5008	Payable with a diagnosis code in Diagnosis List 1
Recommends hearing screenings for children and adolescents from birth through 21 years of age		Procedure code 92586 is for members under 32 days of age
Hematocrit or Hemoglobin  Bright Futures Recommends hematocrit or hemoglobin screening for children and adolescents between the ages of four months and 21 years of age	36415, 36416, 85014, 85018	Payable with a diagnosis code in Diagnosis List 1
HIV Screening	87389, 87390, 87391, 87806, G0432, G0433, G0435	
Lead Screening	36415, 36416, 83655	Payable with a diagnosis code in Diagnosis List 1

Bright Futures		
Recommends screening children between the		
ages of six months and six years for lead		
Maternal Depression Screening	99384, 99385, 99386,	
	99387, 99394, 99395,	
	99396, 99397, 96127,	
	G0444	
Newborn Bilirubin	82247, 82248	Payable with a diagnosis in
	, -	Diagnosis List 1
Newborn Blood Screening	S3620	Payable with a diagnosis code in
		Diagnosis List 1
Oral Health	99211, 99212, 99188,	Payable with a diagnosis code in
	99381, 99382, 99383,	Diagnosis List 1
Bright Futures	99384	_
Recommends oral health risk assessments		
beginning at six months of age		
Prenatal Visit	99401, 99402, 99403,	Payable with a diagnosis code in
	99404	Diagnosis List 1
Preventive Medicine Services: New Patients	99381, 99382, 99383,	Payable with a diagnosis code in
	99384, 99385	Diagnosis List 1
Preventive Medicine Services: Established	99391, 99392, 99393,	Payable with a diagnosis code in
Patients	99394, 99395	Diagnosis List 1
STI/HIV Screening	86631, 86632, 86701,	Payable with a diagnosis code in
Deight Fatage	86703, 87081, 87110,	Diagnosis List 1
Bright Futures	87210, 87270, 87320,	
Recommends screening for all sexually active	87490, 87491, 87590,	
patients	87591, 87800, 87801, 87810, 87850, 36415	
Refer also to USPSTF's 'Human	0,010, 0,000, 00413	
Immunodeficiency Virus (HIV) Infection		
Screening for Pregnant and Non-Pregnant		
Adolescents and Adults' recommendations		
Refer also to HRSA's 'Sexually Transmitted		
Infections Counseling' recommendation		
injections counseling recommendation		
Tuberculosis Testing	86580, 99211	Payable with a diagnosis code in
Duinht Futures		Diagnosis List 1
Bright Futures		
Recommends tuberculosis testing if the risk		
assessment is positive		
	1	İ



Vision Screening	99173	Payable with a diagnosis code in
		Diagnosis List 1
Bright Futures		
Recommends vision screening for newborns		
through age 21 years		

Many of the services listed above may be performed for indications other than preventive care. In these situations, services may be covered by another provision of the individual's benefit plan and subject to applicable cost sharing.

### **Diagnosis List 1**

Z00.00	Z00.01	Z00.110	Z00.111	Z00.121	Z00.129	Z0.08	<u>Z01.10</u>	Z01.411	Z01.419	Z02.83
Z11.1	Z11.3	Z11.4	Z11.51	Z12.11	Z12.12	Z12.2	Z12.31	Z12.39	Z12.4	Z12.5
Z13.0	Z13.1	Z13.220	Z13.31	Z13.32	Z13.4	Z13.41	Z13.42	Z13.5	Z13.6	Z13.820
Z23	Z30.011	Z30.012	Z30.013	Z30.014	Z30.015	Z30.016	Z30.017	Z30.018	Z30.019	Z30.02
Z30.09	Z30.40	Z30.41	Z30.42	Z30.430	Z30.431	Z30.432	Z30.433	Z30.44	Z30.45	Z30.46
Z30.49	Z30.8	Z30.9	Z32.2	Z71.41	Z71.51	Z71.6	Z71.7	Z71.82	Z71.83	Z86.32

### **Breastfeeding Equipment & Supplies**

Non-grandfathered plans provide coverage of manual, electric, and hospital grade breast pumps along with breastfeeding supplies at the preventive level.

Manual breast pumps utilize procedure code E0602 and are available for purchase and covered at the preventive level when obtained In-Network, Out of Network, or from Retail providers. Sales tax is excluded from retail purchases.

Electric breast pumps utilize procedure code E0603 and must be rented or purchased from an In-Network provider or a contracted durable medical equipment supplier. The models of breast pumps being provided at the preventive level are up to the individual provider's discretion. If a member chooses to obtain an upgraded model, they may be balance billed the difference between the allowance of the standard model and the cost of the upgraded model. Members are allowed one electric breast pump per benefit period.

\*Note: Retail providers such as Babies 'R' Us, Target, Wal-Mart, or online vendors are not licensed medical providers and therefore are considered Out of Network. Out of network coverage will follow the out of network benefit level for preventive services. This may include cost sharing and sales tax is excluded. \*

Hospital grade breast pumps utilize procedure code E0604 and are only covered when rented In-Network or from an In-Network durable medical equipment supplier. Hospital grade breast pump



coverage is up to the purchase price of \$1,000.00 or 12 months, whichever comes first. At the end of coverage, the unit must be returned to the durable medical equipment supplier. Members are allowed one breast pump per benefit period.

Breast pumps obtained from Out of Network providers are reimbursable at the Out of Network level.

The following breast pump supplies are reimbursable the preventive level. Some limitations and restrictions may apply based on the group coverage for preventive services.

- A4281- Tubing for breast pump, replacement, spare membranes, replacements
- A4282- Adapter for a breast pump, replacement
- A4283- Cap for breast pump bottle, replacement
- A4284- Breast shield and splash protector for use with a breast pump, replacement
- A4285- Polycarbonate bottle for use with a breast pump, replacement
- A4286- Locking ring for breast pump, replacement

# <u>Differentiating Preventive Care versus Diagnostic Care</u>

The following types of services are considered Preventive:

- Screenings intended to prevent illness or identify issues before symptoms are evident
- Counseling intervention as defined by a specific preventive recommendation

#### Examples of preventive services:

- A 60-year-old woman obtains her biennial mammogram to screen for breast cancer
- A patient who has been identified as having cardiovascular disease risk factors is referred for nutritional counseling
- A 50-year old patient obtains a colonoscopy to screen for colorectal cancer
- A 42-year-old patient goes to their doctor for their annual physical and receives a blood test to screen for an abnormal blood glucose

The following types of services are considered Diagnostic:

- The diagnosis of existing symptoms or abnormalities
- Treatment for specific health conditions, ongoing care, or other tests to manage a health condition

# Examples of diagnostic services:

- A 60-year-old woman obtains a mammogram after noticing a lump in her breast
- A patient diagnosed with diabetes is referred for nutritional counseling to manage their condition



• A patient goes to their doctor for their annual physical and receives a blood test to check iron and liver function, and a urinalysis is requested

# **Limitations and Exclusions**

- 1. <u>Services not reimbursable at the preventive level may be reimbursable under another portion of</u> the medical plan.
- 2. Breastfeeding equipment and supplies not listed underneath the "Breastfeeding Equipment and Supplies" section. This includes, but is not limited to
  - a. Batteries
  - b. Breastfeeding ointments, creams
  - c. Breast milk storage supplies including bags, freezer packs, etc.
  - d. Breast pump cleaning supplies
  - e. Breast pump traveling cases
  - f. Infant scales
  - g. Nursing bras
  - h. Nursing covers, scarfs
- 3. Immunizations that are not published in the Center for Disease Control's Morbidity and Mortality Weekly Report (MMWR) and/or are not on the list of "Vaccines Licensed for Use in the United States" by the United States Food and Drug Administration (FDA).
- 4. Prescription coverage may vary depending on the terms and conditions of the plans. A prescription may be required for coverage under the pharmacy benefit. The plan may also require that the generic drug is tried first before the brand version. Age limits, restrictions, and other requirements may apply. Members can verify their pharmacy benefits by calling the customer service number on the back of their ID card.
- 5. For OTC purchases, members will need to obtain a prescription from their provider and take it to the pharmacy to be filled.
- 6. If there is a medication not included, the member should consult their doctor for therapeutic alternatives first before submitting coverage exceptions to BCBS.

Each benefit plan, summary plan description or contract defines which services are covered, which services are excluded, and which services are subject to dollar caps or other limitations, conditions or exclusions. Members and their providers have the responsibility for consulting the member's benefit plan, summary plan description or contract to determine if there are any exclusions or other benefit limitations applicable to this service or supply. If there is a discrepancy between a MEDICAL POLICY and a member's benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract will govern.

# **References:**

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# **Policy Update History:**

Approval Date	Description
06/23/2017	New policy, replaces medical policy ADM1001.030
07/14/2017	Removed codes 99174 and 99177.
12/06/2017	Coding and USPSTF updates
04/30/2018	Coding and USPSTF updates
07/12/2018	Coding and USPSTF updates
12/27/2018	Coding and USPSTF updates

The Plan makes no endorsement, representations or warranties regarding any products or services offered by independent third-party vendors such as Babies 'R' Us, Target and Wal-Mart. These vendors are solely responsible for the products and services they offer. If you have any questions about the products or services offered by such vendors, you should contact the vendor(s) directly.